

CLUB NEWSLETTER

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Welcome to the third Club Newsletter. If you have any feedback after reading it please let the National Office know.

British Orienteering Regional Roadshows

British Orienteering Staff and Directors are taking to the road to visit all 12 Associations and give members an update on current projects within orienteering in the UK.

The roadshows will cover the Competition Review, the 4 tier event structure, plans for the future development programme and much more.

All members are welcome to attend. Refreshments including a sandwich buffet will be provided. The roadshows are completely free and all that is requested is that members register their attendance in advance with the British Orienteering National Office. **Please email**

info@britishorienteering.org.uk **with your name, membership number, the roadshow you wish to attend and any access and dietary requirements.**

Dates for Roadshows 2010

All times are 6.30pm-9.30pm. 6.30pm for buffet, 7.00pm start

Tuesday 12th October, SWOA

Taunton: Conference Suite, Lyngford House, NHS Conference Centre, Selworthy House, Priorswood, Taunton, Somerset, TA2 8HD

Wednesday 13th October, SCOA

Reading: Central Palmer Building, Whiteknights Campus, University of Reading, Reading, RG6 6UR

Thursday 14th October, SEOA

Redhill: Robert Denholm House, Bletchingley Road, Nutfield, Surrey, RH1 4HW

Tuesday 19th October, EAOA

Cambridge: Imperial War Museum Duxford, Cambridgeshire, CB22 4QR

Wednesday 20th October, EMOA

Nottingham: Lecture Theatre C11, Portland Building, University Park Campus, University of Nottingham, Nottingham, NG7 2RD

Thursday 21st October, WMOA

Coventry: The Gallery, The Alan Higgs Centre, Allard Way, Coventry, CV3 1HW

Tuesday 26th October, NWOA

Preston: Legacy Preston International Hotel, Marsh Lane, Preston, Lancashire, PR1 2YF

Wednesday 27th October, YHOA

Leeds: Jubilee Room, James Graham Building, Headingley Campus, Leeds Metropolitan University, LS6 3QS

Details of the Regional Roadshow dates and venues

Thursday 28th October, NEOA

Durham: Joachim Room, College of St Hild and St Bede, Durham University, Durham, DH1 1SZ

Wednesday 3rd November, NIOA

Belfast: Room LAN/G9, Lanyon Building, Queen's University Belfast, University Road, Belfast. BT7 1NN

Wednesday 10th November, WOA

Cardiff: Boulders Indoor Climbing Centre, St Catherine's Park, Pengam Road, Cardiff, CF24 2RZ

Wednesday 17th November, SOA

Edinburgh: Edinburgh Training and Conference Venue, 16 St Mary's Street, Edinburgh, EH1 1SU

Clubs are encouraged to send along as many delegates as they feel appropriate with a minimum of 2 per club. This is a great opportunity to meet British Orienteering staff, find out about the future of orienteering and raise questions about projects and programmes. Look forward to seeing you there!

2011 Club Fees

A request for club and associations fees for 2011 was sent out at the beginning of July and we are requesting that clubs and associations respond by the 8th September. If you have not yet informed British Orienteering then please could you email nicole@britishorienteering.org.uk

Club Affiliation to British Orienteering

Each club must make an Annual Return to the British Orienteering National Office which was passed at the AGM in April 2010; the Annual Return will include:

- The annual affiliation fee payable to British Orienteering
- The contact details of the Officers
- The annual membership fees for the club
- The club constitution or equivalent *
- Minutes of the last Annual General Meeting *

* If available on the club website a link to them will suffice

The Annual Club Return should be made to the British Orienteering National Office by 1 September, if you haven't sent these items yet please do so as quickly as possible.

British Orienteering Mapping Conference 2010

British Orienteering would like to invite you to the 2010 Mapping Conference to be held over the weekend of October 22-24. The conference will be staged at the YHA Hawkshead youth hostel in the Lake District. This year the main topic will be map generalisation with an accompanying practical session being held on Haverthwaite. Further details can be found [here](#).

British Orienteering Major Events Conference 2010

British Orienteering would like to invite you to the 2010 Major Event Conference to be held over the weekend of September 24-26. The conference will be staged at the Apollo Hotel, Birmingham, and will consist of presentations, practicals and group work. It will be of particular relevance to all future and potential major event officials, and Grade 1 controllers. Further details can be found [here](#).

Club details for 2011

*Are your club mappers
interested in the Mapping
Conference?*

British Orienteering TASS Manager Appointed

Eleanor Baker has commenced the role of TASS (Talented Athlete Scholarship Scheme) Athlete Manager for British Orienteering.

Eleanor is an International long and middle distance runner with a Masters degree in Sport Sciences and an extensive knowledge of endurance training. The TASS programme is a central part of the British Orienteering's Athlete Development Pathway and Eleanor will be working with many of Britain's most talented orienteers to help them reach their full potential.

Eleanor stated 'I will be working with the TASS athletes to ensure their time as TASS athletes is part of a long term athlete development approach. The setting of agreed performance targets will be integral to the development and implementation of their personal development plans. Naturally I have a keen interest in endurance training and one of my aims is to improve the TASS athletes running fitness. I plan to deliver, orienteering specific, endurance running and strength and conditioning sessions to each TASS athlete. I envisage these group and individual sessions will take place at the Sheffield Centre of Excellence and at Hub Institutions enabling all the athletes to meet and train together. These sessions will provide the opportunity to have guest speakers and experts on important physiological areas such as heart rate training zones and specific strength and conditioning for orienteers'.

Website for Club Night Coaches

British Orienteering now has a website available for 'Club Night' Coaches to share activity sessions, ideas and plans. It also allows coaches to upload resources for other coaches to utilize. In addition to this the site has a forum so that coaches can discuss activities and ideas, and a 'useful links' area to access extra coaching information.

If you would like to access the site and are currently a licensed coach please email Steve Vernon – steve@britishorienteering.org.uk

British Schools O Association Membership Changes

BSOA and British Orienteering are working closely together to improve communication with schools that are offering orienteering either within curricular time or as an extra curricula activity. To this end, BSOA has now changed its membership fee to £0 to ensure the fee is not a barrier to membership. If your club works with, or knows of, schools that are offering orienteering please encourage the schools to sign up with the National Office using the info@britishorienteering.org.uk email address. Further news on this initiative will be published shortly as a news item.

Orienteering Tours

After a flurry of emails to the National Office regarding a particular company, can we make it clear that British Orienteering does not endorse any tour company offering orienteering holidays or tours overseas. If and when you have opportunity, can you please advise your members that they enter into contracts with such companies at their own risk and British Orienteering is not in a position to adjudicate over any complaints that may arise.