

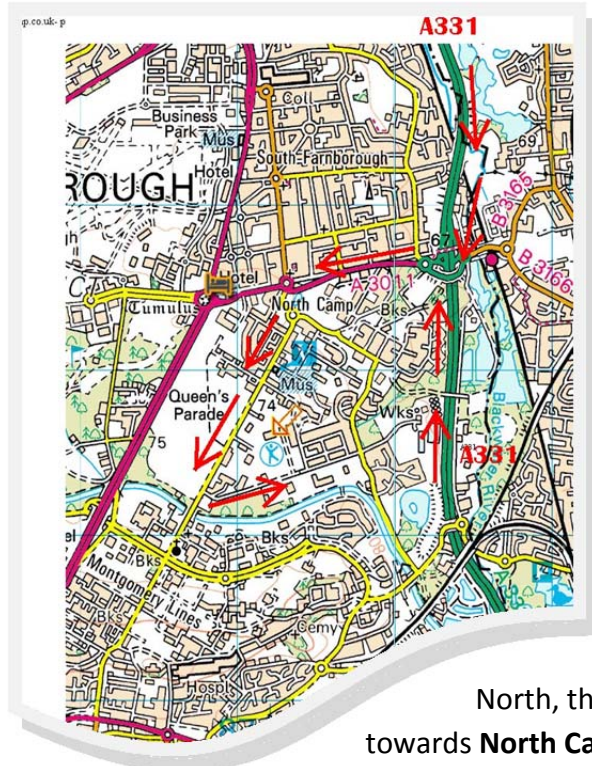


British Orienteering Championships 2015

Event Programme

British Orienteering Sprint Championships - Saturday 9th May 2015

BAOC (with help from BADO, SARUM, SN & SOC) and SCOA welcome you to the British Sprint Distance Championships at Aldershot Garrison on Saturday 09th May 2015.



Directions

The event centre is the Aldershot Garrison Sports Centre, Rawlinson Road, Aldershot, Hampshire, GU11 2LB

Tel No: 01252 347724; Grid: SU873527

Lat (WGS84) N51:16:02 (51.267) Long (WGS84) W0:44:58 (-0,749)

From the North, West or East

Leave the M3 motorway at Junction 4, signed Camberley/Farnborough. Exit onto **Blackwater Valley Route (A331)**.

Follow Brown Tourist signs towards BIRDWORLD

(DO NOT TAKE THE 1st EXIT OFF BLACKWATER VALLEY ROUTE)

Instead take the 3rd exit- signed to Aldershot Military Town North, then cross back over the A331 and first left into **Lynchford Road** towards **North Camp (A3011)**. Follow signs to Aldershot Military Town North. At next roundabout turn left into **Redvers Buller Road** then right down **Queens Avenue**.

Go past the two sports stadiums on the left and with the sports pitches on your right, turn left into Prince's Avenue at the traffic lights beside Fox Lines and continue to the car parks at the end.

From the South

Coming from A31, exit north onto **Blackwater Valley Route (A331)** and then take the 2nd exit, **North Camp (A3011)** into **Lynchford Road**, then as above.

