# British Orienteering Selection Overview Foot Orienteering Squads & Teams

British Orienteering selects athletes to GBR squads, camps and teams to prepare for and compete at all IOF competitions and a number of other international competitions.

The overall aim of selection is to maximise the opportunity to gain medals at World and Junior World Orienteering Championships, and to create sustainable success by using these and other recognised competitions to develop and prepare athletes for future international success.

Each competition serves a different purpose to British Orienteering and the selection process and criteria for each is tailored to deliver this purpose.

## Competitions

Disciplines are sprint (S), mixed sprint relay (MSR), middle (M), long (L) and forest relay (FR).

World Orienteering	Purpose: Measures the level of performance of our athletes and
Championships	programme; provide development opportunities to selected
(WOC)	athletes
Annual through 2018; then	Target: Medals and top 10 places
alternating Forest	Age Class: Open
& Sprint years	Disciplines: S, MSR, M, L, FR
	Team: no limit
	Places per discipline(race):
	S: 3 men & 3 women
	M, L: 2 men & 3 women in 2018
	MSR: 1 team of 2 men & 2 women;
	FR: Men 3 in team & women 3 in team
European Orienteering	Purpose: Establish World Ranking places (used for forest start
Championships	order), competition experience, development & assessment of
(EOC)	athletes
Every two years in even	Target: None
years	Age Class: Open
	<b>Disciplines:</b> S, M, L, MSR, FR
	Places per discipline (race):
	S, M: 6 men & 6 women
	L: 2-6 places based on world ranking at 1 Jan in competition year.
	Likely
	outcome for 2018 is 3 places for men and 3 places for women (only
	more than 3 if number of athletes in top 30 of world rankings is
	above 3).
	MSR: 1 team of 2 men & 2 women
	FR: 2 men's teams and 2 women's
	teams. 3 athletes in an FR team.

IOF World Cups	Purpose: Establish World Ranking places (used for forest start
2 in 2018	· · · · · · · · · · · · · · · · · · ·
2 111 2018	order), competition experience, development & assessment of
	athletes
	Target: None
	Age Class: Open
	Disciplines: S, MSR, M, L
	<b>Team:</b> max 8 men & 8 women per race for 2018, team size for 2018
	is based on nation rankings as at 1/1/2018
Euromeeting	<b>Purpose:</b> Competition experience, development & assessment of
Annual	athletes in the terrain of the next but one WOC
(N.B. No competition is	Target: None
confirmed for 2018)	Age Class: Open
	Disciplines: unknown
	Team: unknown
World Universities	<b>Purpose:</b> Competition experience, development & assessment of
Orienteering	athletes
Championships	Selection process is by agreement with BUCS
(WUOC)	Target: None
Every two years in even	Age Class: In higher education & aged between 17 and 25
years	Disciplines: S, MSR, M, L, FR
	Team: max 6 men & 6 women overall; 4 men & 4 women in each of
	S, M, L; 1 MSR team & 2 men's & 2 women's FR team
World Games	<b>Purpose:</b> Measures the level of performance of our athletes and our
Every 4 years, next in 2021	programme
	Target: None
	Age Class: Senior
	Disciplines: S, MSR, M
	<b>Team:</b> 2 men & 2 women in each discipline and overall; 1 MSR team
	of 2 men & 2 women
Junior World Orienteering	<b>Purpose:</b> Measures the level of performance of our athletes and the
Championships	talent segment of the programme; competition, development &
(JWOC)	assessment experience
Annual	Target: 0-1 top 6, 4-5 top 20 (to be confirmed)
	Age Class: 20
	Disciplines: S, M, L, FR
	<b>Team:</b> max 6 men & 6 women in each discipline and overall; 2 men's
	& 2 women's FR team. British Orienteering will select athletes to
	specific disciplines. This could be one, two or three races plus relay
	and will depend on the athlete's stage of development and
	potential for a podium place or top twenty position in 2018 or the
	future.
European Youth	<b>Purpose:</b> Competition experience, development & assessment of
Orienteering	athletes. The Talent Programme will use this event to provide
Championships	additional opportunity first and foremost to exceptional athletes
(EYOC)	who are suitably competent and consistent, and who have been
Annual	selected to train within the Talent Programme
	Target: None
	Age Class: 16 & 18
	Disciplines: S, L, FR
	Team: max 4 men & 4 women per class
1	ream. max + men & + women per class

Junior European Cup	Purpose: Competition experience, development & assessment of
(JEC)	athletes. The Talent Programme will use this event to provide
Annual	additional opportunity first and foremost to
	suitably competent athletes who are within the Talent Programme
	and secondly to those likely to be inducted into the Talent
	Programme for the following season
	Target: None
	Age Class: 16 & 18
	Disciplines: S, L, FR
	Team: max 6 men & 6 women per class; relay max of 4 teams of 3

## Squads

British Orienteering operates four squads. The remit of these is shown in the diagram below. In addition, the Board has awarded the senior performance programme special project funding for the next three years which will allow the establishment of an Elite Group.

## **PERFORMANCE SQUAD**

Athletes who have shown the potential to deliver top 10 performances during the next one to three World Orienteering Championships.

