



| Area Type | Summary | Requirements |
|-----------|---|----------------------------|
| A | Private "safe" areas such as School or Outdoor Centre grounds. | UKCCL1 4hr First Aid |
| B | "Other" local areas and small woods. <i>Clear Boundaries;</i> <i>Plenty of handrails;</i> <i>No significant hazards.</i> | |
| C | Areas which are neither complex nor exposed. | UKCCL2 1 Day First Aid |
| D | Complex, exposed or mountainous areas. | UKCCL3* 2 Day First Aid |

*OR: (UKCC Level 2 or Old BOF level 3) + this workshop

The area

boundaries for safety

Access - specifically for emergency services

A&E? -

Mob phone coverage - which ones?

✓ Specific physical dangers - ^{taps} marks?

Safety bearing
other users in the area eg. Shooting parties!

Weather forecast

how to get info about area - local knowledge
via phone call/email
buddy on the day.

✓ Current conditions eg ice, high river levels
fire risk etc

COACHING STAFF

* NUMBERS - ratio with participants

* EXPERIENCE - their exp.
↳ coaching exp.

* BRIEF COACHES
- How (in person / email)
- Session planner

* PHYSICAL ABILITY + TECHNICAL ABILITY

* EXCHANGING MOBILE NUMBERS

* USE OF SAFETY EQUIPMENT

* PROTECTION FOR THEM FROM ELEMENTS

* FIRST AID COVERAGE BETWEEN THEM

* EQUIPMENT THEY NEED

* KNOWLEDGE OF EMERGENCY ARRANGEMENTS
{ RISK ASSESSMENTS
{ SPECIAL COND'S

REMINDER OF MEDICAL CONDITIONS TO
LOOK OUT FOR EG. EXPOSURE

BACKUP ARRANGEMENTS LEADER

ANY COACH DEVELOPMENT

PARTICIPANTS

✓ EQUIPMENT & CLOTHING (INC SPARES) ^{- O KIT}
✓ FOOD & WATER ^{- WATERPROOFS EVEN ON A GOOD DAY}

③ MEDICAL CONDITIONS / MEDICATION

POTENTIAL VULNERABLE PEOPLE
(CHILDREN OR ADULTS)

CONTACT DETAILS + ICE

CONTACT METHODS

✓ SAFETY BRIEFING - ESP ^{TIME / AREA} LIMITS & SAFETY ^{BEARING}
② COMMUNICATION ON THE DAY
eg mobile phones

✓ ABILITY & EXPERIENCE PLANNED FOR
REQUIREMENT FOR SHADOWING / PAIRING

TRANSPORT

AS THE LEAD COACH

- ANYTHING ELSE

- SHELTER. - Meeting place for lost people

- BACKUP PLAN

- important. + sent to everyone

- KIT - FIRST AID

- SPARE CLOTHES

- WATER - food?

- CHECK PARTICIPANTS BEFORE START

- FINAL DETAILS

- Done in timely manner

- EMERGENCY PLAN

- done early + confirmation people have got it. Gads to Spain

- COMMUNICATION

- MOBILE?

- walkie talkies?

- Staffing levels

- Coaching team briefing

- local info well before event

EMERGENCY SHELTER
FALL BLANKET
SUNTAN LOTION

WHAT WOULD TRIGGER A SEARCH?

- LATE BACK
- REPORT OF PROBLEM - DEFINITE
- UNCONFIRMED
- IF WEATHER WORSENS NIGHT
TRIGGER EARLIER SEARCH.
(SPECIFIC ON PEOPLE)
- PREPARATION OF SEARCH TEAMS.

- Sign in/out sheet!

How would you conduct an effective search?

Be organised

Bof website - part of Event Society

Someone in charge - written record.
WS.

at base

No juniors in search party ... ? W/M 18^{ish}

Pairs searching - but limits area/time of search.

Information to consider before searching

- which exercise
- anyone spotted them
- clothing
- Time out.

Method of conducting the course

- follow course backwards
- segment area

What errors are likely

- Sending searchers out without means of communication / correct equipment
 - or knowing who went where & when
- ^{Not} Ensuring safety of rest of group
- ^{No} Suitable briefing - where, how far, how long
- ^{Not} having someone responsible for co-ordination
- Sending out own parents
- Not conducting suitably comprehensive search
- Not checking they are actually missing (e.g. not just in cars)
- Not gathering all available information
 - who's seen them, when, where
- Not having a proper plan

WHEN / HOW / WHAT OUTSIDE HELP
WOULD YOU SEEK

WHEN

- ALERT EARLY
- FOLLOW PLAN FIRST
- CONDITIONS (DARKNESS, WEATHER)

HOW

- DEPENDS ON AREA
 - MOBILE
 - DRIVE FOR RECEPTION
- GRID REF

WHAT

- MOUNTAIN RESCUE
- LOWLAND EQUIVALENTS
- 999