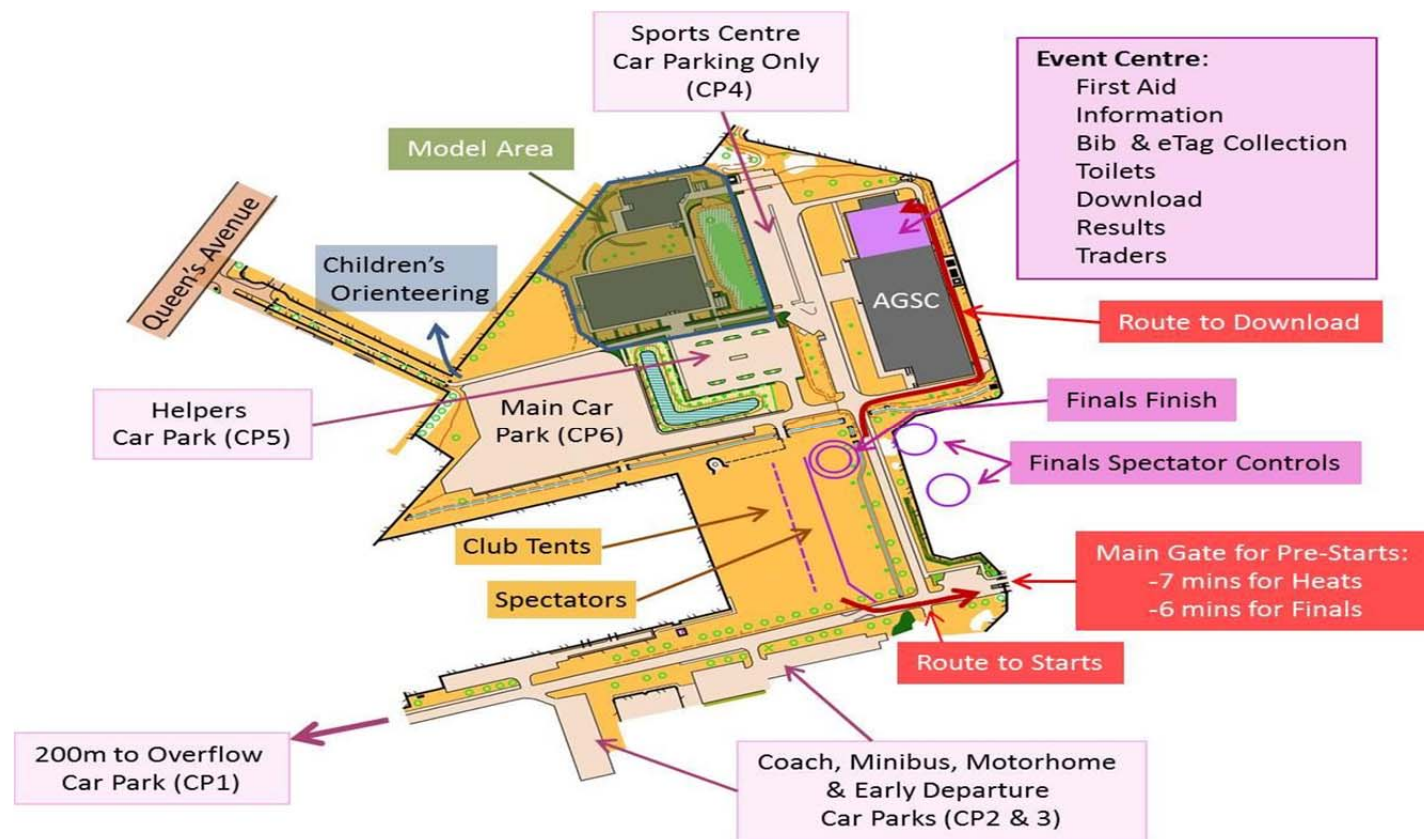
If you are bringing a coach, please let the organiser know, ideally by email at least 3 days before the event.



Parking areas (see map below)

When going from the car park into the Sports Centre please take care as there may be the odd vehicle entering CP4 outside the Sports Centre. Registration etc are all in the sports hall, which can be accessed directly from outside, or from the main entrance by turning left into the hall:-

There is no charge for Car Parking.



The overflow car park is CP1 beside the traffic Lights off Queen's Avenue

PLEASE note there will be no exit from CP 5 or 6 during the running of the Finals as all courses cross the entry road to those car parks. If you want to leave early then you need to park in CP1, 2 or 3.

Club Tents & Banners

There is a grassed area shown above beside the run in where club tents/ banners may be erected. Please do not obstruct the walk area immediately in front of the tents; this is to allow all to get a good view of the run in. Be aware that a flock of Canada Geese normally frequent the location so there will be some bird droppings on the grass. The area is reached over a small bridge from CP6 which is across a ditch. Please keep children away from the ditch. The finish arch for the finals is in the corner of this field.

Event Centre

The Event Centre is in the large Hall at the north end of the Aldershot Garrison Sports Centre (AGSC), which can be accessed directly from the car park. The 50m swimming pool and squash courts are unfortunately not be available to competitors. The main hall is usually used for badminton, basketball etc and so has a wooden floor so please be sensible and **do not enter with spikes, or muddy shoes**. Download, BOF display, traders, registration, enquiries and everything else will all be located in this hall. BOF will also have their Xplorer activity available for all to try.

Tom's Burger van will be located in the assembly area. *Aspire* the contractors will be providing other outdoor catering just outside the Sports Centre.

The barracks area where the competition is taking place is OOB to all but competitors, the military

guards on the gate will only admit competitors in running gear, wearing a race number and if they are shown on the official start list. For this reason there will be no EOD for any course. The entrance to the barracks (Mons Gate) is the first part of the start call-up. It is -7mins for the Heats and -6 mins for the Finals. Parents/Guardians will not be able to accompany juniors to the start unless they are competing themselves and therefore have a race number. Obviously shadowing is not allowed at a championship event. The routes to the starts are secure and inside the barracks fence.

