

Meeting of
COACHING COMMITTEE
held on 18th June 2005 at the Waverley Hotel, Crewe

Management Committee is asked to NOTE:

- 05/25 A review of the Start Programme had been undertaken and a number of proposals accepted. Some recommendations were also made by the committee.
- 05/30 An advertisement is to be placed to recruit a new Junior Selector following the resignation of Susan Marsden. Resignation was in response to Coaching Committee's wish to see a turn over of selectors.

Minutes of the meeting of
COACHING COMMITTEE

Held on Saturday 18th June at the Waverley Hotel Crewe.

05/17 Welcome and Introductions.

Present: Hilary Palmer EM, Keith Marsden SE, Ruth Lockley WM, Jim Clarke BSOA and Ann Darlington WOA.

In attendance: Derek Allison Director of Coaching/NNAS

Keith Marsden agreed to chair the meeting in the absence of Andy Thornton.

05/18 Apologies: Phil Brown SCOA, Peter Christopher Vice Chairman, Andy Thornton Chair & SW, Steve McLean NW, Jenny Whitehead Coaching Manager, Ross McLennan SOA and Linda Thornton NEOA.

05/19 Minutes of the last meeting.

The minutes of the last meeting were approved.

05/20 05/04

03/52 The BOF Coach of the Year Award was presented at the British Championships and Jeff Butt from the SWOA was the winner; congratulations from Coaching Committee.

04/41 Rules Group had made recommendations to address the problems of lack of badge times in results.

04/42 Coaching Conference 2005. Jenny had still not received copies of presentations from the Conference for publication in Coaching News. Those that had been received would be published in the next edition.

Action JW

04/50 Southern T/A Seminar. Phil Brown was to identify an autumn date.

Action PB

SW BOF Coaching Day. Andy Thornton to identify a date.

Action AT

It was confirmed that attendants from BSOA member schools at BOF subsidised Coach education courses would be charged the same as BOF members. **Action DA/JW**

05/09 Young Leaders Award. Pauline Olivant provided a written report. The Award had been modularised to ease delivery. Resource materials had been developed along with tutor guidance notes suitable for inexperienced tutors. Pauline was to be thanked for her efforts. **Action DA**

It was hoped that the notes could be transferred to PowerPoint at sometime in the future.

Colin Best, Celia Watkinson and Jim Clarke had expressed an interest in future pilots. There was a need to pilot the scheme using secondary teachers trained to Level 1 standard to 'road test' the guidance notes and materials. Various people were suggested. **Action DA/HP/KM**

05/10 First Aid Course dates. These were still needed for the SW and YH Courses. **Action AT & SN**

It was suggested that the BOF Calendar of courses should include some guidance about which Coaching qualification the First Aid Courses satisfied.

Action JW

05/15 Approved Centres meeting. It was reported that 7 experienced tutors were expected to attend. It was noticed that some people may not have been invited; Keith Marsden and Andy Hemsted, Derek to follow up with Tony Dallimore.

Action DA

Level 2 FAQ's. Ross McLennan reported that he would record the Frequently asked questions at the Course he was delivering next weekend. **Action RM**

05/21 Update on funding.

SE had intimated a four year commitment to funding orienteering. Lord Carter, the Chairman of SE had invited Robin Field and Bob Roach to dinner in September along with the Chair and CEO of athletics, triathlon and netball.

A meeting was to be held between Robin Field, Derek Allison and UKSC on 6th July to discuss longer term funding.

As the funding was not now ring fenced coaching has to justify its support against other BOF programmes. There is a staff meeting set for 14th July at which it was expected to have an outline view of what the funding situation would be for 2006. Coaching to submit a 'standstill' budget plus an indication of the costs for developing the UKCC to which

we have an outline commitment. It was expected that the staff would recommend a budget to Management Committee to enable them to submit it to the September Council Meeting in good time for next year.

Action DA/PC

05/22 Reports from Regional Representatives.

