British Orienteering Coaching Committee
Minutes of the Meeting of Coaching Committee held on Saturday 16th British Orienteering
June 2012 at
Comfort Inn, Birmingham, B5 4DY

Present;, Lynne Walker Chairman (SOA), Keith Marsden (SEOA), Christine Vince (SWOA), Caroline Louth (EAOA), Michael Garratt (NEOA), Henry Morgan (WMOA), Jim Clark (BSOA, EMOA), Janine White (Administrator)

12/16 Chairman, Welcome and Introductions

The Chair welcomed all in attendance to the meeting.

12/17 Apologies for Absence

Nev Myers (YHOA), Jon Carberry (NWOA), Mike Saunders (WOA) Philip Baxter (Board Director) Dave Rogers (SCOA) Hilary Palmer (EMOA), Don McKerrow (SEOA), Ruth Lockley (WMOA), Allan Bogle (NIOA)

12/18 Declaration of Interest

The chair reminded committee members to complete Declaration of Interest for 2012. JW to follow up on any outstanding declaration.

Action: JW

Committee members requested to declare any personal interest if the need arose during the discussions.

12/19 Minutes of last meeting for approval

The minutes of the last meeting were approved. See British Orienteering web site

JW will ensure all her actions from previous minutes are completed by the 22nd June 2012.

Action: JW

12/20 Matters arising not covered by the agenda

No matters arising.

12/21 Feedback from the Board of Directors

PB not in attendance and no update was therefore available. The committee queried PB suitability as coaching committee representative if he is unable to attend the Committee meetings.

12/22 Whole Sport Plan update from MH

British Orienteering Strategic Plan

Although Coaching does not form part of the Whole Sport Plan in terms of targets, coaching very much forms part of the strategic plan. The committee look forward to reading the updated strategic plan when it is published next month.

Whole Sport Plan

LW updated the committee on the Whole Sport Plan on behalf of MH.

The committee discussed the implications of the Whole Sport Plan in relation to Coaching. It was agreed that members should be encouraged to try and source funding wherever possible.

Some of the money in British Orienteering reserves was originally coaching surplus and that the committee should consider asking the Board for all or part of that money to fund coaching.

LW to discuss with the Board the possibility of using some of British Orienteering reserves to fund the coaching programme.

Action: LW

The committee discussed the possibility of selling Teaching Orienteering resources as a form of income generation. Offering more products could be a way of increasing income.

Coaching Programme

The committee discussed the Community Orienteering Leader Award at length. The committee was surprised that the Community Orienteering Leader Award was not promoted on the coaching pages of the website and that the committee itself had little or no input in the award. JW explained that the Community Orienteering Leader Award was run through the development programme and as such did not sit within the coaching remit.

The committee expressed concerns over the content and delivery of an award designed with little or no coaching input.

LW asked regional representatives to be proactive in encouraging and supporting Teaching Orienteering courses.

Action: All

LW will chase up AB regarding updating the Teaching Orienteering power point presentation. JW will circulate to all tutors when it has been finalised.

Action LW, JW

The committee discussed proposed changes to the technical difficulty requirement at UKCC Level's 1 and 2. After discussions it was agreed that the technical difficulty should stay the same. The committee are reluctant to dilute what we have already at UKCC as other awards such as the Community Orienteering Leader Award is now available.

Limelight

The committee discussed the Limelight proposal. The committee were concerned about the use of commercial providers and the impact this would have on Orienteering. JW explained that Sport England believe Orienteering has an excellent future but they have been clear that

they will fund the organisation that is most likely to increase participation. If Sport England believe that British Orienteering not to be capable of meeting the targets doing then they will fund the organisation who will best meet those targets regardless of whether or not it is a governing body or a commercial provider.

LW interjected that whilst British Orienteering has not met its targets to increase participation it has increased participation significantly enough to earn a reprieve but that this is very much our last chance. British Orienteering needs to make some hard decisions in the coming months and years in order obtain the funding required.

JW explained that without Sport England funding the National Office would be reduced to just 2.5 people.