SARUM OC will be providing children's activities - ***Children's Mini - Orienteering - Come & have a go at the Amazing Maze and tackle the Animal Challenge! Try an Orienteering course, just like the big Orienteers! Complete all three activities and get a certificate & a goody! The Children's area is sited in the Rugby Stadium (entrance at the western edge of the main car). It will be open from 10.30am until about 2.30pm; it is free but we expect the children to be accompanied by an adult (NB it is not a crèche!).***

Facilities

We have full use of the Sports Centre facilities, other than the pool and wet changing rooms and squash courts. There will be childrens' swimming classes on during the day so there is no access to the wet changing rooms, but the toilets in the dry changing rooms can be used.

First Aid points In the small office in the main hall entrance and by the medical vehicle outside.

Race Number Bibs: collect from Registration point and complete the medical information on the back if the organisers need to be aware of any medical condition/allergy you might have. **Safety pins provided.**

EMIT ETags: These will be issued with your race number, your etag number is printed on the race number.

Start times for the heats will be displayed on boards near registration as well as online beforehand.

Toilets: in Sports Centre, changing rooms just outside the hall entrance and behind the first aid point.

Download: Competitors must follow the taped route and walk around the back of the sports centre building when returning from the Heats and Finals and enter the back door of the sports centre directly into download. Please do not wander off and talk to friends, go directly to download. Maps will be collected at the Finish after the Heats and will be collected at download for the Finals, until the last starters are out. In the event of a possible dispute after the heats then the competitor will be allowed to retain their map until they get to download, it should not be shown to anyone.

Information Desk in the main hall.

Ultrasport and CompassPoint will be present. Aspire will provide catering outside the sports centre, Tom's Bratty Wagon/Burger Bar will be in the Assembly

Security

The Sprints are being held within the main Aldershot barracks area by the kind permission of the Garrison Commander, but the sports centre and car parks etc are outside the secure barracks area. Obviously recent terrorist activities have resulted in an increased alert state for the military and at one stage the event was in danger of cancellation.

As a result only competitors will be allowed into the main barracks area just before their start time, spectators are not allowed into the barracks area so don't bother even trying, entry will be strictly controlled.

Whilst in the barracks waiting to start competitors should not wander off the signed routes and whilst competing no attempt should be made to enter any building or to cross any high fences, the courses do not require that. Please stay off any form of military equipment/monuments. There will be warning notices around the barracks and military personnel will have been warned about the event.

Safety

Any competitor with a known **medical condition** that could give rise to a safety risk may leave information at the Information Desk in the sports centre in a sealed envelope marked with their name and should make sure that they complete the medical information on the back of their race number bib.

The barracks and sports centre will be open as normal on the day of the competition and there will be other events taking place, such as the Rushmoor Park Run, swimming lessons and possibly tennis and hockey matches. Please observe the speed limit of 20 mph when driving to and from the car park.

Traffic

There are rumble strips and speed bumps as traffic calming measures. Traffic on this access road is very light although there will be the odd person making their way to the swimming pool car park number 4.

Traffic will be limited throughout the competition areas **and, as it is the same day as the Army v Navy rugby match at Twickenham, fewer cars than usual will be present.** All vehicles entering each barracks will be advised to watch out for runners; notices have been published before the event. For the Heats, there are two roads that will be in use by inhabitants to/from car parks; these are on the map but external to the very great majority of all courses.

For the Finals, there is a more complicated road system, but minimal traffic is expected. The very longest courses only will pass across a second controlled vehicle entrance, where more traffic may be seen. All courses will exit the barracks just before the Finish through the Mons Barracks Main Gate: the pedestrian and northern vehicle gates will be open (and shown as such on the map) for orienteers to pass through; the southern gate will be used for vehicles to enter the barracks and shown as closed on the map. There is a public road, only to the Sports Centre, just before the final control on all courses; this will be marshalled to avoid delay to runners. The Pre-Starts will have supervised road crossings between -3 and -2 (Heats) and -2 and -1 (Finals).

Reminder: For safety reasons, competitors must not move their vehicles for the duration of the Finals: 13:45 - 15:20, unless they are in CP1, 2 or 3.

Terrain (Please observe all Out Of Bounds Areas)

Aldershot Garrison is in the midst of substantial redevelopment, with a mix of the new and retained old buildings. Work in the barracks that we are using for the Sprints has been completed in the past 8 years. Many of the new buildings are similar to each other, following template designs; the older buildings have a distinctly different character. Landscaping is varied, but generally immature (but further advanced than shown on Google Earth).

There are many individual saplings, sometimes as small as 5 cm in trunk diameter, which have been included on the map. They have been mapped as Small Trees (Green Dot). Where used as control sites the flag is not hidden! The 'Prominent Tree' symbol (Green Circle) has been used for single mature trees with a trunk greater than 30cm in diameter.



Hedges have been planted along fence lines; these have been mapped as either impassable hedges or impassable fences, dependent on which feature will be more apparent to the runner.

