

Coaching Qualifications – simple progression

Coach Qualification	Step System / Colour Coded Level(s)	Type of coaching area
Level 1 (former Teacher/Leader)	Levels 1 & 2 White & Yellow Courses and skills needed	School or Outdoor Centre grounds or enclosed simple area
Level 2 (former Instructor)	Levels 1, 2 and 3 White, Yellow and Orange Courses and skills needed	Above plus other small woods with good access
Level 3 (former Club Coach)	Levels 1 to 5 White to Green Courses and skills needed	Above plus woods/open land with good access which are not exposed, remote or complex
Levels 4 and 5 (former Regional and Senior Coaches)	Levels 1 to 5 White to Brown Courses and skills needed	Above plus complex woods and moors

This is a brief guide to the British Orienteering Coaching Award Scheme progression as it relates to the types of skills which are taught and the areas which should /could be used by coaches who are working at each level.

NB

- There is a requirement for all sessions to be carefully planned and for appropriate risk assessments to be carried out for the area which is used
- Coaches should refer to the British Orienteering Safety Guidelines
- Except in an enclosed school or outdoor centre grounds it is recommended that there should be at least one other adult working alongside the lead coach
- All sessions run for British Orienteering members or members of British Orienteering clubs should be registered in advance on the form ER1C with the British Orienteering Fixtures Secretary for the region in which the coaching is taking place.