



**British  
Orienteering  
Federation**

## **COACHING COMMITTEE**

*Report to Management Committee*

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Meeting of

### **COACHING COMMITTEE**

Held on 17<sup>th</sup> June 2006 at the Waverley Hotel, Crewe

Management Committee is asked to NOTE:

**06/22 UKCC:**

The Committee unanimously agreed that the implementation of the UKCC award scheme was the number one priority. Although the funding of the necessary work required prior to its implementation and on going costs associated with the scheme were of major concern.

Every effort will therefore be made to divert available 'none committed' funding to develop the UKCC.

The timing and urgency of the UKCC situation was also discussed as the Qualification and Curriculum Authority is to withdraw the BOF's 1<sup>st</sup>4Sport Level 2 qualification from the framework on 31/12/06. Without this award there will be a gap in BOF's coaching provision.



Minutes of the meeting of  
**COACHING COMMITTEE**  
Held on Saturday 17<sup>th</sup> June at the Waverley Hotel Crewe.

- 06/18 Chairman, welcome and introductions, attendants.**  
Present: Keith Marsden Chair, Jim Clarke BSOA, Hilary Palmer EMOA, Phil Brown SCOA, Steve McLean NWOA, Anne Darlington WOA, Ruth Lockley WMOA, Ursula Oxburgh EA & Helen Pearce SE.  
In attendance: Derek Allison Director of Coaching/NNAS, Vicky Thornton Coaching Manager
- 06/19 Apologies for absence.**  
Peter Christopher BOF Vice Chairman, Mike Hamilton Chief Executive, Sarah Noot YH  
It was noted that unfortunately Sarah is unable to continue her role as RR.  
Corresponding members: Gregory McCann NIOA, Stewart Caithness SOA & Linda Thornton NEOA.
- 06/20 Minutes of last meeting for approval.**  
The minutes of the last meeting were approved.
- 06/21 Matters arising not covered elsewhere in agenda.**  
06/07 Start Programme,  
Lagganlia letter was approved with a couple of minor amendments. Change less (2<sup>nd</sup> para) for fewer. Under qualifications, amend text to: "He/She must have attained Gold Standard, in their age class, at one of the spring GB junior selection races." **Action KM/HW**  
Training Camp guidelines: Phil Brown had passed information to assist with creating guidelines to Derek who apologised that he had not yet found the time to commence the task. Phil offered to compile the guidelines ready for use for trips next year. **Action PB**  
Gifted and talented opportunity: Hilary Palmer explained that this opportunity (in a school sports situation) involves orienteering being provided for youngsters at 'gifted and talented' multi sport training camps. She reported that two 'O' sessions at Leeds and Loughborough. 80 yr6 children, will take part in a 1hr coaching session with some element of competition. The Committee commented that it is important and good for 'O' to have a presence at these events. **Action HP**

06/22

### **Update on Funding.**

Derek Allison reported that cuts in Start programme funding, including training camps, were imposed in April of this year. Notice of these cuts had been received too late to change the selection criteria although a consequence was fewer positions available for the start training programme. A number of coaches and parents had questioned 'none selections' and one appeal had resulted.

In addition, contributions from juniors for tours have been increased to £150/£300 and all juniors were now expected to pay. Although this is the 2<sup>nd</sup> year running that the budget had been changed part way through the year; he hoped that this situation would not occur again.

To continue the Coaching Course programme; 50% price increase to £75 for candidates for the 1<sup>st</sup> Aid courses and coaching courses were imposed. Less member's money was now being spent supporting coaching and juniors than at any time in the last 10 years.

As a direct consequence of the cuts it is likely that the Regional Associations will be called upon for increased financial assistance for coaches and youngsters. Regions to be encouraged to help!

### **Action Reg' Reps**

It was again noted that cuts to the World Class programme could potentially mean fewer medals and that the current situation is that four fifths of the UKSC/SE funding is dependant on getting medals!