On occasion, plastic fencing, and red/white tape in gaps, will be used to reinforce the impassibility of these features, without being depicted on the map.

Where there are gaps that may be used, for example between hedges and buildings, these have been exaggerated to be obvious on the map (min 0.4mm gap).



Generally the Impassable Vegetation (Black/Green ISSOM 421) screen has been used to depict a range of vegetation types, from low planting through to mature bushes, rather than the Olive Green (ISSOM 528.1) Area of Forbidden Access, as it is clearer on the map in small areas. Neither feature (ISSOM 421 or 528.1) may be crossed within the Rules. Plastic fencing is being used to provide barriers for purposes of the competition and must never be crossed.

Rough Open land (ISSOM 403) has been used to depict some low vegetation (probably hostas) between buildings, to which the inhabitants have shown little respect, so there is no reason for us (a) to make it impassable or (b) to try to monitor illegal crossings.

This extract also shows the spiral fire escapes



Bicycle sheds prevail across the area to this general design:

About half the routes between controls will be mostly run on mown grass. The remainder will be on paving. In the Finals there are two 50m woodland paths that will be route options for all courses, except the shortest (7B).



Areas forbidden to access or features forbidden to cross, penalised by disqualification:

- Private or cultivated land (OOB)
- Temporary Out of Bounds
- Vegetation - Forbidden to Cross
- Hedge - Forbidden to Cross
- Wall - Forbidden to Cross
- Fence - Forbidden to Cross

Special Symbols used:

Map Symbol	Map Description	Explanation
	Individual tree, trunk >30cm	Single mature tree with a trunk more than 0.3m in diameter
	Small tree/sapling or bush	Mainly saplings
	Rootstock	
	Military Item	Fixed vehicle, weapon or Physical Training (PT) Frame

○	Seat	Wooden table and fixed benches
⊙	Memorial	
⊕	Fire Escape	Spiral metal staircase external to buildings
⦿	Boot Washing Station	Metal post with (non-potable) water supply

COMPLAINTS AND PROTESTS:

British Orienteering Rules apply. Any Complaint should be made in writing to the Organiser, using the Complaint form provided, and handed in at the Problem Desk in the Download area as soon as possible. The complaint should be made as soon as possible and by 12:30 at the latest for Heats and 15:30 at the latest for the Finals.

The Organiser will decide on the outcome and inform the complainant of the result as soon as possible. There is no fee for making a complaint.

If the runner is not satisfied with the result of the Complaint, a Protest can be made against the organiser’s decision no later than 15 minutes after that decision has been given to the runner.

The Protest must be in writing and handed in at the Problem Desk in the Download area. It will immediately be forwarded to the Controller who will discuss it with the Organiser. If the Protest is still not upheld, it will be handled by the Jury, who will communicate their decision to the complainant as soon as possible. There is no fee for making a Protest.

Terrain Dangers:

No controls have been placed close to the spiral fire escapes, as there is a danger of head height collision if orienteers are running eyes down looking at the map.



Fire escapes will be taped to reduce the possibility of running into them where possible routes pass under them.

No holes in the ground have been found that may catch runners by surprise. Small urban furniture (e.g. bicycle racks, electrical boxes) have not been mapped, so keep watching the ground ahead.

Where there are likely routes in opposite directions around tight building corners, a traffic cone will force runners a bit wider around the corner to ensure more visibility. In spite of this, some collisions

may be unavoidable if orienteers are inattentive! Apart from narrow gaps between vegetation/fences and buildings, there are no constrictive passages that will prevent runners passing each other freely.

Emit Touch-Free Controls and emiTags:

IOF have approved the Emit Touch-Free system (2014 version) for use at all events, consisting of an electronic control and a wrist/hand-carried control card, called an emiTag. The system will be available for trial use at both the training event on Friday evening and at the controls in the Model Area.

The system to be used at the Sprint Championships consists of the 23 x 17 x 3cm Touch-Free Pro (TFP) control unit pictured right. This has a maximum communication range of about 70cm, dependent on the orientation of the emiTag. However, it is highly recommended, particularly when 'punching' at speed, that the emiTag is passed within 30cm of the control face; the emiTag must be within range of the TFP for at least 0.07 seconds in order to record a 'punch'. Several people can 'punch' at the same time as long as within range and each eTag will record correctly. If you run close past another control it will also record, but the emiTag can hold 500 reads, so this is not a problem.



Most controls will be mounted horizontally on standard aluminium stake; occasionally they will be hung vertically e.g. on the side of a building. They will always be used in conjunction with a standard orienteering kite, hung below, and a back-up pin punch as per the SI back-up system as Emit back-up cards do not apply for a touch-free system. All controls are in the number range 100-199.



