

Appendix D : Doping Control

1. Anti Doping

1.1 The anti-doping rules of British Orienteering are the UK Anti-Doping Rules published by UK Anti-Doping Limited (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of British Orienteering. (Board adopted 11th May 2011)

1.2 For more information, visit:

<http://www.ukad.org.uk/documents/uk-anti-doping-rules/>- this is the webpage where the current and updated UK Anti-Doping Rules can be found.

<http://www.ukad.org.uk/>- this is the UKAD website, which is aimed at UK athletes. It has links to the WADA and Global DRO websites, along with education for athletes including the UK Anti-Doping Rules, the UK Anti-Doping Policy, the process for obtaining a TUE and other information. We encourage UK athletes to use this as their primary source when researching anti-doping.

<http://www.wada-ama.org/>- the WADA website will give athletes general information needed in relation to doping and includes the World Anti-Doping Code and the Prohibited List.

<http://www.globaldro.com/>- this is a website which allows athletes to search medication in order to check if there are any substances contained within the medication that is included in WADA's Prohibited List.

1.3 Mike Hamilton (Chief Executive) is the Anti-Doping Officer for British Orienteering.