### **UKCC:**

Mike Hamilton had sent an email to Keith Marsden prior to the meeting for the Committee to consider a couple of questions which are significant in planning the future of coaching in orienteering and for providing guidance to Management and Council:

1. How high on the list of priorities does the Committee see the implementation of UKCC?
2. If it is a priority are the Committee prepared to see resources focused on the UKCC?

The Committee unanimously agreed that the implementation of the UKCC award scheme was the number one priority. Although the funding of the necessary work required prior to its implementation and on going costs associated with the scheme were of major concern.

Every effort will therefore be made to divert available 'none committed' funding to develop the UKCC.

It was agreed at the meeting that if at all possible funding for coaching training such as the 1<sup>st</sup> Aid courses, Lakeside etc. would be sourced from elsewhere in an attempt to free money up for the UKCC project. Derek estimated that the figure required to fund the project development is in the order of £20,000 and pointed out that 'coaching' would probably only be able to 'free up' a few thousand in 2006 with the assistance of other likely sources.

It was agreed that the Committee wished to make the requirement for financial assistance for the UKCC project known to the Management Committee.

The timing and urgency of the UKCC situation was also discussed as the Qualification and Curriculum Authority is to withdraw the BOF's 1<sup>st</sup>4Sport Level 2 qualification from the framework on 31/12/06.

Without this award there will be a gap in BOF's coaching provision.

It is likely that the BOF Level 1&2 would align with the UKCC Level 1, the existing BOF Level 3 would align with UKCC Level 2 and BOF Level 4 would become UKCC Level 3. **Action DA/KM/HP/VT**

### **06/23 Coaching Conference.**

2007, date and theme: The date for next year's conference has now been confirmed by Lillieshall and will be held on February 2<sup>nd</sup> – 4<sup>th</sup>. It is likely that the theme will have an emphasis on clubs, regions and/or schools. It was also noted that workshops for coaches should be extended to longer than half an hour to accommodate topics such as OCAD and Route Gadgets. Graham Gristwood to be contacted with regards to an OCAD presentation. The need to secure an overseas speaker fairly soon was also requested. **Action VT/DA**

### **06/24 Management Committee feedback; DA on behalf of PC.**

Catherine Hughes, a Senior Officer had been allocated as Sport England's orienteering's liaison officer. Mike Hamilton has been approached by the CCPR to be involved with both their sport and outdoor committee's.

Child Protection. A job description was being prepared for club welfare officers. It was likely that planner's and controllers would have to undertake CRB checks in the future. The Youth Sport Trust has requested that the Schools Programme's now include activities for those with disabilities.

The County Sports Partnerships and Community Sports Coaches programmes continue to develop but without a great deal of action supporting orienteering.

Clubmark and the school to club transfer continue to be the top priority for the BOF Development Team.

The Federation continue to support the NIOA whilst they make a significant contribution to their own future.

### **06/25 Coaching Award Scheme.**

Red Cross First Aid agreement: Derek Allison reported that Janet Woolf from the Red Cross had been unwell and the agreement has not been updated yet. 1<sup>st</sup> Aid courses are going ahead based on last years prices. **Action DA**

It was agreed that it is not a requirement for Level 1 coaches to be BOF members. However, Level 1 coach's running coaching

sessions requiring BOF insurance MUST be BOF members and submit an ER1C.

Any Level 1 trained Coach can tutor the YLA.

Incentives schemes summary: Steve McLean has offered to report back on these at the next Committee meeting. **Action SM**

**06/26**

### **Selectors**

Appeal: Derek reported that an Appeal Panel was set up and Keith Marsden acted as Chairman to consider the case. The appeal was upheld and the youngster had been added to the tour in question.

New selector: Richard Barker was nominated to replace Bill Stevenson. This was agreed and it was felt that given Richard's level of experience, involvement and coaching qualifications he will be an asset to the selection panel. Bill Stevenson will Chair the next meeting and then retire, Bill to be thanked. **Action DA**

**06/27**

### **Reports from regions.**

#### **South East Regional Report**

A number of Level 1 and Level 2 Coaching courses are planned for the autumn. A First Aid course is due to be held at the end of September.