The emiTag is mounted on a 20cm Velcro strap to be carried either around the wrist or the hand. Visible from the front when a 'punch' has been recorded is a bright LED, which will flash for 10 seconds, rapidly at first, when a punch has been recorded.

If the competitor remains within range it will continue to flash. There is no need to ensure that it flashes for 10 seconds – one quick look is all that is required. The etag can be worn on the wrist or wrapped around the hand so the etag sits between thumb and forefinger, or it can be wrapped around the middle 2 fingers and used as a dibber.



The emiTag will be started before the start line (at -4 minutes) in order to clear the card and start the internal clock. The LED will flash to indicate that this has occurred correctly.

LED

It is the competitor's responsibility to ensure that their emiTag has been correctly activated at the Start and that a correct 'punch' has been recorded at each control, by checking that the emiTag LED flashes.

Should the flashing LED not be seen for any reason, competitors must use the standard pin punch attached to each control to record the punch on the map in one of the Reserve Punch Boxes. If this occurs in the Heats, the competitor is to inform a Finish Marshal, who will seal the map in an envelope so that it can be taken to Download. In the Finals, all maps will be carried by competitors to Download. Reinstatement for a missing electronic record of visiting a control will only be achieved if the competitor has used the correct pin punch.

EmiTags are to be collected from Registration with the Competitor Number. If not running in the Finals or the Middle Championships, please hand back the emiTag at Download after the Heats. If running in the Middle Championships, retain the same emiTag for that competition. Failure to return an emiTag will incur a charge of £45.

Model Area:













A small Model Area with 3 Touch-free controls will be available beside Car Park 5 from 0930 - 1200 hrs. Maps (free) will be available in the Event Centre. This is mapped and planned to the same criteria as the main event.

Control Descriptions:

Loose Control Description sheets will be available at the Start at -2 mins; they will also be shown on the map. Only Control Numbers, not codes, will be shown on the map. IOF Pictorial Control Descriptions will be used for all courses.

The IOF Control Description symbol for a Special Item (a Cross) is used to denote a Military Item.

The following IOF Control Description symbols will be used on the M/W10 courses:

IOF Symbo l	Written Description	IOF Symbol	Written Description
	Building		Fence
	Linear Thicket (= Hedge)		Open Area
	Path/Track		Road
	Special Item – PT Frame		Spur
	Stairway / Steps		Thicket
	Tree (Large or Small)		Wall

Map and Course Descriptions

The map scale is 1:4000 and the contour interval is 2.5 m. The competition maps have been printed by BML Printers Ltd on waterproof A4 paper. Control descriptions will be on the map and loose in the start boxes.

Course Details:

Course lengths have been measured along the optimal route and not the straight line, following IOF rather than BO Rules, as this is more meaningful.

Start Procedure:

Competition numbers are to be worn by all starters on their chests in both the Heats and Finals. Those who qualify for the Open Class A Finals only are to collect fresh numbers, which will be in reverse numerical order (the lowest starting last), from Registration as soon as the Finals Start Lists are published.

There will be one Start for the Heats and a different Start for the Finals. Both are accessed through the Mons Barracks Main gate, which will be the First Pre-Start call-up at -7 minutes for the Heats and -6 minutes for the Finals. Routes will then be taped:

Mons Barracks Main Gate


First Call-up:

Heats: -7 min; Finals: -6 min

Distance to Start Area:

Heats: 280m

Finals: 70m



-5 min	Final Call-up				<div>Late</div> <div>Start</div> <div>Lane</div> <div>(Start at +30sec)</div>
-4 min	Clear/start emiTag & Check Competitor No				
-3 min	Blank Maps available				
	Cross Road				
-2 min	Collect Loose Control Descriptions				
		Cross Road			
-1 min	Final Check of Competitor Number				
-30 sec	Move to Map Table				
Heats:			Finals:		
Right: Heat 3 Cses 2 - 6 & Cse 8	Middle: Heat 2 Courses 1 - 7	Left: Heat 1 Courses 1 - 7	Right: Courses 3B - 7B, 1C - 5C	Left: Courses 1A - 8A, 1B & 2B	

EmiTags will be cleared and started as part of the Start procedure at -4 minutes.

Maps will be presented to competitors underneath the map boxes on tables. The Course Number will be clearly visible, to be checked against the Course and Class details on the map box. For the Heats, maps will be presented with Part 1 uppermost. For the Finals, the maps will be presented uppermost, but turned away from the competitor.

Competitors may move to the map tables at -30 seconds. Only on the long beep may they draw the map from underneath the map box.

