



South West



South Central



South East



## Junior Development Autumn Camp Burley YHA, New Forest, Hampshire Fri–Sun 1st–3<sup>rd</sup> Nov 2019

### Welcome

We're looking forward to welcoming everyone to the New Forest Junior Camp this weekend! Juniors will participate in orienteering training, plus fun & social activities, helping them develop orienteering skills and friendships.

We have prepared orienteering training on 3 areas: YHA Woodland (Fri evening), Bisterne Close (Sat morning) and Wilverley Inclosure on (Sat afternoon). All are close to the YHA so convenient for our training.

Autumn is upon us and the weather forecast is for showers, so please ensure your child comes prepared with both warm and waterproof clothing (see suggested kit list). The YHA provides all bedding and three meals/day.

We very hope your children enjoy themselves. We are well supported by DBS-checked adults to provide help and support, so we will do our very best to make sure everyone has a great time.

### Itinerary

As a reminder, juniors are registered to arrive either on Friday evening or Saturday morning.

Fri 1 <sup>st</sup> Nov	6pm	Arrivals at YHA – First Group
	6.30pm	Dinner
	7.30pm	Glowsticks-O
Sat 2 <sup>nd</sup> Nov	9.30am	Arrivals at YHA – Second Group
	10am	O-Training, Bisterne Close (Grid Ref SU233014)
	2pm	O-Training, Wilverley Inclosure (Grid Ref SU254009)
	4pm	Rest time
	7pm	Dinner & Games
Sun 3 <sup>rd</sup> Nov	8am	Breakfast
	10am	November Classic event, Bramshaw
	2pm	Depart home with family

The Glowsticks-O on Friday evening will be a little light fun after dinner. It will be a 500m long course in the wood next to the hostel. Juniors can go round it following the glowsticks, visiting a few controls on the way. In pairs or with an adult is fine, just have a go!

For the training on Saturday, we will split into groups in the morning, so each junior can get close attention and support with their coaches. In the afternoon, we plan a Short Orange course approx 2km, followed by a fun team event to finish.

## November Classic

Please ensure you read the [Final Details](#) of the November Classic event.

On Sunday morning, we are arranging to transport the juniors to the November Classic assembly area in good time on Sunday morning. This means parents can go straight to the event. We will put up a large club tent for shelter, clearly signed, that the juniors can use this as a base.

Some juniors have early start times on Sunday morning, so the first group will arrive at the arena between 8.45-9am.

Parents can come and find us at the tent before or after you run. The tent will have a coach present throughout the morning to ensure that all juniors are reunited with parents before or after their run.

## Suggested Kit List

- 3 x O clothes
- Warm layers
- Dry bag for the day
- Dustbin bag for dirty kit
- Water bottle
- Waterproof with a hood
- O shoes
- Indoor shoes for the YHA
- Toiletries and Towel
- Night stuff
- Head torch (for Friday evening)
- Compass, dibber, normal O-stuff

## Mobile phones

Some juniors may want to bring phones, and these may be useful or necessary to contact your child. When in the YHA and during O-training we will need to prevent phones becoming a distraction, so we may collect them from children at certain times e.g. overnight.

## Menus

The YHA is supplying us with 3 meals per day – breakfast, packed lunch and dinner.

There is a default dinner menu as follows, with alternative vegetarian and other choices available for those who need them.

- Friday Dinner                      Chicken Curry & Lemon Meringue Pie
- Saturday Dinner                    Beef Burger & Treacle Tart

Packed lunches contain sandwiches with a mix of various vegetarian options.

If you need or prefer to eat something different, please let us know beforehand. We have a little flexibility within our group booking, so please let us know on the consent and dietary needs form of any special considerations we should know about.

## Contact Details

Here are mobile phone numbers for 3 leaders/coaches so you should always be able to reach at least one of us.

- Phil Conway                      07423 055 716 / 07867 312 883
- Liz Yeadon                        07990 734 576
- Karen Mills-Hicks                07940 574 710