By working with a company like Limelight it is the hope that we can influence how Orienteering is delivered.

British Orienteering believes that a far greater risk would be to not work with Limelight at this point.

The committee wished to express its disappointment at the lack of communication that it has had with British Orienteering during the Whole Sport Plan and specifically the Development programme.

The committee thanked MH for his comments.

12/23 Committee Restructure

The committee looked to update their terms of reference.

The committee questioned if PB has enough experience of the coaching committee to represent them effectively at Board level.

It is agreed that regional representative would take on an area of responsibility. It was agreed that CV portfolio would be Development and that MG portfolio would be Performance. LW to circulate a list of areas of responsibility to all committee members and ask that they allocate an area they wish to be responsible for and return to LW ASAP.

Action: LW, All

The committee discussed the benefit of having regional representation on the committee but also agreed with HP that each member should have experience in all areas of coaching and that ultimately area expertise was of greater importance than regional diversity.

The committee agreed that in light of the lack of staff and resource at National Office that the committee needs to take on greater responsibility for certain areas of coaching.

Website

The committee requested an update from MG in relation to updating the coaching pages of the website. MG informed the committee that he had been unable to access the pages of the website and that communication with Caroline Povey was proving difficult. At present the updates requested has not been moved forward.

JW agreed to take the feedback back to the National Office.

Action: JW

Performance

The committee expressed concern over the lack of communication between Regional Junior Squads and the Talent programme. More communication is needed. Coaching committee is open to facilitate a dialogue between the regional squads and the Talent programme.

12/24 Continuing Professional Development (CPD)

Feedback from the Review of Coaching Logs

The number of logs returned in each region varies significantly.

JW to send out CPD congratulatory letters to all those who have completed their CPD.

Action: JW

JW to check that CPD information is up to date on the website and amend where necessary

Action: JW

JW to investigate if it is possible to add CPD as a qualification onto the admin panel and to link it to the licence to coach and feedback to the committee at the next meeting.

Action: JW

The committee agreed to revisit the issue at the next meeting.

LW requested that all regional representatives add their comments to the google doc link.

Action: All

Items for June CPD Newsletter

Items for the June CPD newsletter were discussed.

LW to chase up EN regarding the UKCC L1 and L2 resource costs

Action: LW

LW requested that any further ideas for newsletters are to be sent to the Chair by the 30th June.

Action: All

12/25 Coach Education

Report from meeting between LW and British Orienteering staff

LW updated the committee on the meeting held with a number of British Orienteering staff at National Office. LW explained that the situation was such that a small amount of programmes were funded by Membership but a far larger amount was funded by Sport England. Without Sport England funding the number of staff would be reduced to 2.5.

In light of this, it is questionable as to how dedicated some members of staff are to programmes that are not funded by Sport England.

The programmes which are funded by Sport England must meet specific targets; increasing participation.

It was clear that Sport England's primary concern is with increasing participation and as such the Development programme's focus was not coaching. Where this leaves coaching (as it comes under the development remit) is unclear and is a cause for concern to the committee.

The committee expressed concern at the lack of consultation and communication regarding the Whole Sport Plan submission. Whether or not funding is received by Sport England affects British Orienteering as a whole regardless of the target programmes and as such a greater level of communication with the membership and the committee was expected.

Communication with British Orienteering Office

JW updated the committee on her role within British Orienteering in particular the administration of Coaching. JW role as Office Administrator is incredibly varied and requires a lot of prioritisation. Coaching is a priority but it is not the only priority. JW indicated that the administration of coaching will be shared between the admin staff as a whole and that positive steps have been taken to achieve this.

JW felt that communication has improved significantly and that whilst improvements are still to be made, the planned developments should advance things further still.

LW explained that in the past a certain level of service was provided and that the change from 3 full time dedicated staff to 1 part time staff has proven difficult.

LW would like to thank Janine White for addressing the issues and request that all regional representatives should reiterate what Janine has said.

Action: All

UKCC (all levels)

Janine White updated the committee on the reasons behind the UKCC Level 3 course cancellation. It was felt the estimated price was a significant factor for the cancellation. More time was needed to ensure the course is cost effective to our members. The number of Coach Educators for this course has resulted in the price per learner increasing substantially from UKCC L1 and L2.