Late Starters:

Competitors who are late for their allocated Start Time should report to the Late Start official on the left hand side of the Start Area. They will be passed through the start procedure as swiftly as possible and will be allowed to start at the next available 30 second slot, without interfering with other competitors. Their actual start time will be recorded by punching a separate unit in case a complaint by the competitor is upheld by the Organiser or Race Jury; until then their race time will have started at their allocated start time.

Heats Course Details:

All courses except M/W10 will have two parts: Part 2 will be printed on the back of the map. Maps will be issued with Part 1 uppermost. The Start Triangle for Part 2 will be coincidental with the circle for last control on Part 1.

Heat courses will close at 1230 hrs. All are to have downloaded by 1240 hrs to qualify for Finals.

Classes:		Course:	Length (km):	Height Climb (m):	No of Controls:
Men	Women				
Men Open		1.1	3.7	30	26
		1.2	3.6	30	27
M16, M35, M40, M45		2.1	3.3	30	23
		2.2	3.5	30	26
		2.3	3.3	30	26
M50	Women Open	3.1	3.2	30	23
		3.2	3.2	30	24
		3.3	3.1	30	22
M14, M55	W16, W35	4.1	2.9	30	20
		4.2	2.9	30	24
M60	W40, W45, W50	5.1	2.8	25	19
		5.2	2.8	30	22
		5.3	2.9	25	23
M12, M65, M70	W14, W55	6.1	2.4	30	19
		6.2	2.4	30	18
		6.3	2.4	25	21
M75, M80, M85, M90	W12, W60, W65, W70, W75, W80, W85	7.1	2.0	30	17
		7.2	2.0	20	18
M10	W10	8	1.7	25	23

Finals Course Details:

All courses consist of only one part. Maps will be issued facing upwards, but away from the competitor.

Classes:		Course:	Length (km):	Height Climb (m):	No of Controls:
Men	Women				
Men Open		1A	3.8	35	23
		1B	3.4	35	23
		1C	3.0	30	19
M16, M35, M40, M45		2A	3.3	40	22
		2B	3.1	30	19
		2C	2.7	30	19
M50	Women Open	3A	3.2	30	20
		3B	3.0	30	20
		3C	2.5	30	18
M14, M55	W16, W35	4A	2.9	35	20
		4B	2.7	30	18
M60	W40, W45, W50	5A	2.8	30	19
		5B	2.4	30	18
		5C	2.2	25	17
M12, M65, M70	W14, W55	6A	2.4	30	17
		6B	2.2	25	19
M75, M80, M85, M90	W12, W60, W65, W70, W75, W80, W85	7A	2.0	25	18
		7B	2.0	5	16
M10	W10	8A	2.1	20	26

Final courses will close at 1530 hrs. All are to have downloaded by 1540 hrs.

Qualifying Criteria: Extract from BO Competition Rule C dated January 2014:

- 7.4.1 The best competitors from each qualification race heat qualify for the A-final of their class. The next best competitors from each qualification race heat qualify for the B-final and so on.
- 7.4.2 If there are 36 or more entrants in a class, the number of qualifiers from each heat to the A-final will be equal and will be calculated so that the total number of qualifiers is 18, or the lowest possible number above 18 (it would be 20 if the need exists to have 4 or 5 heats instead of 3).
- 7.4.3 If there are from 6 to 35 entrants, number of qualifiers from each heat to A-final will be equal. They will split as equally as possible between A-final and a B-final, with A-final having at least half the total number of entrants.
- 7.4.4 If there are fewer than 6 entrants, then all who successfully complete the qualification race will compete in the A-final. Those who do not successfully complete the qualification race (for example do not start or mis-punch) may compete as a first starter in the A final. They will not be placed in the Championships results however (although will be eligible for Ranking points).
- 7.4.5 If two or more competitors tie for a place in a final, all of them will qualify for that final. This will have the effect of reducing the number of qualifiers from that heat in the next ranked Final down.
- 7.4.6 An entrant is defined as any competitor who appears on the entry list as published at a pre-announced time, usually the final closing date for entries.
- 7.4.7 The starting order of the A Final will be the reverse of the positions in the heats so that the best competitors start last. Competitors with the same position in the different parallel heats will start in the sequence of the number of their heat, i.e. third place in heat one starts before third place in heat 2, etc. Ties in a heat will be decided by drawing lots, e.g. if two competitors tie for 4th place in heat 1, a coin could be tossed to determine who has position 4 and who has position 5 in heat 1 for the purposes of this rule.
- 7.5.4 Competitors who did not successfully complete their qualification heat (for example did not start or mis-punched) will start first in the lowest ranked final for their age class. They will not be placed in the Championships results however (although will be eligible for Ranking points).

