

# BRITISH ORIENTEERING

# UNIVERSITY CLUB

# GUIDANCE & DEVELOPMENT

# PACK

SUMMER 2026



This is British Orienteering's University Club Information & Development Pack. This has been designed to help support your clubs and encourage growth in student participation across the UK.

### Who is it useful for?

- University Orienteering Clubs
- University Mountaineering Clubs
- Other University Clubs or Societies looking to introduce orienteering to their club

### What does it cover?

This pack covers a range of topics from advice for growing your memberships to the types of training sessions your club could include in its schedule, or how coaches can balance members with mixed abilities. It also looks at how to utilise social media, while highlighting the resources you have immediate access to for promoting your club.

### Other resources available to universities

There are a range of resources for universities across the British Orienteering website, from [general club resources](#) to [university specific pages](#).

### Further support or questions

If you have any questions, or if your club would like any support, please do not hesitate to get in touch with British Orienteering's University & Access Officer, Gracie Grant at [ggrant@britishorienteering.org.uk](mailto:ggrant@britishorienteering.org.uk)



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Creating a warm, inclusive and supportive environment is essential to running a successful club. When members feel valued, respected and comfortable being themselves, they are more likely to stay engaged and contribute positively to the club community.

## Setting Expectations and Behaviour Standards

Setting out a simple code of conduct helps reinforce inclusive values and ensures all members understand what is expected of them.

You can find British Orienteering's Codes of Conduct [here](#). This Code of Conduct outlines behaviour expectations and the expectations of specific roles (officials, volunteers, coaches, members and more).

## Safeguarding

Everyone has a shared responsibility for safeguarding and creating safe, enjoyable environments in Orienteering whether as an orienteer, coach, club official or spectator.



A major misconception is that safeguarding only refers to minors, when in fact, safeguarding encompasses all, including adults. All clubs, members and participants should feel as though they can practice the sport in a safe environment.

British Orienteering has resources available on safeguarding, including adult safeguarding, [here](#).

For Scottish clubs, there are different safeguarding regulations, learn more [here](#).

It's important to report concerns about safeguarding, whether they occur within orienteering, or outside of the sport. If it involves our members or participants, British Orienteering need to know about it.

### You can report a concern by:

- Getting in touch via email at [safeguarding@britishorienteering.org.uk](mailto:safeguarding@britishorienteering.org.uk)
- Submit a [quick report direct](#) to British Orienteering's Safeguarding Lead
- Call our Safeguarding Lead, please check the British Orienteering website for the number

## Member Welfare

Creating anonymous or open ways for members to share feedback ensures voices are heard and allows the club to continually improve.

## Safeguarding Training

British Orienteering would recommend that all Welfare or Safeguarding Committee Members take our Safeguarding eLearning Course, which can be found here on the [British Orienteering website](#).

## Affiliating with British Orienteering

Universities affiliate their orienteering clubs with British Orienteering so that their members can run for the university at regional and national events. Other benefits include eligibility to win awards and being able to run your own events and activities under British Orienteering insurance.

### How to affiliate with British Orienteering

To affiliate with British Orienteering for the first time, you will need to email your intention to [info@britishorienteering.org.uk](mailto:info@britishorienteering.org.uk) and have the following documents prepared:

- The Club's membership fees
- A list of club officials who are British Orienteering members, you will need at least 3 (President, Treasurer, Secretary & Safeguarding/Welfare). \*The Safeguarding Officer can be the same person in one of the other roles.
- A copy of the Club's constitution (find an example in the Appendix)
- A copy of the latest AGM minutes
- A signed copy of British Orienteering's Club Code Of Conduct
- Payment of £25 affiliation fee (subject to change)

The affiliation process is completed through your own British Orienteering membership, which is why it is essential to be a BOF member. If you are a member of a current British Orienteering Club, we can assign you to your university as a non-member. The affiliation form can be found under 'My Account' and then 'Club Affiliation'.