National Office has a large number of projects running from June onwards and will not be able to dedicate the time to this course to this issue before the start date. British Orienteering is looking to reschedule the course for 2013.

KM indicated that the costs based on the pilot could be reduced if the modules were advertised to people not attending the full UKCC Level 3 course. LW and KM agreed to work out the module cost of the UKCC Level 3 coaching course.

Action: LW, KM

Coaching Schedule 2013

JW fed back to the committee on the planned changes the coaching schedule 2013. A breakdown of changes to the coaching schedule is as follows:

- Coaching Schedule for 2013 will be promoted on the British Orienteering website by Monday 3rd September 2012
- Within the Coaching Schedule 2013 there are 6 UKCC Level 1 Courses
- Within the Coaching Schedule 2013 there are 3 UKCC Level 2 Courses
- Course Organisers will no longer be limited to British Orienteering staff only.
- Any Additional courses should be notified for consideration by the British Orienteering National Office no later than *Friday 31st August 2012*
- No proposed Additional courses will be considered or endorsed later than 3 months prior to the starting date.
- British Orienteering National Office staff reserve the right to decline proposed courses but will provide the reasons for decision.

It was agreed that a needs analysis was required from each region to ascertain the level of interest in UKCC coaching courses. LW agreed to put a spreadsheet on 'google docs' for all members of the committee to complete.

Action: LW, All

The committee discussed the recent pilot of a mentored UKCC Level One. The committee agreed that there were benefits to this approach but that making it cost effective would be a challenge. LW discussed conversations with the National Office and its view to possibly reduce the coach education fee or to eliminate it altogether. The committee agreed that to expect coach educators to work for free would not be practical or sustainable.

Committee members were reminded that upgrading of old qualifications may be possible so members should be reminded of this.

Action: All

UKCC (All levels)

The committee discussed the practical sessions at UKCC Level 2. HP is to trail a new approach to task 9 and will feedback to the LW.

Action: HP

Developments (including e-learning)

E-learning

E-learning work has been piloted by Sports Coach UK. KM agreed to follow this up and feedback to LW

Action: KM

JW agreed to find out figures in relation to coaching committee costs and feedback to LW

Action: JW

LW agreed to chase updates from EN on Community Orienteering Leader Award and Teaching Orienteering Part One and Part Two

Action: LW

12/26 Coaching Conference 2013

The venue was discussed for the 2013 Coaching Conference. The committee discussed a possible change of venue from Lilleshall Hall. LW agreed to chase up RL for contact detail for a proposed venue.

Action: LW

It was agreed that if no member of the committee were willing to act as organiser for the coaching conference then the role could be co-opted from outside the committee.

It was agreed that the conference should run a number of optional sessions and follow up sessions. The theme would be agreed at a later stage.

All suggestions for the conference are to be sent to LW.

Action: All

12/27 Reports from Regions

All members of the committee were thanked for providing regional updates (Appendix A).

LW to chase up RL and CL for their reports in writing.

Action: LW, RL, CL

The Chair thanked the representatives for their reports

12/28 Reports from other Committees

Development Committee

No update available due to the cancellation of the Development Committee meeting. Coaching Committee expressed its disappointment as to why no reason was given by British Orienteering for the cancellation.

TrailO Committee

WTOC was successful with a greater interest in TrailO from clubs and associations. At the JK 2012 100 people participated in the TrailO event.

The Chair thanked the representatives for their reports.

12/29 AOB

Derek Allison will be providing First Aid courses. Please can all regional representative take this back to the regions. For further information please contact Keith Marsden..

12/30 Dates of Next Meetings

The date of the next meeting is arranged for the 10th November 2012. JW to update LW on the venue

Action: JW

It was agreed that meeting dates for 2013 would be arranged at the next meeting.

Action: All

The chair thanked everyone for their attendance.

The meeting closed at 4pm.

