Version1.3 January 2014

Competition Rule R: Junior Home Internationals

These Rules must be read in conjunction with the British Orienteering Rules of Orienteering. Where these Rules vary or supplement British Orienteering Rules of Orienteering, then these Competition Rules will take precedence.

1. General Information

1.1 Purpose

1.1.1 The Ward Junior Home International (JHI) is an annual competition between Junior teams from England, Ireland (Northern Ireland and Eire), Scotland, Wales.

1.2 Format

- 1.2.1 The event consists of an Individual Competition on the Saturday and a Relay Competition for teams of three on the Sunday morning.
 - a) The JHI should be held in the early Autumn. It should not clash with any other major junior competition such as the Peter Palmer Relay or Junior European Cup.
 - b) The competition should if possible be stand-alone, i.e. not combined with any other event. If this is not possible then the public races should be held after the JHI has finished.
 - c) A 4-year organising cycle is currently in operation.
 - d) Consideration should be made to having the location reasonably accessible for everyone, e.g. NW England, North Wales, Scotland south of Perth, Ireland within 2 hours drive of Belfast or Dublin.
 - e) Consideration should be given to assisting visiting team with transport arrangements. Where several teams fly to the event it may be cheaper for them if the host nation hires a coach or minibuses for use over the weekend. The cost would be passed on the travelling teams on a per capita basis.

1.3 Administration and Finance

- 1.3.1 The date of the competition is to be agreed between Fixtures Secretaries approximately one year in advance.
- 1.3.2 Once the date and location is confirmed, the Co-ordinator should send a formal invitation to compete to each Nation's HI contact (names available from British Orienteering Office). This should be approximately 6 months in advance of the Event date. Thereafter, the Co-ordinator should communicate directly with each Nation's Team Manager.
- 1.3.3 The JHI must be self-financing, the host nation takes the financial responsibility for the event.
- 1.3.4 The British Orienteering and appropriate Regional Association levy is to be paid at the current rate for juniors. Except when the competition is held in the Irish Republic when the appropriate levy is payable to the Irish Orienteering Association.

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1.3.5 The JHI must be registered as a level B event if held in the United Kingdom

2. Competition and Eligibility

2.1 Eligibility

- 2.1.1 To be eligible to represent a country in a Home International (HI) a person must be a current member of British Orienteering and either:
 - Eligible by birth. Be born in that country OR
 - Eligible by parentage. Have a parent who was born in that country OR
 - Eligible by residence. Have established permanent residence in that country for at least one year.

AND

- If M/W18 or younger has not represented another country in that calendar year.
- In the case of the Irish Home international team it is acceptable that members may be current members of either British Orienteering or the Irish Orienteering Association.
- a) Students are eligible by residence if they can prove a home base in that country.
- b) Established eligibility by residency is voided if another nation is represented.
- Juniors may only represent one country in any calendar year (no fallow years).

2.2 Shadowing

2.2.1 The shadowing of any competitor is not permitted.

3. Trophies

- 3.1.1 There are four trophies to be awarded:
 - Ward International Trophy to the country with the highest points total
 - Individual Trophy to the country with the highest points in the Individual
 - Relay Trophy to the country with the highest points in the Relay
 - The Judith Wingham Platter to be awarded to the winner between Ireland and Wales.
 - a) Winning teams keep the trophies until next year. The winning Nation is responsible for engraving each trophy. In the event of a tie, the trophy should be shared between the nations.
 - b) Consideration should be made of providing a small memento for each competitor.

3.2 Ranking scheme

3.2.1 When the event is registered with British Orienteering, the results must be submitted to



the British Orienteering results database as soon as possible after the event and at most within one week of the event.

a) Full details of the ranking scheme are in a separate Competition Rule on the British Orienteering website.

3.3 Embargo

3.3.1 Competitors must declare themselves non-competitive if their acquaintance with the terrain would give them substantial advantage over other competitors. Nothing that occurred more than 12 months before the date of the event will be taken into account.

4. Safety

- 4.1.1 When the event is registered with British Orienteering, Event Officials must refer to British Orienteering Rules of Orienteering and Appendix E: Event Safety for detailed information on the required and recommended safety and risk management procedures. Events registered with the Irish Orienteering Association must follow any safety regulations required by the IOA.
- 4.1.2 Team Managers must not enter a competitor on a course if the competitor does not have sufficient experience to run that course.
- 4.1.3 Team Managers must arrange adequate First Aid provision for their team.

5. Officials

- 5.1.1 A Co-ordinator: to be appointed by the host nation.
- 5.1.2 An Organiser and Planner: to be appointed by the host club/organising body.
- 5.1.3 Controller: to be appointed by the host nation
- 5.1.4 If the HI is taking place as part of another event, then a separate organiser should be appointed to organise the HI.
 - a) For events held in the United Kingdom the British Orienteering Rules of Orienteering and Appendix C: Event Officials contain full details of the requirement for event officials.
 - b) Events hosted by the Irish Orienteering must follow IOA requirements.
 - c) It is recommended that the Co-ordinator of the event attend the previous event.

6. Organisation

6.1 General

6.1.1 At least 6 weeks before the event, the Co-ordinator must send details of the cost of entry, accommodation and meals to each Team Manager.