**You can find a more detailed explanation of the affiliation process in British Orienteering's University Club Affiliation Guide [here](#).**

### Why should your Club Members Join British Orienteering?

- Pay a reduced entry fee at most orienteering events
- Enjoy exclusive [membership discounts](#) at National Retailers such as Decathlon, SportsShoes and The YHA.
- Be eligible to compete in major competitions such as the British Championships
- Their successes will be recognised through the 'Navigational Challenge' and 'Racing Challenge' incentive schemes
- Track progress through [Ranking points](#) at all National, Regional and Major Events (if you are 16 or over)
- Covered by Public Liability Insurance when participating in events and activities registered with British Orienteering

British Orienteering, your sports department/students' union staff and your local club are able to offer support, but the operation of your club rests with its elected club committee.

### Minimum Viable Committee

**Top tip: have a handover doc for each role!**

#### Chair/Club Captain

- Acts as the face of the committee, attending meetings with the local club and student union.
- They are the head of the committee, chair of meetings and manage the other positions.
- They ensure that the club sticks to their committed goals in the constitution.
- This role requires strong leadership skills and an approachable manner.

#### General Secretary/Vice-Chair

- Helps keep the club running smoothly, assisting in write ups and reports for various purposes.
- Helps the Chair with organising events, such as entering members, finding lifts and writing risk assessments.

#### Treasurer

- Assist the Chair and Secretary in organising trips, grants and purchase decisions.
- Responsibility to ensure that decisions are financially wise. They need to be familiar with Excel and have the ability to set up and track budgets.

#### Safeguarding / Welfare Officer

- Role holder should be friendly and approachable, so if there are any issues within your club, members feel comfortable to talk to this committee member.
- Can take a lead on the safety side of training sessions and trips, to ensure members remain as safe at all time.
- Please ask your Club Welfare Officer to read and understand British Orienteering's Club Welfare Officer Guidance, [here](#). This includes the training courses they should complete.

#### Coaches (as separate role, or as part of the above roles)

- Organises training sessions, caters for and monitors the progression of beginners and advanced orienteers.
- They need to be able to create fun, enjoyable training sessions, have a commitment to orienteering and enjoy helping others progress.

### Additional Roles

#### Publicity Officer

- Runs your club's social media and is responsible for updating them with pictures from events and advertising upcoming ones.

#### Social Secretary

- Organise socials and ensure the society creates a fun, inclusive atmosphere which collaborates with other societies to do joint socials.

You may also have further roles to supplement to the above, such as Trip Secretaries, Kit Secretaries, Event Secretaries.

## Managing your time as a committee member

Being part of an orienteering committee is rewarding, but it can also be busy, especially alongside your university work. Here are some tips to help you stay organised, reduce stress, and make the most of both your academic and club roles.

### Share the workload – a committee is a team!

University clubs are run by committees so that responsibility is shared. No single person should feel they have to do everything.

**These tips can help with ensuring that one or two members of committee don't feel overrun!**

- Delegating tasks across the committee
- Ask for help during busy academic periods
- Encouraging non-committee members to help occasionally (e.g. leading a run). This might also inspire members to apply for committee the following year!

Sharing responsibility not only reduces pressure, but also helps develop future committee members.

### Plan ahead, but stay flexible

Planning can help reduce stress, especially during busy points in the academic year.

Helpful approaches include:

- Putting key academic deadlines and club commitments into one shared calendar
- Identifying particularly busy weeks in advance
- Adjusting club activity levels during exam or deadline periods

It is okay to scale activity up or down depending on capacity.

### Make time to socialise and have time to yourself

Being on committee can take up a lot of your spare time outside of your studies.

Make sure to build in short breaks, social time, and rest days. It may also be useful to check-in with other members of committee now and again to see how they are doing.

### Communicate early

It's always okay to ask for help.

- Talk to your committee if you're overwhelmed—they'll understand
- Speak to lecturers or tutors if your workload becomes difficult to manage

#### **Remember!**

A successful committee works together, supports one another and makes decisions that are realistic for the capacity available.