Heat Start Times:

Start times for the Heats are available on www.Fabian4.co.uk (posted 1 May 15). They have been allocated based on the BOF Ranking List and will not be changed. A diagrammatic representation of the Start Time ranges for each Class between 1100 and 1200 hrs is:

Time	1100	1105	1110	1115	1120	1125	1130	1135	1140	1145	1150	1155	1200
Heat													
1.1			MOpen										
1.2			MOpen										
2.1		M16			M40		M45					M35	
2.2		M16			M40		M45					M35	
2.3		M16			M40		M45						
3.1		M50					WOpen						
3.2		M50					WOpen						
3.3		M50					WOpen						
4.1	W35	M14	W16				M55						
4.2		M14	W16				M55						
5.1			M60				W50			W45			
5.2	W40		M60				W50			W45			
5.3	W40		M60				W50			W45			
6.1	M70						W55	M65					
6.2	M70		W14		M12		W55	M65					

Finish:

There will be a 'run-through' Finish. The 'run-through' Finish consists of a magnetic field that automatically registers each emiTag as it crosses the finish-line under the arch. This means there is no need to physically punch at the control just after the Finish line, just sprint through the arch, unless of course your etag does not flash, in which case you should manually punch to prove you have been to the finish. The photographic back-up system will then be used to recover an exact finish time for you. Please also be aware that there will be a photographer taking pictures of all finishers as part of the back-up system, so smile as you cross the line! These photos will be available to purchase on-line from Monday 11th at http://bit.ly/BritishOrienteering_Sprint-Champs-2015-Gallery



“The Heats Finish is within 150m of the Start. On finishing, competitors are to place their maps in named club bags, unless any-one has had to use a pin punch, in which case this is to be declared to Finish Officials. These maps will be sealed in an envelope to be taken by the competitor to Download. All finishers are to proceed promptly back to Download via the same route taken to the Start; do not dawdle, do not return to your car; do not buy refreshments, pass Go or Collect £200! Starting the Finals on time is dependent on this. The approach to Download is round the back of the Sport Centre – see Event Area Map. Download will close at 1240 hrs. Maps will not be collected re-claimed. No water is provided on the courses, or at the Finish.

The Finals Finish is in the assembly area field. Competitors will exit Mons gate as part of their course to punch a final control on the edge of the assembly field. After finishing all competitors are to again follow the taped route round the back of the Sports Centre, as per the heats, to reach Download in the Main Hall. Please go straight to Download. Maps will be collected in the named club bags at Download. After the last Open A Final starters have departed (c 1505 hrs), maps will not be collected and may be reclaimed from the club bags.”

Radio Controls:

There will be a radio control on the following Finals courses to be relayed to the Commentary Team: 1A (Men Open); 3A (M50 & Women Open).

Spectator Controls:

There will be a common control inside the barracks but visible from the Finish Area on all Final courses, except for M/W10, which has a separate, closer one. These are approximately 400m and 300m running distance respectively from the finish.

Dogs

Dogs are allowed in the areas outside the actual competition area, which is within the barracks, except they are not allowed in the sports centre building and they are not allowed in the map demo area north of Car Park 5 around the rehab centre. Dogs in the assembly area should be kept on a lead.

Race Jury:

The Race Jury will consist of 3 Grade A Controllers:

Adrian Barnes, David Rosen & Graeme Ackland

Eligibility

To be eligible to be a British Champion, an individual competitor must on the day immediately preceding the day of competition in question be a member of British Orienteering and: either be a British citizen; or have been a member of British Orienteering in each of the three membership years preceding the year of the competition.

For Juniors who are not British citizens, the membership criteria will be as specified below:

Age on 31st Dec in year of competition	British Orienteering membership criterion
10 or under	Member on day before the day of competition
11	Member on day before the day of competition and in previous year
12	Member on day before the day of competition and in previous two years
13 and over	As for seniors (above)

As well as the British Sprint Championships, this event is a round of the UK Orienteering League.



Results

Once you have successfully downloaded please move away from the download area to avoid congestion. Results will be displayed in the sports hall near to download and will also be available online at the Brit Sprints website ASAP after the event at www.britishsprintchamps.org.uk/page/results

Prize Giving

This will take place on the grass outside the sport centre or in the event of inclement weather in the main hall as soon as possible after the finals finish; approximately 16:00. Please support the presentation by your presence!

BOF supply the prizes for the event, EMIT-UK are kindly providing additional sponsor's prizes in the form of sports watches or loggers as prizes for the winners in each A class.

Training Event – Friday 8 May

To give competitors the opportunity to practice with the touch-free system a training event has been arranged on a new map of the old Buller barracks area, south of the canal, which has been drawn up by the same mapper as for the Sprints (Hugh Drummond) and is a similar area to the Sprints.

