

SESSION PLANNER 1

Prepared by: <i>Caroline Smith</i>		Date: <i>10 / 11 / 97</i>
Group: : <i>Year 12, GCSE PE</i>		
Aims: <i>Recap on last week's session. Tick off features, scale and awareness of distance: Setting the map using compass, taking bearings. Introduce cutting corners using compass.</i>		
Expectations of group: <i>Successful completion of orange course. All to understand the event procedures and to take responsibility for their own behaviour out on the course. (No moving controls, not listening to instructions.)</i>		
Ages: <i>15 / 16</i>	Sex: <i>mixed</i>	Number: <i>18</i>
Group ability: <i>mixed. Low concentration and motivation level for some of the boys. Some of the girls not very confident.</i>	Any special needs: <i>Jane and Laura might need extra help after getting lost last week</i>	
Any refused or referred:	Limits of group: <i>watch concentration span. Need variety of exercises to keep them interested. Course needs to be easier than exercises</i>	
Parental / consent medical form used	YES / NO	

Access / permission arranged: <i>Yes - check in at office when we arrive</i>	Suitability of map: <i>Rather out of date. Stick to east side of map it is easier and the map more accurate. Remind them that not all paths on the map. Area bounded by uncrossable wall so easy to contain. Shelter available in bad weather.</i>
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Risk assessment outcomes: <i>Plan course to stay away from technical / poorly mapped area - Brief assistants clearly, take them round the exercises before the session. Carefully brief the group as to their personal responsibility for safety: not moving controls, listening during instructions, no whistle blowing except in emergencies, no littering etc. Check their understanding. Stipulate a cut off time and a safety bearing/strategy - get the group to write this down on the back of their control card. Have an assistant between controls 6 and 7 to check the group through and prevent them going into the SE corner of the map. Individuals to carry small torches as it gets dark early. Take tyvek control cards if it looks like being wet. First Aid kit with both staff, medical details with contact numbers etc. in car. Take one mobile phone.</i>	
Logistics of session: <i>Group travel with coach and Mr Clough. I go early to set out controls. Pick up 3.30</i>	
Planning notes: <i>As above</i>	Group <i>Miss Smith</i>
Addresses / telephones / directions: <i>North Chalkney Wood. Owned by Devon Scouts. Office phone 01786 543 672. School phone number 01786 750 658</i>	
Coaches / instructors: <i>Miss Smith and Mr Clough</i>	
Source of group information: <i>School records</i>	