## Building a Relationship with your Local Club

British Orienteering clubs are extremely supportive of university orienteering and are always keen to help you grow the sport among students. When university clubs and local clubs work together, it benefits the whole sport: more participation, more volunteers and a stronger pipeline for future athletes and organisers.

Your local clubs are also going to be organising many of the events you will be looking to attend over the year. Getting involved with your their events and reaching out to club chairs or secretaries is a great way to begin building connections.

Some University Club Captains attend the local clubs committee meetings to stay informed and offer support.

### What may your local club be able to help with?

- ✓ Access to areas
- ✓ Copies of maps
- ✓ Help with equipment for sessions and events
- ✓ Local contacts
- ✓ Opportunities for Lift Shares
- ✓ Advice on running a club

### What can your club offer back to local clubs?

- ✓ Participation at their club events
- ✓ Volunteering
  - This helps build wider club relationships and shows you are willing to collaborate
- ✓ Help with organising an event
  - Reduces load for local club, while students gain experience in event organisation, event planning etc.

### Supporting long-term participation

Students often move to different areas after graduating, whether they are moving to a new place or back home. Having links with and previous exposure to the wider orienteering community makes it easier for them to stay in the sport by joining a new local club elsewhere.



## Social Media

As a university club, it is vital to build an online presence. This is how most of your potential members will be checking you out, to see whether they like the look of your club.

### WhatsApp Community

- Easy to join via QR code or link and can be managed by your committee
- Announcements channel which sends messages to all community members
- Separate group chats for different events, training and social chats

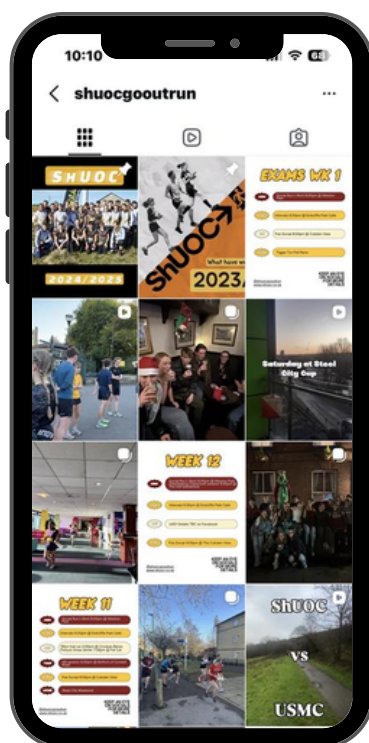
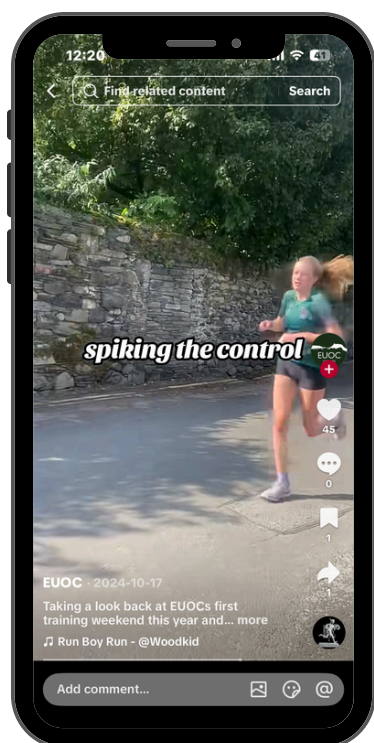
### Instagram & Facebook

- Provides visual snapshot into what is it like being in your club
- Build a grid to highlight upcoming training and socials, but also to showcase your sessions and successes - Creating reels are always a great way to engage viewers!

### TikTok

- Great way to showcase video content and easy to manage if you already post reels
- Prospective students can see your videos when interacting with university content, which increases the visibility of your club and the sport

Consistent social media, highlights the nature of your club and increases the exposure of your trips, events and activities



## British Orienteering Resources

British Orienteering have social media templates and imagery available for members to access, [here](#). You can also find imagery under the category of Young Adults [here](#).