Appendix A

Regional Reports

Mike Hamilton Update to Coaching Committee

Firstly my apologies for not being present at the meeting, unfortunately I have a family commitment in London over the weekend and, as I said to Lynne, it's probably more than my life is worth to leave to get to Birmingham for the meeting. Apologies also for the haste with which I have had to pull together this brief update I hope it is informative.

There are a number of matters to update you on and a couple that Lynne specifically asked me to update the committee on.

British Orienteering Strategic Plan

The Strategic Plan developed in 2007/09 has been updated and reflects the changes that have been made during the last 3 years in orienteering and the changes in the UK sporting culture and environment.

You will be pleased to hear that volunteer development and coaching in particular continues to be a significant aspect of the Plan. *The challenge is funding and resourcing this area of work.* At some time during the next month or so the updated plan will be published for comment from committees before a wider release.

Sport England submission

The submission has now been made and we await feedback and the negotiation that will extend over a number of months; no formal outcomes to the submission will be available to us until late December at best.

An outline of the submission is on the web site, part of which is published in Focus, currently arriving on members' doorsteps.

In the context of the submission developing coaches is not a target. Sport England is interested in increasing participation, improving retention and developing nationally managed talent pathways. Coaching figures in the submission primarily as a resource that is required to deliver some aspects of some programmes. The programmes funded by Sport England are increasing participation, retaining participants and developing the talent pathway all of which rely to some extent on the quantity and quality of leaders and coaches. Programme 5 of the submission is to develop the workforce required to deliver the first 4 programmes and as such underpins the submission. Unfortunately we were not able to include a role of volunteer or coaching manager in the submission nor were we able to widen the programme to encompass the wider development of volunteers.

So the only aspects of workforce development within our submission are:

a) Developing a small number of Activators – probably around 10 for British Orienteering and the staff of partners. Activators will be the people who stage the various orienteering opportunities that are being offered in the 'increasing participation' programme.

- b) Leaders who will be able to support this work of introducing orienteering to those that are on these programmes, again primarily drawn from people seeking work and the staff of partners.
- c) Coaches specifically able to work with mixed ability groups and manage the work of others.
- d) Coaches (and other staff) to work within the talent pathway.
- e) Event organisers working within the club environment to stage local event aimed at being the gateway into competitive orienteering for newcomers.

My personal belief is that over the next months and years we will need to align more closely our coach training and support to the work that will be required of coaches. This should be aligned to UKCC and be very focused on work place. It may well reflect the following:

Level 1: aligned to introducing orienteering to small groups at activity sessions, and to the increasing participation programmes within the submission

Level 2: leading coaching at club nights which are mixed ability and probably leading a small team of coaches delivering to club orienteers

Level 3: delivering coaching programmes to improve performance in competition and being able to prepare individual orienteers and small groups of orienteers for competition Much of this is already in place although the orienteering content of the levels may well need to be reviewed.

Those coaches across the spectrum that demonstrate aptitude, willingness to learn and a wish to work in the talent pathway will be selected to receive specialised training and mentoring directly related to the talent programme.

In summary the Sport England submission is completely focused on the target programmes and will do little to help resolve the wider delivery of coaching. We need to take great care that the wider aspects of coaching and coach training are not allowed to become side lined within British Orienteering.

Coaching programme

Janine is at the meeting and will be able to update the meeting and if necessary speak to the paper circulated.

Limelight

Limelight Sports is a commercial organisation that we are currently speaking to regarding their potential involvement in our Sport England funded programmes. Lynne asked specifically if I could update the meeting on this matter.

Although this work does not and will not fall within the remit of coaching committee I can report that discussions with Limelight (and Sport England) continue. There is no doubt that Sport England see a strong future for orienteering and will fund the development to increase participation in

orienteering. However they have made it clear that does not mean that funding will come to British Orienteering (or other governing bodies in a similar situation). Sport England will consider if they can obtain a better return on increasing participation if funding is utilised in other ways. The Board is trying to manage this negotiation and ensure that British Orienteering remains in a strong position to manage the sport. It is also clear that if governing bodies such as British Orienteering are not able to take the decisions required to increase participation during this next period the option to fund other partners/organisation will be taken. This already happens in a small number of sports.