Details of all POC's in the South East have been loaded onto the South East web site.

The South East RDO has resigned and will be leaving at the end of August. The Region is currently discussing a number of options with regard to the appointment of a successor or successors in the Region. Keith Marsden

#### **WOA Coaching Report June 2006**

North West Wales have recently appointed 3 development officers for Outdoor Education – one for each of Anglesey, Gwynedd and Conwy. Mair Tomos is working closely with these and in particular with the PES schools. At one event at Bodlondels in Conwy, 200 children attended.

Permanent orienteering courses are being set up in Wales, Parc Padarn at Llanberis using a grant from SPORTNOT Community Chest. There is also a permanent course at Nant Gwrtheyrn on the Lley Peninsular.

Bodlondeb, a park and small wooded area in Conwy also has a permanent course in construction.

Mair Tomos has also run sessions at the National Eisteddfod. Kay Seward has also been very busy developing orienteering in schools in the Llanelli area with an annual Schools Championship. Orienteering has also been introduced into Port Talbot schools culminating in an inter-school event.

Anne Darlington

#### **EA Coaching Report June 2006**

I apologise for not finding an EA rep for the last Coaching Committee meeting, which I was unable to attend.

In March EA ran a Level 2 course, with Helen Errington as tutor, near Thetford.

The 7 attendees with O backgrounds were:  
from EA clubs (the club pays ½ and EAOA pays ½ of the cost)  
NOR 1 moving to AIRE  
SMOC 2 (DMU final year students – want the qualification)  
WAOC 1  
SOS 1 also EMOA 2

With non O backgrounds (4)  
EAOA 1  
EMOA 1  
SEOA 2

My impression is that all were taken aback at the amount of written work required. After the last Level 2 course I put on a 'paperwork clinic with 3 tutors but only 1 attendee (whom I still cannot persuade to submit herself for assessment). I am not sure that there is much for me to do this time. SOS will support their member and the WAOC one (Czech) claims poor English. I expect that the DMU students may apply themselves to the paperwork: I am not sure where they will find the orienteers to practise their coaching on.

From a club perspective we value the courses (both Level 1 and Level 2) as they introduce club orienteers to both coaching principles and exercises - although some club members assure me that all they need is a ½ hour session with me (which they do not get!) to teach them all they need to know.

Will we hold any more coaching courses? I'm not sure. Without SEOA and EMOA input this time we would not have had a viable Level 2 course: Apart from the 2 SEOA and 2 DMU students no-one from the Autumn Level 1 course attended the Level 2.

When I joined the BOF coaching committee EAOA had just lost its only active Level 3 coach to YHOA and had a handful of semi-active coaches at lesser levels. (Semi-active = willing to turn up on the day and shadow but not to plan exercises / organise sessions.)

EAOA clubs now have  
6 qualified Level 1 coaches (teachers who are O club members)  
5 qualified Level 2 coaches  
12 Level 2 trained coaches – I shall be very surprised if any of these submit themselves for assessment.  
3 Level 3 coaches (nearly 4) and  
4 Level 3 trained who are most unlikely to qualify  
1 Level 4 coach

Among the clubs

SOS has the best record in getting its coaches qualified and offers coaching (aimed at all age groups) at occasional events: it has recently appointed a Head Coach: it also supplies the lead coach and assistant coach to EAJS.

WAOC has had the largest number of people attending coaching courses, offers junior coaching at all C4 events and this summer at 2 SMILE events.

For junior coaching sessions pre-booking is now a requisite, the lower age limit is 6 and average turnout (TD 1 to 4) is 12. WAOC also had a group at the Graythwaite BOF coaching day which was an excellent occasion.

SUFFOC put on a very successful CATI at a Suffolk CC open day where the DIY coaching exercises were over-subscribed.

I am not aware of any other coaching initiatives in EA clubs.

So EAOA now has the structure in place to support the EA Junior Squad and indeed the EA Junior Development Squad but we really lack sufficient juniors coming through from the clubs – we have only one M16!. HAVOC, SMOG and NOR currently have no juniors in either EAJS or EAJDS. SUFFOC now has a few keen families with juniors coming through to Squad standard.