We also have a number of university specific resources that clubs may be interested in using, [here](#). Including [links to imagery](#) from University Competitions, that you are free to use when promoting your club.

## Growing Your Membership

Growing your membership isn't always about signing up the most people in week one, it's about helping new students to the sport feel welcome and confident enough to come back. Remember, you can't always do everything, so finding the balance for your club is important!

### Before term starts: Set Yourself Up for Success

A little preparation will set you up for the first couple of weeks of term, and make running your club a little less stressful as you start the new academic year.

[CLICK HERE](#)  
British Orienteering  
Uni Club Training  
Programme Pack

#### Planning

Setting out an initial plan to follow the freshers fair, could ensure all members of committee are aware of what sessions will be happening, and what they will be helping with.

- Planning a mixture of friendly group runs and light orienteering activities in the first two weeks will help build beginners into the sport without immediately teaching the technicalities.
- Plan who will be leading and helping at taster sessions and socials, and get everyone on committee involved!
- Introducing basic technical skills sessions every other week once beginners feel comfortable, will allow them to understand basic orienteering skills gradually. Lesser information to process at once, may improve knowledge retention.

Agreeing a preliminary weekly or bi-weekly schedule between your committee, that can form the structure of your sessions, socials and events you might like to attend, will also set your club up for success.

### Greater Awareness = Greater Participation

#### Connections

Use the summer period as a time to begin reaching out to other clubs and societies at your university. Building connections through shared interests can provide a natural pathway to inviting new students to try orienteering

#### Social Media Presence and Exposure

Building your social media presence over the academic year, and continuing posts throughout the summer, will expose future students to your club.

### Fresher's Week: Attracting Interest

During Freshers' Week, try to prioritise visibility and approachability opposed to technical explanations.

#### Fresher's Fair

It is important for your club to have a visible and welcoming presence at the Freshers Fair. It may be useful to have multiple members at the stall throughout the day. At your stall:

- Hang orienteering equipment such as kites and shirts to help attract attention
- Use photos and video reels of your club activities to showcase orienteering and your club culture
- Highlight opportunities for regular trips, or attendance at events and yearly competitions against other universities
- Emphasise that you are beginner-friendly (as not all sports clubs are!) and show the social side of your club

Some university clubs set up a trail around the fair venue and nearby on campus, giving students a quick hands-on experience of what orienteering involves!

# Growing Your Memberships

## Taster Sessions

These are the first impression of your club on newcomers, so it important to put on accessible and friendly sessions.

Making your **first activity** close to, or on campus, short, social and low-pressure will increase accessibility for students and emphasises the welcoming nature of the club.

## Edinburgh University Orienteering Club's Experience with Introductory Sessions

EUOC have found organising social running sessions in the first week of the term to be most successful in encouraging newcomers to orienteering. The committee members find that social runs encourage participants to initially engage in the club and find this less daunting than turning up to the first session with orienteering involved.

They then introduce orienteering activity in a session later on, once they have already introduced themselves and the club to potential future members.



## The Beginner Experience

### What do beginners need most?

- Clear instructions and explanations
- Friendly faces and encouragement
- Time to socialise after sessions

### Good practice includes:

- Explaining the purpose of each session
- Integrating experienced orienteers with newcomers
- Repeating key information
- Signposting what's coming up, including fun trips and events
- Break technical sessions down into easy sessions which include putting skills into practice

### Retention is as Important as Recruitment!

It tends to be easier to keep a new member than recruit one.

- Learn people's names
- Post reminders of sessions
- Encourage existing members to socialise with newcomers
- Add socials after training sessions in the first few weeks

### Try to avoid:

- Assuming knowledge
- Splitting beginners apart too early
- Only talking to existing members

### Remember to focus on:

- Making it easy to join
- Making it enjoyable to stay
- Creating a welcoming club culture



## Growing Your Memberships

### Continued Visibility Throughout the Year:

#### University Social Media Channels

Some university social media teams spotlight clubs and societies through posts, features or story takeovers. This could be a great way to boost the visibility and awareness of your club.

For example: Instagram stories takeover during BUCS weekend to give students an inside look at an orienteering event.

