

Performance Coach Consultant

British Orienteering wishes to identify a Consultant or Consultancy to provide coaching and support for the Performance athletes within the talent and performance development programme. It is estimated that these tasks will equate to 78 days work per year.

This will be a key role in delivering the British Orienteering 2013/17 strategy, in particular contributing to the programme by focussing on the preparation of elite athletes to deliver performances at the World Orienteering Championships (WOC) along with their clubs and personal coaches.

Travel throughout England, and the United Kingdom and Europe to attend appropriate competitions and coaching camps will be expected.

Main Purpose

To contribute to the development of British Orienteering's Performance Coaching Programme by providing high performance coaching services to nationally identified Athletes, with the aim of meeting British Orienteering's performance targets at international benchmark events, including the World Championships.

The appointed consultant will:

- Liaise with athletes, sport science consultants, clubs and coaches to ensure appropriate training programmes are in place for all members of the squad
- Work with programme athletes to develop and implement their personal development plans
- Coach and support athletes at national and international training and competition
- Organise logistics for planned training camps and competitions for athletes and staff
- Develop appropriate and effective interpersonal relationships with programme athletes and staff
- Maintaining and develop a network of contacts and relationships that facilitates these tasks

Further information and queries can be directed to British Orienteering's Performance Manager, Jackie Newton jnewton@britishorienteering.org.uk or by phone 01629 583037.

Tenders

Consultants are asked to submit via post or email:

A covering letter outlining their interest and rationale for tendering for this role;

The skills, knowledge and experience they will bring to achieve the tasks.

These should be forwarded **under confidential cover** by Friday 14th November 2014 to:

Jackie Newton (Performance Manager)

British Orienteering National Office

Scholes Mill

Old Coach Road

Tansley

Matlock

DE4 5FY

Consultants tendering for this role will be interviewed on Thursday 27th November 2014.

CONSULTANCY DETAILS

Coaching & Supporting Identified Performance Athletes

Location	Field work, as the programme demands
Post status	Consultancy based on an average of 1.5 days per week or as required to attend camps and competitions. Contract until March 2017
Payment	£120 per day plus all reasonable expenses. Mileage paid at 25p per mile. Monthly invoice required
Responsible to	Performance Manager
Task Summary	<p>Coordinating and developing the performance aspects of British Orienteering's Talent and Performance programme by:</p> <ul style="list-style-type: none"> • Liaising with athletes, sport science consultants, clubs and coaches to ensure appropriate training programmes are in place for all members of the Performance Squad • Working with the programme athletes to develop and implement their personal development plans • Monitoring and evaluating the performances of programme athletes • Organising logistics for planned training camps and competitions for athletes and staff • Providing regular (six weekly) reports and analyses on the progress of the Performance Squad athletes, and improvement of the programme, directly to the Performance Manager
Key responsibilities and main tasks and activities	<p>Specifically, the consultancy will:</p> <p>1. Liaise with athletes, sport science consultants, clubs and coaches to ensure appropriate training programmes are in place for all members of the squad</p> <p>Ensure regular written and verbal communication is maintained with all Performance athletes.</p> <p>Set a strong and distinctive 'performance' culture.</p> <p>Ensure that information about the coaching and competition programme is provided to staff, athletes and key stake-holders (either written or verbal) on a regular basis.</p> <p>Ensure that all established policies and procedures are adhered to by all members of the programme</p> <p>2. Work with the performance athletes to develop and implement their personal development plans</p> <p>In conjunction with the Performance Manager design and deliver communication mechanisms in order to provide feedback to all athletes and staff associated with the performance squad</p> <p>3. Monitor and evaluate the performance of Performance Squad athletes</p>

	<p>Prepare athlete analysis reports, ensuring that all reports support the ongoing development of programme athletes</p> <p>4. Organise logistics for planned training camps and competitions for athletes and staff Manage coaching camp locations and source necessary resources (maps/training facilities etc.) Where required, conduct recces to competition/training venues to ensure that the performance environment (including facilities and support) is optimised for maximum performance impact. This could involve travelling to proposed locations prior to booking and/or travelling ahead of the team to set up base prior to athlete arrive on-site</p> <p>5. Provide regular reports and analyses on the development of the Performance Squad athletes, and improvement of the programme, directly to the Performance Manager Actively engage with, and seek the views on a six weekly basis of all those who are involved in the coaching and development of programme athletes in order to gather athlete information Attend six weekly team review meetings to feedback on athlete development</p>
General information	<p>Consultants must comply with all aspects of British Orienteering's policies including Health & Safety Policy and arrangements.</p>

Requirements of the Consultant/Consultancy

To be considered consultants will need to demonstrate the following:

Qualifications required

- Coaching qualification or demonstrated coaching experience
- Current First Aid qualifications

Experience and knowledge

- Working within high performance environment developing emerging athletes into elite performers
- Devising and executing long term training plans to guide development of athletes for peak performance at benchmark events
- Working within a high performance team to actively contribute to performance and life skill improvements with athletes
- Demonstrated ability to identify and integrate key support sports science and sports medicine services to assist athlete development and performance
- Knowledge of contemporary coaching techniques and practices
- Knowledge of the latest coaching methods and standards applied in leading sporting nations
- Knowledge and expertise in running fitness

Skills and abilities

- High level of personal impact, highly motivated and able to motivate others
- Excellent interpersonal and solid communication skills for influencing change
- Ability to monitor the programme and audit the performance of athletes
- High competence of IT skills to aid the design and delivery of creative programmes
- Ability to build and maintain partnerships
- Computer literacy including email, MS Office
- Passion for results

Other considerations

- Demonstrating an ability and willingness to travel regularly throughout Great Britain and, as required, overseas including overnight stays
- Demonstrating an ability and willingness to work the hours necessary for the successful delivery of the programme; evening and weekend working will be necessary
- Demonstrating a willingness and commitment to British Orienteering's values and policies

Special Circumstances

This role has the following special circumstances:

- Regular travel will be necessary and a current driving licence is required
- Satisfactory Criminal Records Disclosure

Please note that British Orienteering are seeking contracts covering a range of activities related to the Talent & Performance Programme and will consider consultants/consultancies to meet single or multiple activities.