Ursula Oxburgh (WAOC)

**06/28**

### **Coaching Manager report**

BOF Coaching days: Vicky reported on the success of the BOF coaching day held on April 22<sup>nd</sup> at Graythwaite. Articles were published in Focus about the day and also a small piece to advertise the next coaching day to be held on Saturday November 4<sup>th</sup> to be managed by Phil Brown. The number of people booked on this day needs to be checked and the day re-advertised as necessary.

#### **Action VT**

Event Coaching clinic: It was noted that the presence of the coaching clinic at the Graythwaite event on April 23<sup>rd</sup> had created interest. It was a focal point which helped increase coaching awareness; and there were plenty of discussions between coaches and between coaches and members (of all ages and abilities) who were seeking advice. Thanks go to all coaches who helped on the stand on the day. Vicky offered to arrange another coaching clinic at a suitable future event.

#### **Action VT**

Coach 'gillnets': Keith Marsden had bought with him a sample 'vest' costing only £4. The idea of providing these for use by clubs for their coaches was discussed. It was generally felt that these would be useful for coaches during club training/coaching sessions. The vests would serve to give coaches a clear identity which the committee agreed on certain occasions, e.g. a coach standing out in the forest as a lone figure, would be reassuring and useful to youngsters out training. It was agreed that a cost for having the words 'orienteeing coach' printed on the back of the vests should be obtained and that a letter could then go to all clubs advertising the coaching vests for sale through the BOF office. It was also agreed that if a 'red' coloured vest (in line with BOF coaching colours) could be sourced at reasonable cost then that would be preferable to the orange colour.

#### **Action VT**

On line coaching clinic: Following the article in Focus Vicky reported that Duncan Archer had been good enough to produce the initial design for this new web site, which Amy Sarkies had agreed to put on the web site. It was noted that several coaches have come

forward to offer their services for the site either in the form of writing articles, providing information or to answer member's questions.

#### **Action DAr/VT**

Level 2 current procedures: Vicky voiced concerns about the fact that the current procedure sometimes means that newly qualified 1<sup>st</sup>4sport Level 2 coaches do not register their coaching qualification with the BOF coaching manager and therefore their coaching qualification is not recorded on the BOF database and they do not receive their Level 2 BOF coaching Award. Furthermore some of these 1<sup>st</sup>4sport Level 2 qualified coaches then go on to run coaching sessions filling out the ER1C form provided by BOF possibly thinking that they are covered under BOF's insurance. It was agreed that the 1<sup>st</sup>4sport letter given to new Level 2 coaches encouraging them to join BOF should be reworded to ensure that new coaches were more fully aware of the benefits of joining BOF and registering with BOF as a qualified coach. It was also agreed that an improvement to the existing procedure should also be made: Level 2 Tutors should provide the coaching manager with the names and details of successful 1<sup>st</sup>4sport Level 2 candidates and that provided that these new coaches are BOF members then the coaching manager would be in a position to add these coaches to the BOF database and issue them with their BOF Level 2 coaching award. However their BOF Level 2 coaching award will only be mailed out to them providing that they are on the BOF enhanced disclosure list. A note to this effect to be sent to all tutors.

#### **Action VT**

Regional Rep's request for assistance with the chasing up of lapsed coaching awards, 1<sup>st</sup> aid certificates and CRB enhanced disclosures: Vicky explained that once recently agreed improvements to the existing BOF database (with regards to the way in which coaches data/qualifications is recorded) and once this year's Level 2 renewals are complete she hoped that RR's could be 'armed' with an up-to-date regional list of coaches details. The list will give the 'valid to' dates for each coach - coaching award, 1<sup>st</sup> aid and CRB enhanced disclosure. RR's should also be provided with a document to explain procedures for up-dating any lapsed qualifications. It was noted that all the RR's present at the meeting offered to assist the coaching manager with this process. A letter to be sent to all RR's along with the necessary information in due course.