#### Social and Recreational Sport Offers

Many universities run social or recreational sport programmes that focus on participation rather than competition. If your university offers something like this, and your club has the capacity, running an occasional session through the scheme can be a valuable way to reach new students.

These programmes can:

- Introduce orienteering to students who may not actively seek out sports clubs
- Reduce barriers for those nervous about traditional training or competition
- Provide visibility for your club beyond your usual audience

#### Student Union Collaboration

Working with your Students' Union to run a collaborative event can be an effective and inclusive way to introduce orienteering.

Ideas include:

- Campus explorer events
- City or neighbourhood explorer activities
- Orienteering-style challenges linked to Freshers' events

Whether in freshers' week or at another time in the year, these can be marketed as fun, social ways to explore rather than explicitly as an "orienteering session".

### Resources available

#### [What is orienteering? Universities Resource](#)

- A leaflet focusing on what is orienteering and the benefits of the sport at university


British Orienteering leaflets and templates

- A range of other leaflets and templates are also available on the British Orienteering website, [here](#).

British Orienteering Club Development Resources

- British Orienteering have a range of resources available [here](#), produced for the development of all clubs.

**Don't forget digital: MapRun!**



An area doesn't need to be mapped to use MapRun, so you could set up a course on your campus, or in your local city. This is accessible and requires less equipment for set up. Take a look at our University Training Pack for more on how to set up your own MapRun courses.



**AN OUTDOOR ADVENTURE SPORT FOR ANYONE.**

**ORIENTEERING**

**What is Orienteering?**  
Orienteering is a challenging outdoor adventure sport with the aim of navigating between control points marked on a map in the most optimal way.

**How does orienteering work?**  
At the start of the session or event participants are provided a map, which details the local area and where the controls are placed. Participants decide the route, and decide the pace they go to find the controls.

**Who can orienteer?**  
Anyone can orienteer and it can be done anywhere! Through forest, countryside, urban settings and parks.

**Leave No Trace**  
Orienteering has a fantastic environmental record. Leave no trace is critical part to the sports running, as organisers ensure there is no evidence of activity after an event.

## Becoming a Student Activity Leader

As a student activity leader, it is important that you have confidence in orienteering yourself, and you understand how to create safe, controlled environments for others to participate in. All affiliated British Orienteering Clubs should have a coach that is qualified, particularly for insurance purposes. If not, you can look to outsource coaching.

### Coaching with your local club

Don't be afraid to contact your local club for help with training sessions, they may allow your members to join a club session for a small fee. Many local clubs want to help develop student skills as this will only encourage attendance at their local events.

### Coaching Qualifications

British Orienteering have a number of coaching qualifications that you could undertake to improve your knowledge of orienteering, and to learn how to transfer this knowledge to others through coaching. See [here](#) on the British Orienteering website for more information on the following coaching courses:

- [Club Instructor Qualification](#)
- [Orienteering Coach Qualification](#)

### Balancing members with different levels of experience

When organising a training run, it is important to consider that members in your group may wish to run these activities at different paces.

Organising a couple of leaders, to manage different paces will ensure that all members of the club feel included and happy to participate. One session plan isn't likely to suit everyone in your club. To retain members, it is crucial that there is something for everyone to enjoy.

**Long/easy runs-** have a couple of different pacing groups, each to cover the same or different distance.

**Interval sessions-** if you are hosting this session in one park or grassy area, think about having a couple of different groups, who will each cover different distances and speeds to ensure there is something for everyone.



Training provides regular opportunities for members to improve their orienteering skills and fitness in a supportive environment. Sessions do not need to be complex or highly technical to be effective.

British Orienteering asked **Sheffield Univeristy Orienteering Club (ShUOC)** about their regular training schedule, and how they manage this between their members.

## Types of Training Sessions

Clubs may offer a mixture of:

- Campus-based or park sessions
- Technical exercises focusing on navigation skills
- Fitness-based sessions incorporating navigation
- You could also look at utilising virtual orienteering for training such as MapRun

### ShUOC's Example Training Week

The below lists the types of training sessions that ShUOC fit into their regular schedule to help members develop their fitness and speed as well as their orienteering.