This old barracks area has been handed back to the council and is outside the military confines and is therefore easier to access. 20 Touch-free controls will be out on the area on the evening of Fri 8 May from 1700-2000hrs, they have been connected in the form of a M35 course, and maps will be available from registration in the sports centre from 1630hrs at no cost. Competitors will first need to collect their race number and etag from the registration desk and they will then be given a map if required.

Parking is in the event car park and competitors should then either jog down to the training area, which is south down Queens's Avenue to the large church by the traffic lights, or if feeling lazy you can drive down and see if there is a parking space by the church. Nearest Postcode GU11 2BY or Grid SU 486152. The only entrance to the area is a small pedestrian gate in the fence opposite the church, Look for the START sign on the fence opposite. Please take extreme care when crossing at the traffic lights beside the church.

SN are kindly running this event and competitors will also need to book in and out at the registration point in the church car park for safety reasons. A download facility will also be provided back in the registration hall.

The training area will also be open from 0900-1100hrs on Sat 9 May for those wishing to do a warm-up run or try out the map, there will be no controls out for this period though.

For those unable to make the training event, there is a Model Area map provided beside car park 5 on the Sat morning. Maps for both areas are available at registration.

Officials & Clubs

Organiser:	Allan Farrington	BAOC	07747 446600
Planners:	Charles Bromley Gardner	BAOC	
	Sarah Rollins:	BAOC	
Controller:	David May	SLOW	
Assistant Controller:	Chris Huthwaite	BAOC/SARUM	
Security/Safety Officer:	Ian Prosser	BAOC	
Training Event:	Sarah Francis & Sue Bett	SN	
Children's Activities:	Liz Yeadon	SARUM	
Car Parking:	Andy MacGregor	BADO	
Download & Results:	Ian Moran	SOC	
Jurors	Adrian Barnes	David Rosen	Graeme Ackland

70th Anniversary of Victory in Europe (VE) Day (VE Day 70):

The national celebration of the 70th anniversary of Victory in Europe on 8th May 1945 takes place over the weekend, including 9th May as the Day of Celebration. VE Day 70 represents an important milestone in the history of the UK and world. It is an opportunity to remember the sacrifice and sheer determination of the people who saw us through this dark period, to give thanks to those who so bravely played their part and to celebrate peace and reconciliation.

Most of the local celebrations will take place in Aldershot town centre, with a 'Victory Day Parade' procession from 11am, a vintage fair selling antiques and memorabilia, a classic car show, live music and 1940s entertainment, and a wartime exhibition from 10am – 5pm. The Aldershot Military Museum, just northwest of our competition area along Queens Avenue, will be open between 11am – 4pm. More details are available at:

<http://www.rushmoor.gov.uk/VEDay> .

Along with other sporting clubs and events, the British Sprint Orienteering Championships will play a role in recognising this commemoration at the start of the Prize-giving.

Local Places to Go and Things to See:

Museums, wildlife centres, reserves, waterways, historic sites, homes, gardens, theatres, activity centres:

<http://www.rushmoor.gov.uk/article/3362/Places-to-go-and-things-to-see>

The Royal Army Physical Training Corps (RAPTC) Museum: Situated in Fox Lines, beside Car Park 1 at the western end of Prince's Avenue. This is a small but friendly museum located in the grounds of the Army School of Physical Training. The items and memorabilia on display tell the story of physical training in the British Army from 1860 to the present day. There's an interesting display of Corps members who have represented their country at International and Olympic level. Opening Times: 12pm – 5pm (an additional hour to make it available to our competitors). Please bring photographic identification (e.g. driving licence) to gain easy access to Fox Lines.

The following links may also be of interest:

<http://www.picturesofengland.com/England/Hampshire/Aldershot>

<http://www.aboutbritain.com/towns/aldershot.asp>

<http://www.gethampshire.co.uk/all-about/aldershot>

<http://www3.hants.gov.uk/aldershot-museum>

<http://www.rushmoor.gov.uk/article/1369/Travel-and-Parking>

2015

BRUTAL

MASS PARTICIPATION



NEW!

WOMENS ONLY
5K & 10K

CHIP TIMED



24 JAN - LONG VALLEY (WOMENS ONLY 5K & 10K)

14 FEB - BAGSHOT (10K)

14 MAR - WINDMILL HILL (10K)

25 APR - BORDON HEATHS (10K)

20/21 JUNE - 12HR ENDURO

04 JULY - FRITH HILL (10K & KIDS EVENT)

15 AUG - MINLEY (5K, 10K & 20K)

10 OCT - WOOLMER (10K)

14 NOV - LONG VALLEY (10K)

28 DEC - LONGMOOR CAMP (8K & 16K)



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