#### **Action VT**

YMCA Lakeside November 24<sup>th</sup> to 26<sup>th</sup>: It was reported that Carol McNeil had secured permission to use the Forestry Commission part of Graythwaite. Following a discussion on the use of other possible areas it was agreed that permission to use Lakeside and another part of Graythwaite should be sort. The issue of when future Lakeside weekends should be held was also re-discussed and the pros and cons considered. The committee concluded, all things considered, that November was the best time of year. **Action VT**

ER1C's and insurance: Coaching manager to contact Pat Martin regarding minor change to ER1C form. Also the committee agreed that all qualified coaches should continue to be encouraged to join BOF as those coaches who are not BOF members are not in a

position to complete and submit an ER1C. It was also clarified that there is currently a requirement for a check to ensure that coaches who have completed and submitted ER1C's are in fact qualified, Vicky offered to follow this up with Pat Martin. **Action VT**

BOF registered coaches who are not BOF members (ie with an allocated '9000' number): It was pointed out that these coaches currently receive all coaching literature/correspondence at BOF's expense. It was agreed that, if possible, these coaches should in future not receive coaching information but that instead they should be encouraged to join BOF. **Action VT**

Data base of previously used coaching exercises to be added to the BOF website: This idea, from Dave Mawdsley of MDOC, was discussed by those present. It was concluded that due to the continual need to up date maps and wish to encourage coaches to continue to 'design' their own coaching exercises this was not an idea coaching committee wished to support at this time.

**Action VT**

List of CRB identity checkers: It was agreed that this would not be put up on the website but that it was a list which could be made available to members contacting BOF. Phil Brown offered to be added to the list. **Action VT/PB**

- 06/29**      **Rules Group embargo on the use of areas:** Derek initiated a discussion on this matter by pointing out that the rules state that those running on an area who have an advantage must declare themselves non competitive for the event. Instead, Clubs are refusing permission for the areas to be used for coaching sessions; this is reducing access to terrain for lower level events and coaching session's unnecessarily. The length of time of the embargo for the different level events was also questioned. It was agreed that the RR's should liaise with the regional reps for the Rules Group in order to voice coaching committee views. **Action RR's**
- 06/30**      **Development Committee Report.**  
See attached appendix 1
- 06/31**      **National Navigation Award Scheme report.**  
Charitable status is still being pursued. The Scheme is considering the appointment of a part time Development Officer. A map of Cannock Chase is being commissioned to commemorate Peter Palmer. The scheme continues to be a financial success.
- 06/32**      **British Schools Orienteering Association report, attached appendix 3.**  
World Schools Championships:  
The next World Schools Championships are to be held in Scotland in

2008.

**06/33 Director of Coaching. (matters not covered elsewhere)**

Although not in the budget; it is the year for the biennial Junior Regional Squad Coordinators weekend. It was thought that the increased income from the Level 1 and 2 Awards would cover the costs. It would be held over the 1st - 3rd December in conjunction with the SYO National event. The Seminar will run from 9am - 6pm Saturday with a 2 hour break for exercise sometime in the middle, Sunday will be free to attend the event. A detail sheet will be prepared when a venue is confirmed. **Action DA**

**06/34 Any other business**

It was agreed by those present that it would be good if Carol McNeil was able to manage the next BOF Coaching Day at Bishop Woods on Saturday March 10<sup>th</sup> the day before the national event at Whitbarrow Scar. **Action VT**

A request was made that it would be better for RR's when receiving coaching information from the BOF office by email if it could be made clear on the email to which members the information had been circulated. **Action DA**

The date for next years JIRC was discussed and Hilary Palmer offered to seek confirmation. Since the meeting Hilary has received confirmation from Tony Carlyle that the meeting is to be held on June 23<sup>rd</sup> -24<sup>th</sup>, 2007.

**06/35 Dates of next meetings.**

11<sup>th</sup> November, 10<sup>th</sup> March, 30<sup>th</sup> June, 10<sup>th</sup> November

It was noted that the 30<sup>th</sup> June would clash with the WOC selection races.