- Monday - Easy Run
- Tuesday - Grass Interval Sessions
- Wednesday - Long Fell Runs or Orienteering Training
- Thursday - Hills Session
- Weekend - Racing/Orienteering Events/Weekend away/Sunday Long Run

ShUOC use a shared google calendar to manage and plan the sessions they will be putting on across the month, including using this to highlight any local orienteering events they may attend.

## Managing the load of training sessions

ShUOC have different students leading sessions regularly, and they have an 'Activity Leaders' whatsapp chat, of which all students who are happy and confident to take a session at some point are in. Each week, they put a message out for their Activity Leaders to volunteer to take different sessions.

### Training Schedules

Most clubs run at least one regular session per week, along with additional socials or informal activities.

Posting your club's weekly schedule to your social media is a great way to communicate to members, but also show those potentially looking to join, what they could get involved with!



**WEEK 6**

- MON** Social Run (-5km) 6:00pm @ Weston Park  
Orienteering Classroom Session 8:00pm @ The Grindstone
- TUE** Intervals 6:30pm @ Endcliffe Park
- WED** Burbage Fell Run 1:40pm @ Hunters Bar
- FRI** Pub Social 8:00pm @ Cobden View
- SAT** Varsity Fell Race

## Events Your Club can Attend

Your club and your members can attend events and competitions across the UK. From local club events to university specific championships, there are lots of opportunities for your club to participate in events.

You can find information on the university specific competitions that students can participate in [here](#), on the British Orienteering website. This section of the website is regularly updated to match the most up to date information and competition details. Keep an eye on the events the clubs around you are organising too, as these will be great for you to attend.

### University Specific Orienteering Events

#### British Universities & Colleges Sport (BUCS)

The BUCS Orienteering weekend consists of a two-day major championship. It offers male and female championships, along with a relay championships. The event caters for competitors of all abilities with different lengths and difficulty courses offered.

The BUCS weekend tends to occur during a weekend in February or March. You can find more information on the BUCS website, [here](#).

If your club is interested in hosting BUCS, please find more information, [here](#).

#### English Universities

The English Universities weekend brings together a number of orienteering universities from around England to compete. This competition is held and organised by an English university each year.

#### Scottish Universities

The Scottish Universities weekend brings together a number of orienteering universities from around Scotland to compete. This competition is held and organised by a Scottish university each year.



## Funding and Sponsorship Opportunities

### The Orienteering Foundation

Grants can be a really helpful way to fund additional equipment, or support more members to attend an major event. The Orienteering Foundation are always interested in funding a specific project if it fits their criteria. They review grant applications four times a year so make sure you time your application right!

Deadlines for submission are:

- 31st March
- 30 June
- 30 September
- 31 December



You can find many examples of successful bids on The Orienteering Foundation's website, [here](#).

The below highlights bids that University Clubs have had accepted in the past:

- **University of Bath Mountaineering Club**- To help fund their attendance at BOC
- **Edinburgh University Orienteering Club**- To fund a Performance Coach
- **Exeter University Orienteering Club**- For the start up of their club

### University Funding Opportunities

Your university may have opportunities throughout the year to apply for funding or grants to be spent on equipment for training, kit, or to help get club members to competitions.

If you do require some extra funding, it may be worth contacting your Athletic Union or Student Union to ask about any upcoming application opportunities.

### Sponsorship and Partnership Opportunities

Sponsorship can enhance what your club offers, but it is not essential. Strong university clubs are built on inclusive activity, good organisation, and community, with partnerships acting as an added benefit rather than a requirement.

#### **Sponsorship or partnerships may help with:**

- Discounts for members
- Prizes for club events
- Social or introductory events

#### **University clubs are most likely to be successful when approaching:**

- Local outdoor or running retailers
- Alumni-owned businesses
- Companies already linked to outdoor activity or student wellbeing

A clear and friendly approach, explaining who you are and what your club does, is likely to be most effective.