Committee restructure

In the context of the Coaching Committee this Board discussion is yet to take place. Lynne will no doubt be asking for your opinions as to how the committee could work more effectively. Lynne as chair of Coaching will have opportunity to input into the Board discussion that will take place later this year.

Other queries

If there are other queries that arise please let me know and I will respond to committee members as soon as I am able.

Mike Hamilton, June 2012

SWOA report to the British Orienteering Coaching Committee meeting on 16 June 2012

<u>BOK</u> – The Café O series have proved popular, with over 150 attendees some of whom have gone on to attend club informal events. The City Council would like to have more sessions during the summer holidays, but the organiser is heavily committed elsewhere. Continuing: weekly CommunityO at Ralph Allen School in Bath.

<u>DEVON</u> – Weekly sessions continue, based around Sidmouth, Haldon and near Ashburton.

<u>KERNO</u> – Are promoting heavily their Summer Series, following the success of last year's series.

<u>NGOC</u> – Are organising a Summer series consisting of Wednesday evening score and Saturday afternoon line events, designed to provide training for experienced orienteers and an opportunity for newcomers to try out simple courses.

NWO – Are now running weekly clubnights in Swindon and Chippenham.

QO – Are promoting the various badge schemes: Colour coded, BOF Navigation and Racing, and the club's scheme for juniors (the youngsters look very good at events with all the badges sewn onto their O-tops). The club also put on a TrailO event at one of the junior training sessions and are planning more. Continuing: regular Junior Orienteering Group activities.

 $\underline{\mathsf{SARUM}}$ – No information on their website about their current activities. There is a clubnight registered but no details given.

<u>WIM and WSX</u> – Continuing: CommunityO at Broadstone Middle School, Poole; weekly training runs at Bournemouth University; monthly clubnight on the first Monday of the month. The Dorset Schools League has been running for years and continues to thrive.

Christine Vince, SWOA Coaching Representative

SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER REPORT TO BO COACHING COMMITTEE MEETING, 16TH JUNE 2012

Junior Squad Activities:

- Since March 2012 the Junior Squad held 2 training sessions and attended 2 competitions
- Squad numbers around 30 mark, with 15 to 20 regular attendees. We have had 3 new juniors join recently (W14, 2 * M12)
- Squad attended the Midlands Championships on 11th March, as well as the urban race the day before. A good time was had by all who attended.
- The squad took part in the Army Harris relay race at Butterwood 4 teams were entered In a very close race the squad teams finished 1st, 3rd, 6th and 10th out of 17 teams entered in the short race.
- A team of 17 juniors has been selected from the squad to attend the JIRCS at Sandringham in June.

Club Coaching Updates:

SOFA:

- An introductory orienteering session for Cowplain Venture Group was held on 25th April 2012.
- CATIs have been held on 29th April and 20th May.

TVOC:

- TVOC continues to offer coaching at all Saturday series events, and this is proving very useful in attracting and retaining newcomers.
- Club captain Alison Smith is running a number of low-key orienteering training activities for pupils at Dunmore primary school, at the request of her son!
- TVOC are running an inter-school event at Wittenham Clumps on 22nd June for Oxfordshire Schools, as in the last 2 years.
- TVOC coaches and members (Ian Buxton / Roger Thetford / Alison Smith / Simon Kippin)
 have also assisted at a number of the SCOA junior squad events over the past few months,
 and will continue to support the activities where possible.

BADO:

• BADO has started club night, run by Bernie Fowler of BAOC. Club coaching session was run in April with further sessions planned starting after the summer.

BKO:

• Weekly participation club coaching nights continued through the spring, with Jason Edwards as our lead coach, with support from Katy Stubbs. With the longer evenings, the club nights have moved to the forests and parks of our area each Wednesday evening.

BAOC:

No response.

SN:

• No response.