## **Appendix 1**

**BOF Development Committee**

**26<sup>th</sup> April 2006**

**Meeting Notes (These are not official minutes or a summary of them.)**

### **Attendees**

Chris James

Peter Bylett

Ed Nicholas

Keith Marsden

Alex Ross

Neil Cameron

Lyn West

Apologies

Donald Petrie

David Harrison

John Morris

Peter Christopher

### **Introduction**

Neil Cameron welcomed Ed Nicholas to his first Development Committee meeting.

It was noted that the meeting was not quorate.

### **Updates**

#### *Volunteering*

BOF should have produced a Volunteer strategy by 31<sup>st</sup> March 2006. However due to lack of funding which sport England had indicated would be available, BOF had neither the time nor resources to produce such a strategy on time

Peter Bylett outlined what he considered would be the contents of a strategy.

In addition there was a discussion about possible developments to such a strategy including the provision of terms of reference, handbooks and guidelines to assist volunteers.

#### *Club of the Year*

CLOK had been announced as the BOF Club of the Year. Summaries of the applications will be posted on the website.

### **Development Fund**

The committee had received no applications for Development funding.

It was decided to allow applications from Clubs to support Controller and Planner courses.

### **Development Committee Value**

There was a debate about the remit of the Development Committee. It was agreed that the Committee needed to be more pro-active than it had been previously and to help with the Strategy of orienteering by being aware of trends and opportunities.

A number of strands of discussion were highlighted which would become the framework for future work.

### **Event Rationalisation**

Two papers had been received by the Committee.

The first regarding possible rationalisation of the Fixtures programme was discussed and referred to Event Operations Committee for consideration

The second, which involves a possible additional club competition, was considered not appropriate at this time.

## **Any other business**

### *Admin Calendar*

It was decided that it would be useful for a Calendar be loaded to the BOF website indicating up coming meetings and deadlines for the next 12-15 months.

### *Handbooks*

This had been partially considered under the heading of Volunteering. It was suggested that Development committee should 'advertise' development tasks and projects which the membership may feel qualified to assist with.

### *Strategic Plan*

Discussion was started on a new BOF strategic plan and consideration given as to how BOF Committees and Groups could be included in this process.

### *Publicity*

Concern was expressed that the BOF website had not contained news of the JK. And it was suggested that there should be certain events that should always be reported upon.

## **Next meeting**

27<sup>th</sup> September 2006

## Appendix 2

To: Regional Association Secretaries  
Regional Junior Squad Co-ordinators

Copies to: Coaching Committee Representatives  
Junior Selectors  
Derek Allison

BOF Junior Coaching Course, Lagganlia, Scotland  
Saturday 29 July – Saturday 05 August 2006



This summer BOF will again be holding a week's coaching course for 14 year olds at Lagganlia and all regions are invited to nominate junior athletes for the course. This is a repeat of successful previous courses, which aim to teach and test orienteering skills. There will be a minimum of 10 team officials / coaches to look after the group. Juniors will need to pay a contribution towards the cost of the course.

There are several important points to note :

1. The camp is for juniors who will have their 14<sup>th</sup> birthday this year. Approximately 20-24 junior athletes will attend together with a minimum of 10 team officials/coaches. In previous years this camp has taken some 15 year olds who were not ready for the 15 years' tour. You should note that maximum priority will be given to 14 year olds. However, if you have any 15 year olds whom you consider would benefit, you may submit their names as reserves. They will be considered if any spaces remain after all eligible 14 year olds have been allocated places.
2. Ideally, each region will nominate two athletes with the necessary qualifications together with suitably qualified reserves. However, it is our aim that all athletes attending the camp are reasonably consistent in their ability and have achieved the necessary standards. Consequently, it may be that more than two athletes are included from some regions if they are of the correct calibre. Equally, if a region is unable to nominate suitable athletes then it is possible that fewer than two athletes are invited from that region. See below for 'qualifications'.
3. This camp is classed as a "Talent Identification Camp". Following the camp, some of the athletes will be selected to enter the Start development programme. Selection into the Start Programme will be

based on their performance at the camp, although the selectors will also look at the athletes' performances in the junior selection races that were held this spring. Previous performance and the views of the Regional Squad coaches will also be taken into account. Selection will always be based ultimately on perceived World Class potential. Invitations will not be issued to athletes who in the view of the selectors will not achieve the required level of competence within the time period of the programme.