## Coaching Qualifications

British Orienteering have a number of coaching qualifications that you could undertake to improve your knowledge of orienteering, and to learn how to transfer this knowledge to others.

### Club Instructor Qualification

The Club Instructor Qualification will enable members to introduce and deliver the sport of orienteering in a safe, enjoyable, and supportive environment, providing high-quality sessions that follow the policies of an affiliated British Orienteering club and are delivered from technical difficulty 1-3 in areas graded A, B, or B+.

### Orienteering Coach Qualification

The purpose of this Qualification is to develop orienteers through linked and progressive high-quality coaching sessions. Aimed at British Orienteering members delivering coaching at all levels of orienteering from beginners through to club members who compete at Technical Difficulty Level 5, as defined by the British Orienteering Step System.

## E-Learning Courses

British Orienteering E-Learning courses can provide your club members with support on a range of topics. Find all of British Orienteering's eLearning courses, [here](#).

### **Introducing Safeguarding eLearning course**

This course teaches a basic understanding of what behaviour is appropriate, how to identify a safeguarding concern and be confident about how to respond, as well as where to access support. We would recommend that all Safeguarding/Welfare Officers undertake this course.

### **Event Safety eLearning course**

The completion of either the Event Safety eLearning Course or a Event Safety face-to-face workshop is mandatory for all Organisers, Planners, Controllers and other key officials at all levels of British Orienteering registered events.

### **Introduction to Event Organising eLearning course**

This course aims to provide for prospective Level D/Local event Organisers with an overview of the requirements and considerations that may arise in staging a Level D/Local orienteering event.

### **Introduction to Planning eLearning course**

This course has been designed to be a great introduction for those interested and wishing to learn about Planning.

### **Introduction to Inclusion eLearning Course**

The introduction to Inclusion eLearning course has been designed to support Clubs & their members who wish to explore positive Inclusion changes and make their Orienteering environment even more inclusive & thriving. It includes supportive ideas, tools and resources.

## Orienteering within a Mountaineering Club

Don't have an Orienteering specific club at your university? Orienteering could be a fantastic sport to introduce to your Universities existing Mountaineering Club. Already within your club, you'll be surrounded with like-minded individuals who enjoy the outdoors and adventure.

Hear from **Bath University Mountaineering Club (BUMC)**, to learn more about their club and how they integrate orienteering activity on this page.



### Committee Members

Previously, BUMC have only been able to have 1 Orienteering Secretary on their committee, due to a maximum number of students allowed on the committee. However, this didn't mean all the work around Orienteering activities, events and trips was down to this one role.

You could also introduce 'unofficial' Orienteering Captains, to assist the Secretary with Orienteering within the club. See more information on the roles below.

### Orienteering Training Sessions, Activities, Events and Trips

There are different ways you can introduce orienteering into your club's current schedule. You could look to attend an event that a local club is organising, or plan your own activity around your campus.

#### Training sessions, activities, events and trips at BUMC

We hold weekly trail run sessions, and these are open to all of the club and whilst there is some overlap between the orienteers of the club, there is a large non-orienteering presence.

On a Saturday morning we either hold training sessions, go to local BOK events or are on weekends away.

### What do we need to run Orienteering activity?

When BUMC started orienteering they didn't have orienteering specific equipment or gear. They would use streamers as controls and base plate compasses that the club used for walking.

If you are planning an activity of which you think it would be useful to use orienteering equipment, flags etc, then we would suggest getting in touch with your local club. If they aren't planning to use the equipment that day, they may be willing to support your ideas.