SOC:

• 6 weeks of basic coaching offered on successive club nights at the outset of the of the club's Summer Series of events. Coaching is also available at all the Summer Series of 9 events,

and at the clubs other level D events in the Autumn and Winter. Specific club coaching takes the form of a repeat of both the SCJS training sessions planned by SOC coaches in the New Forest. Introductory events with coaching as part of the offering will take place in Portsmouth in late Summer early Autumn 2012.

SARUM

Sarum has a series of O Festivals during the summer with different age school groups from
the Salisbury area. These use school and forest areas leading to a Forest League where
children are coached in orientatation and basic map reading to White and Yellow standard in
woodland conditions. The Club will also be offering coaching sessions using their new POC
facility. There is a coaching presence at all Sarum level D and C events to help newcomers
master some basic skills. Jeff Butt has begun a series of fortnightly coaching sessions for
Club members at their new Hub Club facility and the Club hopes to extend this to new people.

WIGHTO:

No response.

Other:

- The SCOA Coaching Officer attended the British Orienteering Coaching Committee meeting on Saturday, 17th March 2012. The minutes can be viewed at http://www.britishorienteering.org.uk/images/uploaded/downloads/governa nce minutes coaching 17 03 12%20V4.pdf
- A two day first aid course has been arranged by Keith Marsden (HH) for 15th and 16th September 2012 at Longridge Scout Centre, near Marlow. SCOA (3) and SEOA (6) coaches have already signed up. Limited places (3) are remaining and any interested coaches should contact Keith at keith@familymarsden.org
- The next British Orienteering Coaching Committee meeting is on Saturday, 16th June 2012.
 The SCOA Coaching Officer is unable to attend.

Dave Rogers, SCOA Coaching Officer

31st May 2012

SAXONS

Saxons have introduced a Kent 'O' League which has been successful at introducing a number of juniors to Orienteering. They are also introduced a Kent Junior Championships. Currently they have 4 UKCC Level 1 Coaches with one seeking to attend a Level 2 course.

DFOK

A Community 'O' project is being run by a ex-member of South East Junior Squad who has qualified as a UKCC Level 1 coach.

They have three Level 1 qualified coaches and would like to add more.

GO/SN

Continue to organise a monthly Schools league with some associated coaching. GO only have one UKCC level 1 qualified coach and one with an 'old' coaching qualification.

Southdowns

The SOGallopen, organised fortnightly, attracts up to 100 regular competitors but many of them never orienteer outside the county.

The Community 'O' still provides a regular 'weekly' activity and has been in existence for about two years. It is run by a coach with a UKCC level 1 qualification.

НН

The Saturday series of low key events are provided monthly but mainly attract competitors who do not travel widely.

Specific junior training sessions are organised approximately every 6 weeks and attract around 20 juniors. This has helped to introduce a number of juniors to South East junior Squad.

HH currently has 10 UKCC Level 1 qualified coach and is seeking to add some at level 2.

SLOW

Their regular park and urban activities are aimed at M/W21 and coaching is provided mainly at an informal level.

SLOW has three UKCC level 1 qualified coaches as well as seven with 'old' coaching qualifications.

South East

A Development Conference was held in May. Specific points made with regard to challenges to development were;

- finding qualified coaches
- finding first aid cover
- small numbers of juniors (this was mentioned by several clubs)
- demographics skewed to the over 40's

- juniors not keen to travel
- communications with pupils and parents

Coaching Committee East Midlands report June 2012

Community Orienteering:

- DVO at Buxton (team of coaches), Chesterfield, Matlock (new UKCCL1 coach trained via club nights) and Derby (to restart 23 June with Community Orienteering Leader Award – COLA - trained coach)
- LEI at Groby and Loughborough. The second Groby club night for members runs during the Autumn and Winter because LEI has weekly events on weekday evenings in the Summer.
- NOC with good numbers at Bassetlaw (Worksop/Retford) and Rushcliffe (Ruddington, South Notts). Rushcliffe started in May and has over 40 people registered and a regular attendance over 5 weeks of between 20 – 30 people. The Bramcote and Mansfield clubs are still running but with under 10 people attending.

Other club coaching: takes place at all 4 clubs (DVO, LEI, LOG and NOC) as Saturday morning sessions on an irregular basis and as pre-event coaching.

