

ULPHA PARK AND BARROW FEL

SCALE 1:7500 CONTOURS 5M



JK2015
LAKE DISTRICT

LAKELAND



JK 2015 Day 2 Ulpha Park

Planning for Older
Competitors



British Orienteering

ULPHA PARK AND BARROW FELL

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EVENT BACKGROUND



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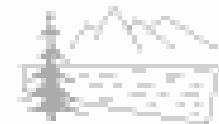
DUDDON VALLEY SSSI



ULPHA PARK AND BARROW FELL



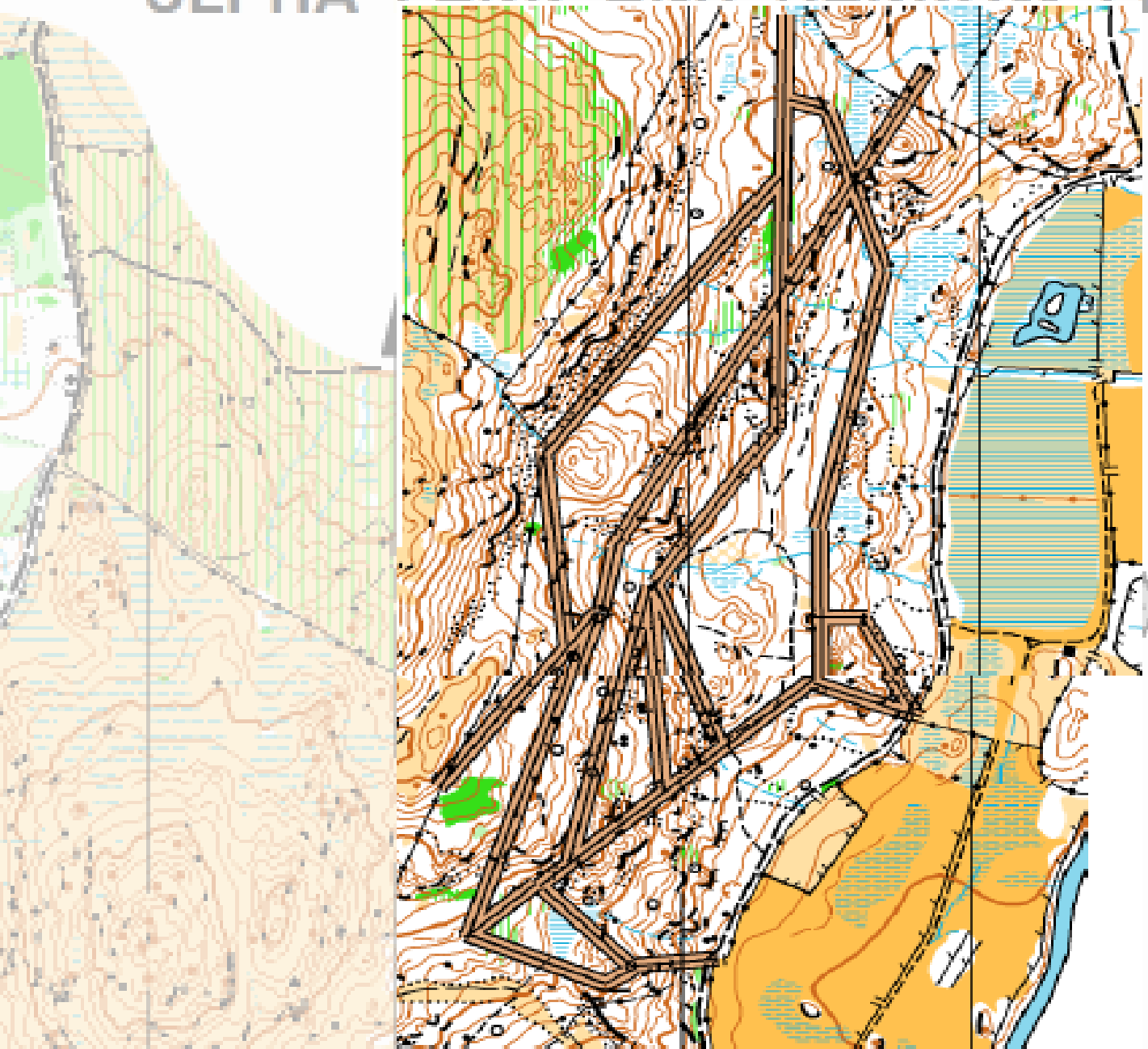
LAKELAND



orienteering



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Re-planning Issues

- More courses moved to southern start.
- Straight line climb.
- Higher start for courses 21 to 30.
- Lower start for juniors and oldest competitors.
- Crossing Logan Beck and the road.
- Bio-security.
- Routes down steep slopes on Ulpha Park.
- Maintaining agreed corridors.



ARROW FELL

5M



JK620415
LAKELAND DISTRICT
DAY 2



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Course Combinations



C23	50-60
M80L	52.01
M70S	49.47
M75S	83.32
W18S	48.20
W20S	
W21V	34.31
W55S	56.47
W60S	58.33
W65S	60.31
W75	63.56

C24	50-60
M85	59.16
M90	44.14
W70S	55.38
W80	64.00

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ISSUES

- Need to meet the needs/expectations of the competitors.
- JK a holiday event, or the British Open Championships?
- Course combinations for more physical areas?
- Small classes with a wide ability range.
- Unrealistic expectations of competitors in terms of their own fitness and technical ability?



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Possible Solutions?

- Look again at course combinations
 - Different combinations for more physical/technical areas.
 - Rather than age group classes for older Vets introduce colour coded type courses to meet a range of abilities.
 - Consider the use of remote, rather than assembly area finishes.
 - Make it easier and less expensive to change entries.



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CONSULTATION



British Orienteering

ULPHA PARK AND BARROW FELL



EventScotland

The Highland
Council
Comhairle na
Gaidhealtachd



R1	R2	R3
Reserve punch boxes if SI unit fails		

Map number: 631

Based on Lidar data supplied by the Scottish
Orienteering Association. Survey and cartography
(2014 & 2015) by Deeside Orienteering & Leisure Maps.
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see www.outdooraccess-scotland.com



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first
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teering