### **DEVELOPMENT SQUAD**

Athletes who have demonstrated they are developing and showing the potential to consistently deliver top 20 performances at the World Orienteering Championships in two to five years.

### **WATCH SQUAD**

Athletes who are transitioning from junior to senior international representation and have competed well against athletes in the performance and development squads in the last year.

Athletes who have competed well against athletes in the performance and development squads in the last year.

Athletes who are taking a year out from squad activities or have previously represented International Level and are making a return to the sport.

## **TALENT SQUAD**

Athletes who have shown they may have the potential to achieve top 20 places at the Junior World Orienteering Championships in the next one to five years and that they deserve and will benefit from the activities delivered through the British Orienteering Talent programme.

## Selection

Information regarding selection including squads, competitions, deadlines for declaring availability and a timeline for selections will be published on the British Orienteering web site. If you are not selected to a squad but wish to have your name added to the selection information e-mail list or have specific questions regarding the selection policy or process then please contact us at info@britishorienteering.org.uk.

Selections for all competitions will be open, and can include athletes outside of the squads. Athletes from outside the squads should declare their availability for selection by the stated deadline. The reality of course is that to be selected an athlete must have a track record which can be considered and young athletes not yet in the National Talent Programme will be encouraged to aim for selection into the National Talent Squad prior to being selected for international competition.

IOF international Foot O disciplines are sprint (S), mixed sprint relay (SR), middle (M), long (L) and forest relay (FR). Athletes will be selected to compete in specific disciplines in most competitions and

# **ELITE GROUP**

Details to be confirmed

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should not expect to be selected to compete in all disciplines. To be selected athletes will have demonstrated proficiency in specific disciplines or will be selected in order to gain experience in a specific discipline. Athlete views on race disciplines appropriate to them should be communicated through the appropriate Squad Manager. Where competitions have targets attached, the Squad Manager will discuss with each athlete, shortly after selection, the tactics that will be deployed to maximise the opportunity of achieving the target. For example, an athlete may be rested or given an alternative training opportunity rather than competing in a 'B' final.

Athletes will be selected to relay teams or a relay pool at the time of selection with any changes at the discretion of the Selection Panel or a delegated person. Selection criteria will include all disciplines and selected teams may include athletes not selected to compete in the individual disciplines at a competition. Changes to relay teams may take place prior to a competition or at a competition.

The Team Manager at a competition has a duty of care to the athletes and may, in the best interests of the athletes and squad, withdraw athletes from disciplines or races prior to or during an event. Other athletes at the event may be substituted if the Team Manager believes this to be appropriate.

## Responsibility for Selection

All selections will be discretionary and made by the designated Selection Panel. The Selection Panel will consist of 5 members a Chair, two Selection Advisors, a Squad Manager and a Scrutineer. Additional expert guidance may be sought from specific coaches, technical experts or programme medical advisors if the panel thinks it is appropriate. Any person involved in providing advice or guidance during the selection process must declare any conflict of interest.

The Selection Panel will take full account of the selection criteria published annually. In general, the criteria will not be listed in any order of priority. Selectors will exercise discretion fairly and without bias in making selection decisions.

## Testing & Substitution

Athletes will be required to agree their preparation programme with their Squad Manager or designated person. This stipulation is not to 'interfere' with athletes' preparation but to ensure athletes are supported and challenged in optimising their preparation.

Selected athletes and athletes in squads may be required to undergo physiological and/or medical assessment. This will be to monitor development and confirm fitness following injury, illness, any other period where the athlete has been prevented from training and/or competing normally or a period of marked under-performance.

British Orienteering reserves the right to require a medical examination by British Orienteering's medical officer.

British Orienteering reserves the right to de-select any athlete who does not fulfil the necessary fitness, medical, or performance standards; or who does not agree and then follow their agreed preparation programme or meet the standards of behaviour expected.

## Eligibility

To be eligible to be selected into the team to participate in a competition, each athlete will need to meet the eligibility requirements specified which include:

 Hold a valid British passport and be eligible to represent Great Britain in accordance with the rules of the International Orienteering Federation;

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- Hold a valid and current membership of British Orienteering;
- Meet the age class requirements of the competition on 31st December in the year of competition;
- Additional eligibility requirements will apply for WUOC.

## Anti-Doping

All selected athletes must comply with the UK Anti-Doping Rules as published by UK Anti-Doping Limited (or its successor). <a href="https://www.ukad.org.uk/documents/uk-anti-doping-rules">www.ukad.org.uk/documents/uk-anti-doping-rules</a>

## Clarification and Appeals Procedure

If clarification of any specific selection issue is required, please contact Craig Anthony at <a href="mailto:canthony@britishorienteering.org.uk">canthony@britishorienteering.org.uk</a>.

British Orienteering operates a formal appeals procedure for challenging selection decisions which can be found at <a href="www.britishorienteering.org.uk/keydocuments">www.britishorienteering.org.uk/keydocuments</a>, or is available on request from the British Orienteering National Office. The appeals procedure must be instigated within 72 hours of any selection announcement being published on the British Orienteering web site.