Junior Squad: coaching has an on-going programme

Active coaches: Clubs have been asked for numbers of active coaches (as opposed to coaches who are listed as licensed or even unlicensed on the BOF database). See table below:

Club	UKCCL1	UKCCL2	ʻold' L2	ʻold' L3	L4 & L5
DVO	6	0	3	4	0
LEI	8	3	1	0	0
LOG	1	1	0	1	0
NOC	5	2	1	3	5
Totals	20	6	5	8	5

UKCCL1 coach requirements:

- 2012: approx. 6 names known in LEI (4), DVO (1), NOC (1 or 2) ready to be L1 trained. LEI also has 1 name for L2 and 1 for L3 coach training
- 2013 on onwards:
 - LEI expects to need to train 2 x L1 every year and 1 x L2 every 2 years
 - Other clubs have not given numbers but will need more assistant coaches for the sustainability of continuing Community O Clubs and for the 'improver' to 'advanced' club member coaching sessions

CPD logs:

I have received 9 coach logs from EM coaches (20% of the active coaches).

BSOA are working towards their championships in races for the World Schools Orienteering Champio exact dates are confirmed, BSOA will be advertisin accompanying the select teams to this event.	nships to be held in April? 2013. AS soon as the
Fran Stone continues to be one of the technical ad	visors to ISSF.
Jim Clarke	7

WOA -	- brief report for June 2012 Coaching Committee
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Coaching Committee 16 June 2012

Report from NEOA

UDOC are currently active and working with Durham Cathedral to produce a permanent orienteering course around the cathedral, the surrounding woodlands and banks of the River Wear. This permanent course is aimed to be mapped and up and running by the start of this coming school year with the intention of UDOC running some sessions with local schools.

Since March CLOK have introduced 185 children to orienteering during curriculum time and have conducted two afterschool series for Year 7s totalling 12 sessions. Also 7 special needs children, army cadets and six adults have undertaken introductory orienteering sessions.

CLOK community club night in Darlington and Junior training nights in Guisborough continue to thrive.

Two series for experienced orienteers have been delivered: one for CLOK Talent Squad and the other a Skills Series.

Two TOP1 courses have been delivered.

NATO is continuing to run the weekly evening club training on Wednesday. In addition there have been a number Saturday morning training sessions developing the skills learnt in the Wednesday evening sessions. There have also been small competitions allowing the orienteers to put their new or developed skills into practice. Those people who have been attending range from those who are new to the sport to those who have been club members for decades.

In May, NATO hosted a club weekend for juniors and their families. Over 20 people attended the weekend. The juniors and seniors took part in the training in the morning of the Saturday and attended a local event on the Sunday.

NEJS have followed a programme aimed at peaking for the Spring major events. This comprised a weekend away in the Lakes and joining in with CLOK's Talent Squad sessions.

NWOA Coaching Committee Report - June 2012.

NWOA Rep Report - Highlights.

- Richard Lecky Thompson (LOC) became the first UKCC Level 3 Orienteering coach, being assessed in Jan/Feb 2012, following the course in Nov/Dec 2011.
- Enquires about coaching courses has dropped off completely.

- Along with one club in the region, did a quick check of active coaches in that club; Nearly 40 coaches on the database, but only 50% active & only 25% licensed suspect that this is possibly the norm for all clubs.
- Not received any enquires about CPD, or been asked to look at a log-book.
- Meeting with NWOA Exec. to discuss coaching postponed, new date not yet agreed.
- Two coaching days held in the region, both preceded NWOL events and were well attended by clubs, regional squads, and individuals.

LOC Coaching Report June 2012 - Carol McNeil

We - the coaches - are extremely pleased with so many good results at all levels at this year's major events. We feel this is entirely due to the quantity and quality of coaching which has taken place throughout the year and at all levels. We have introduced a prize system for juniors at all weekend events where any good results are rewarded with a crème egg or similar (Clare Evens has bought hundreds of discounted chocolate bars) This started at the JK and seems to have been well received especially by the individuals who always finish up in the top few!