### Encouraging Participation

- Introduction of trail running to increase the number of members involved
- Not explicitly labelling activity and events as 'orienteering' has seen greater participation
- Organising to attend local orienteering events - as more members were interested in these than activities run by BUMC themselves

[CLICK HERE](#)  
For more on  
**Orienteering within  
a Mountaineering  
Club**

## Useful Links

### British Orienteering Core & Club Development Links

- **British Orienteering Website:** <https://www.britishorienteering.org.uk/>
- **British Orienteering Universities Hub:** <https://www.britishorienteering.org.uk/universities>
- **Club Membership Toolkit:** <https://www.britishorienteering.org.uk/club-membership-toolkit>
- **Club Development Resources:** <https://www.britishorienteering.org.uk/club-membership-toolkit/club-development>
- **Orienteering within a Mountaineering Club:**  
[https://www.britishorienteering.org.uk/orienteering\\_in\\_mountaineering\\_club/](https://www.britishorienteering.org.uk/orienteering_in_mountaineering_club/)

### Safeguarding & Welfare

- **Safeguarding (General):** <https://www.britishorienteering.org.uk/doc/policies-and-guidance/safeguarding/adult-safeguarding-policy>
- **Club Welfare Officer Guidance:** <https://www.britishorienteering.org.uk/doc/policies-and-guidance/safeguarding/club-welfare-officer-guidance>
- **Safeguarding eLearning:** <https://www.britishorienteering.org.uk/elearning>
- **Incident / Safeguarding Reporting:** <https://www.britishorienteering.org.uk/incidentreporting>
- **Scottish Orienteering Safeguarding:** <https://www.scottish-orienteering.org/safeguarding-protection-welfare/>

### Membership & Affiliation

- **Join British Orienteering:** <https://www.britishorienteering.org.uk/join>
- **University Club Affiliation Guide:**  
<https://www.britishorienteering.org.uk/doc/universities/university-club-affiliation-guide>

### Marketing & Promotion

- **Digital Content Hub (Templates & Leaflets):** <https://www.britishorienteering.org.uk/club-membership-toolkit/digital-content-hub>
- **University Media Resources:**  
[http://www.britishorienteering.org.uk/university\\_media\\_resources](http://www.britishorienteering.org.uk/university_media_resources)
- **University Competition Imagery:** [https://www.britishorienteering.org.uk/universities\\_imagery](https://www.britishorienteering.org.uk/universities_imagery)
- **“What is Orienteering?” Universities Resource:**  
<https://www.britishorienteering.org.uk/doc/universities/orienteering-at-universities-booklet>

### Growing Memberships & Training Sessions

- **British Orienteering University Club Training Programme/Pack:**
- **MapRun:** <https://maprun.uk/>
- **British Orienteering General Coaching/Training Resources:**  
[https://www.britishorienteering.org.uk/coach\\_resources](https://www.britishorienteering.org.uk/coach_resources)

## Useful Links

### Events & Competitions

- **British Orienteering Events for Universities Page:** [https://www.britishorienteering.org.uk/events\\_for\\_universities](https://www.britishorienteering.org.uk/events_for_universities)
- **BUCS Orienteering:** <https://www.bucs.org.uk/sports-page/orienteering.html>
- **Hosting a BUCS Orienteering Event:** <https://www.bucs.org.uk/sports-subpage/orienteering/host-an-orienteering-event.html>

### Coaching, Qualifications & eLearning

- **Club Instructor Qualification:** <https://www.britishorienteering.org.uk/club-instructor-qualification>
- **Orienteering Coach Qualification:** <https://www.britishorienteering.org.uk/doc/coaching/orienteering-coach-qualification>
- **British Orienteering eLearning Courses:** <https://www.britishorienteering.org.uk/elearning>

### Funding & Grants

- **The Orienteering Foundation:** <https://www.orienteeringfoundation.org.uk/>
- **Examples of Funded Projects:** <https://www.orienteeringfoundation.org.uk/projects-funded>

### Who to Contact

- **University Officer (please send requests or queries here):** [ggrant@britishorienteering.org.uk](mailto:ggrant@britishorienteering.org.uk)
- **British Orienteering (General):** [info@britishorienteering.org.uk](mailto:info@britishorienteering.org.uk)
- **Safeguarding Officer:** [safeguarding@britishorienteering.org.uk](mailto:safeguarding@britishorienteering.org.uk)
- **British Orienteering University Club Whatsapp Group:** Please email University Officer above for the link