NWOA reported that they had been invited to be part of the Lancashire Youth Games; this had stimulated interest across Lancashire. Two successful Level 1 Courses for Sports Development Staff and Youth Workers and for Club Orienteers had recently been held. The Club orienteers were expected to follow this up with a Level 2 Course.

SOA are running a Level 2 Course next weekend.

NEOA reported that Junior Coaching is flourishing in the Region with CLOK and NATO running courses for their members. CLOK's school coaching is beginning to deliver a small trickle of members. Claro and NN juniors have also been involved. The NEOA Junior Squad shared a training weekend with YHOA. A grade 3 controller's course had been held and there were efforts to encourage club members to train as Level 3 Coaches.

WMOA reported a full team being sent to the JIRC. WCH were continuing to be active. Peter Guillaume was renewing his coaching interest following the JK. HOC had held a successful Coaching day in April and had another set for September which would include a Level 3 planning course. There was a need for Level 1 & 2 Courses within the Region and it was suggested that the RDO could assist.

Action RL

Ruth Lockley reported that she was attending the 'Outdoor Classroom Conference' next Friday.

WOA reported that they were running a training camp to Bergen in Norway in August with 14 seniors and 14 juniors.

EMOA reported that their junior squad and parents were running the forthcoming JIRC.

SEOA reported gradual recovery from the World Cup but were now focussing on BOC 2006. The Regional Junior Squad continued to meet monthly and some 'parent education' was being undertaken. There were still problems with delivering sufficient Level 1 & 2 courses in the Region. Helen Errington had run a Level 1 course for active football coaches expecting to run after school clubs; it was pointed out that it was important that the attendants understood the need for quality school maps wherever they ran the courses and that 'exit routes' and contacts with the local club were important. Approximately 7 Clubs were working towards clubmark and Level 2 & 3 Controllers courses and Level

2 organiser's courses were planned.

It was reported that there was 'Development' money available for Level 1 & 2 Coach Education Courses for BOF members but that a long lead in time to ensure a full attendance was needed.

Action All

05/23 Junior Competitions Steering Group.

Corresponding members. It was noted that corresponding members only needed to be able to contribute to email discussions and report to their regions; attending meetings was not necessary. **Action All**

Junior Inter Regional Championships. The fixture was set for either the last weekend in June or the first in July. It was reported that next year the English GCSE exams would run until the end of June. Next year's event will be in the SCOA Region and it was expected that ground nesting birds may mean the event is in July. It was decided to ask the Team Managers at next weekend's fixture to discuss the issue.

Action HP

Yvette Baker Trophy. There was a new issue with juniors now being able to achieve gold badges through two routes; there had been an email discussion of JGSC to resolve the issue and it would be sorted by the end of July. It was expected that a student would be employed to undertake the calculations over eligibility for courses.

Action HP

ECSG. Hilary Palmer reported that the FCC races would be decided shortly and the principle was where possible to have a geographical spread, double headers and not consecutive weekends. Four scores from eight would count.

Action HP

The 2005 Junior Team Relay was reported to be back on track for a SCOA venue; it was hoped that the entry form could be published before the end of July to enable teams to commit before the summer holidays.

Action KM

05/24 Coaching Conference 2006.

Jenny had not completed the preliminary work on the programme but it was already much further ahead than the 2005 Conference. Jenny was asked to circulate the draft programme by email for comment. **Action JW**

Jim Clarke asked if some of the sessions could be more detailed; it was suggested he contact Jenny to discuss.

Action JC

05/25 Start Programme Review.

The Committee complimented Helen on her report; Derek to pass on their thanks.

Action DA

It was suggested that effort be made to reintroduce a personal performance course in the Lake District next spring for any BOF member.

Action DA

The following were agreed:

It was important that all youngsters on a camp where at least of a standard that the risk of them becoming 'lost' was reduced to a minimum. Some of the forests used in both Scotland and Scandinavia are vast. Having said that it was acknowledged that as a guide there should be at least 4 of each sex on a camp.