Although one of the outcomes of the week will be the selection of athletes for the ongoing Start Programme, the aim of the week will still remain the teaching of orienteering skills in challenging terrain. This will provide an essential foundation for the future transition to orienteering competently in Scandinavia and elsewhere. The Lagganlia Outdoor Education Centre is very near some of the finest 'O' forests in Scotland, has good cooking facilities and is well equipped for dealing with groups of young people.

#### Cost

Junior athletes will be asked for a contribution of £150 each towards the cost of the week. Travel expenses will be reimbursed provided the method of travel has been agreed with the Tour Manager. It is hoped that Regions/Clubs/Local education authorities/etc will be able to provide financial assistance.

#### Qualifications

Regional Associations are invited to nominate junior athletes with the following qualifications:

- The athlete should reach the age of 14 during 2006. A separate camp is provided for 15 year olds; however regions may nominate 15 year olds as reserves if it is considered that the Lagganlia camp is appropriate.
- He/She must have attained Gold Standard, in their age class, at one of the spring GB junior selection races. Evidence of the standard must be enclosed with the return form (dates of events with course, winners time and the nominated junior's time). Reserves may be nominated if they are of the required standard, although it may not be possible to accommodate any of them.
- Attendants are expected to want to train twice daily.

#### Deadline

Regional nominations for Lagganlia should be submitted to the Start Programme Manager by 05 May 2006, following which the nominations will be submitted to the Junior Selections for the final selection procedure.

If you have any questions, please do not hesitate to contact me.

Kind Regards

Helen Winskill  
Start Programme Manager

email: [helen@britishorienteering.org.uk](mailto:helen@britishorienteering.org.uk)

## **Appendix 3**

### **BSOA Report**

#### **TRAINING CAMP**

It is proposed to run a training camp for pupils selected as a result of their performance at BSOC 06. This is a talent identification camp and is not aimed at successful regular orienteers, those in regional squads etc but e.g. for those who may be making up a three, irregular orienteers, those who may be capable of becoming good but don't have the support etc within school. Max 20 pupils involved. Probably aimed primarily at those who may be eligible for selection in the younger age class at ISF World Schools event in 2008.

Training dates – week before the JK would be a good time for the training which could include them taking part in the JK training and event. BSOA may look to BOF for help with coaches etc.

#### **ISF World Schools Orienteering Championships**

##### **Classic Race**

Forty nine British athletes competed in either the schools category or the select category. Ulverston Victoria High School were represented in three of the schools categories, Kingswood School, Bath in one and Biggar High School in another. Ulverston Victoria and Kingswood Schools along with the English select teams were selected from races held in November 2005 as part of the British Schools Orienteering Championships weekend. Biggar High School and a D2 select team representing Scotland are also competing at the championships.

The highlights were silver medals for Anne Edwards (D1 select) and Kate Farley (D2 school) along with a bronze medal for Peter Hodkinson (H2 select).

##### **Middle Race**

The races were run in very fast terrain with the only individual medal being gold won by Julia Blomquist in the D2 select class. Julia won by a huge margin of 2m 23s.

The team competition was also completed with some notable successes for the English & Scottish teams. The English D1 select team of Anne Edwards, Alice Butt, Emily Benham, Rebecca Hoare and Joanna Halliday have won the gold medal with the D2 select, H1 select and H2 select teams all collecting bronze medals. The Scottish D2 select team have finished fourth overall the same position achieved by the Kingswood School team in the H2 school class.

Ulverston Victoria High School has finished fifth in both the H1 school and D2 school classes, with their D1 school team finishing 6<sup>th</sup>.

Biggar High School finished tenth in the D2 school class.

Matt Crane VP

Steady trickle of awards for schools O.