A number of LOC juniors will attend National and regional camps this summer. We have started planning for our 10 weeks of Saturday coaching days in the autumn. We will trial Level 2 and 3 to work alongside the 4 and 5's - the success of this will depend on new coaches coming forward to help.

Our focus for the juniors will be the British and World School Championships. I will be retiring as Lead Coach soon and passing it on to Richard Lecky Thompson.

MDOC Coaching Report - John Britton.

Hamish Willis came to a Club Night and did a coaching for coaches session. He will come to our event on July 17 and discuss people's performances after their runs.

I'm going to use Halkyn for a Club development day on July 21.

Scottish Orienteering Association

Report to British Orienteering Coaching Committee 16th June 2012



Coach Education Courses & Coach licence matters

UKCC L1 courses

One course took place at Glenmore at the end of March; 4 candidates were successful with gaining

The next course is planned for July 2012. An additional course may be held in southern Scotland – demand is currently being investigated.

All clubs have qualified coaches; the work is now to persuade them that the more coaches they have the easier it is and that more coaching will take place.

UKCC L2 course

One course is planned for 2012; it should have been at the end of April but has been postponed until the autumn. Bookings are currently being taken for this course. The SOA would like to see more qualified UKCC L:2 coaches in the clubs and are trying to ensure that this happens.

PVG

The change to the PVG (Protection of Vulnerable Groups) scheme is gradually taking place – this is a slow process with Hilary Quick taking the lead for the SOA on this.

Teaching Orienteering courses

With changes to the Scottish Curriculum currently being implemented, there are opportunities for orienteering to take place in schools. A programme of approximately fifteen Teaching Orienteering courses have been put in place for 2012 with an outline for 2013 (mainly TO P1 with a couple of TO P2); the dates have been decided by working with a combination of Active Schools Managers and **sport**scotland Regional Coaching & Volunteer Managers.

Coach licence

40 coaches submitted logs for checking by the end of April; from these 34 were recommended to have their licence renewed until the end of 2014 (provided all other items are in place).

Club coaching

The orienteering calendar has been very busy for the past three months and many in the SOA have found themselves wearing another 'hat' with the coaching one left aside for short periods. However there have been many club coaching days / sessions running around the country.

Red 'SOA coach' soft-shell jackets and blue polo shirts are being seen around at club coaching events and also at orienteering events.

Coach Education & Development

What is the SOA doing to help coaches develop?

The 'Regional Coaching Activity Days (CAD)' started with a day near Aberdeen at the end of March with four attendees. The day near Edinburgh had ten attending. These have had different 'themes' to encourage people to attend more than one day if they can. Discussions have been very fruitful. The next day is at the start of July near Inverness with about eight people currently indicating that they will attend.

http://www.scottish-orienteering.org/soa/page/coach-activity-days

Lynne Walker SOA Coaching Co-ordinator

SELOC Coaching Report - Paul Turner.

SELOC has continued to develop coaching provision on the groundwork of the Club & Coach program. The weekly clubnight formula led by Caroline Barcham has seen us hosting a varied programme over the Winter at our Junior School base. This is being followed by another 'summer tour' where we are running Monday evening sessions at a variety of parks throughout our core area over the daylight evenings. The programme has included the provision of several new maps for training areas within easy reach of our regular venue at Eagley, Bolton and these have already been well received. While we continue to attract newcomers to the sessions through various initiatives including local Fun Day promotions, there is considerable scope for marketing to attract and provide for many more.

NWJS Coaching Report - Jon Carberry

Training weekends in March & April, as well as single days in May & June. Newbie day had 19 potential new members being assessed, as well as 3 more who were assessed at other sessions - approximately 50% will be invited to join in September, the remainder will be re-assessed in January.

Members of the squad have been selected for both EYOC & JWOC, as well as Cairngorm, Lagganlia, Kincraig, & Stockholm training camps.

The squad's bi-annual tour to Norway starts in mid-August; training re-starts in September, with a program through to December outlined.

Jon Carberry NWOA Coaching Committee Rep. June 2012.