A joint weekend in the autumn with some separate sessions to cater for the different ages was desirable. This weekend would concentrate on planning and training and effort should be made to have 1-2-1's with all the athletes. A fitness 'test' should also be included.

It was suggested that the Lagganlia fitness tests be repeated at Glenmore.

Helen was asked to produce a standard report format and that feedback should be given preferably after each Start activity or at the end of the year.

We need to publicise that athletes are selected for the Start squad for 1 year and that a new Start squad is selected every year.

There needs to be better communication between the Start coaches/staff and Regional junior squad and personal coaches and parents.

The Selectors need to be 'steered' to retain members who have been ill or injured at the times of the selection races. There should be an illness/injury report form on the website for athletes to complete and submit.

It was agreed that selection for the Start squad should be made in the autumn to take into account the summer tour reports.

Personal contributions to the programme should be introduced if possible under the current funding structure.

Additional coaching weekends would improve the programme.

The sponsorship support needs to be 'announced' again and publicised more widely. The fleece should be free to coaches.

More coaches should be specifically invited to be involved in the

programme and more recognition given to those giving up time to help.

An annual Lead Coaches/Start Programme manager meeting would be a good idea to further develop the programme.

Although not all actions for Helen; she was to be asked to follow them all up. **Action HW**

05/26 Development Committee Report.

Keith's written report was accepted. He drew attention to the effect of the adoption of the ageless badge scheme in removing a 'development rung'.

This effect would be monitored. **Action All**

05/27 Coaching Award Scheme inc UKCC:

It was expected that the UKCC would be discussed at the forthcoming 1st 4sport meeting of BOF Tutors.

It was agreed to circulate a leaflet about the UKCC proposals. **Action DA**

05/28 National Navigation Award Scheme report – Derek Allison

The 10 year certificates had been well received. It was reported that progress towards Ltd Co status was still being pursued. The annual Conference was scheduled for Bury for the 26th November. The account shows a current balance for £16,000. An article had appeared in the D of E magazine and was being edited for inclusion in the Scout and Guide magazines.

05/29 British Schools Orienteering Association report – Jim Clarke

Hilary Palmer is to attend the meeting with the School Sport Competition Managers. The Young Leaders Award had been welcomed. The selection guidelines for the World School Championships are to be published in the forthcoming Route Choice 5. Peter Christopher will lead the team. There were some concerns about the Saturday selection race. The BSSC seems to be 'on track'.

05/30 Junior Selectors.

Susan Marsden had resigned following the suggestion of a slow turnover of Selectors being desirable. An advert to be put on the website and circulated to coaching committee and Regional Junior Squad Coordinators. Andy Thornton and Bill Stevenson will make the decision.

Action DA/AT/BS

There was concern that some of the 2nd nominations for Lagganlia from some Associations were not of sufficient standard. It was agreed that the 14's be encouraged to attend the nominated selection races to demonstrate their 'gold' standard. This would also be useful 'All known form' for the autumn selections.

Action DA/HW

The selection criteria previously hadn't included a 'sex balance'. This year one camp initially only had 3 females; this had been addressed and comments included in the Start report.

There had been an appeal against the selections; this had been rejected although a number of recommendations had been made. **Action DA/BS**

05/31 Director of Coaching (matters not covered elsewhere)

None.

05/32 Any other business

It was requested that 'New items' on the website be announced with a 'news flash' on the front page. **Action DA**

It was agreed that the committee would like the contact information on the website to be YHOacoaching@britishorienteering.org.uk and this would then be automatically redirected.

Action DA

Telephone numbers may be given out in respect of a specific enquiry.

M16S courses had been referred to Rules Group but had been rejected.

Expense claim forms are available on the website. **Action All**

05/33 Dates of next meetings

12th November 2005, 11th March 2006, 24th June 2006, 11th November 2006.