- 6.1.2 Team Managers must send their team running order on a blank start list along with their e card number at least one week prior to the event.
- 6.1.3 Co-ordinators must send to Team Managers a detailed programme for the weekend at least one week prior to the event. This is to include details on the competition venues, terrain description, map scale, course details and accommodation.
- 6.1.4 If the area has been used before, the Co-ordinator must send out a copy of the map with the detailed programme.

7. The Event

- 7.1.1 Each Nation is permitted to enter a maximum 4 competitors in each of the 6 Age Classes **M/W** 14, 16 & 18, i.e. a maximum total of 24 competitors per Nation.
- 7.1.2 Courses must be planned to Area Championship standards
- 7.1.3 However, maps should not be used for discussion with team members during the event itself.
- 7.1.4 There should be no advance disclosure of course maps to any age class runners.
- 7.1.5 Team Managers and coaches are not permitted to enter the competition areas before or during the event without the permission of the event Controller.
- 7.1.6 Toilets should be provided for each day's competition.
- 7.1.7 There are 4 national flags and a start banner for use at all HI matches available from the British Orienteering office. The Four Provinces flag should be used for Ireland.

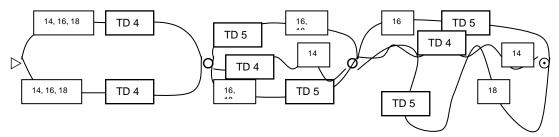
8. The Individual Competition

- 8.1.1 There are 6 classes, namely M&W14, M&W16 and M&W18.
- 8.1.2 Each class should run a separate course. (This allows all the starters to be set off during a reasonable time span).
- 8.1.3 The first start should be no earlier than 11am.
- 8.1.4 A random draw for each class start order should be made in advance.
- 8.1.5 There should be a 4-minute gap between starters on the same course.
- 8.1.6 There should be a gap of no less than 16 minutes between competitors from the same Nation.
- 8.1.7 Start times should be staggered with the girls starting at 11.00, 11.04, 11.08, etc. and the boys starting at 11.02, 11.06, 11.10, etc.
- 8.1.8 Scoring a maximum of four from each Nation to run in each age class with the best two to count, points being awarded 8-7-6-5-4-3-2-1 per class.

9. The Relay Competition

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- 9.1.1 This is held on the Sunday morning at a time which allows competitors to depart for home by 2pm (and preferably earlier). It is recommended that the first start be approximately 9.30am.
- 9.1.2 Each Nation may enter a maximum of 4 men's (open) and 4 women's teams with the best two teams from each Nation to count.
- 9.1.3 Relay teams must be declared before leaving the Individual event.
- 9.1.4 Scoring will be 16-14-12-10-8-6-4-2.
- 9.1.5 Each team comprises of a 16, 14 and 18 and will run in that order.
- 9.1.6 Non-competitive ad hoc teams should be permissible if required.
- 9.1.7 Winning times should be approximately 25 minutes for M&W14 and 35 minutes for M&W 16 and 18.
- 9.1.8 There should be a separate course for each class.
- 9.1.9 Planners should endeavour to "gaffle" all the courses for a section at technical difficulty 4 and the 16's and 18's for an additional section at technical difficulty 5 to reduce the possibilities of following. Below is an example of how this can be achieved.



- 9.1.10 It is recommended that there is a massed start of women's teams first, followed by the men's start 10 or 15 minutes later.
- 9.1.11 A mini-mass-start should be held at a suitable time after the leading 3rd leg runner has started in order to ensure that the competition does not over-run.
- 9.1.12 The points total for the Relays should be announced and the Relays Trophy awarded to the winning Nation.
- 9.1.13 The overall points for the Competition should be announced and the Overall Trophy awarded to the winning Nation.
- 9.1.14 Prizes should be awarded to members of the first men's and first women's teams.



10. Accommodation and Social programme

10.1 Accommodation

- 10.1.1 Central accommodation for Friday and Saturday nights should be booked for a possible 96 competitors plus their team managers and coaches (on average 4 per Nation).
 - a) In the past, youth hostels and caravans have been used. If possible, all teams should be accommodated together, but if this is not possible, then a maximum of two venues should be used.
 - b) Team Managers should be advised if bedding is provided or if there is a need for sleeping bags.
 - c) Team Managers should also be informed of any other special requirements.
 - d) If possible teams should be advised of shower facilities before travelling home.

10.2 Catering

- 10.2.1 The following meals should be provided by the organisers:
 - Saturday and Sunday breakfast
 - Packed lunch material for Saturday and Sunday
 - Hot meal for Saturday evening.
 - If time permits then a hot meal could be provided after the event has finished on the Sunday or packed snacks should be provided at the Relay competition.
 - a) Team Managers should supply information about special dietary requirements in advance.

10.3 Notes

- a) The Organiser should provide details of a swimming pool or other recreational facilities within easy reach of the Individual day/accommodation.
- b) The Saturday evening social is an important part of the programme. The venue for the social should be fairly close to the accommodation, preferably no more than 30 minutes travel away. It should include a substantial hot meal, a disco, ceilidh or other activity and a prize-giving. Alcoholic drinks must **not** be available. The meal should start at approximately 6.30pm allowing the evening to finish by 10.30pm.
- c) Prize-giving this should take place during the Saturday evening. Prizes or mementoes should be presented to the first three in each age class. It should be noted that this is an important part of the proceedings and the Juniors enjoy cheering for their own team members. The points total for each Nation should be announced and the Individual Trophy presented to the winning Nation.
- d) The timing of the Relay competition should be dependent on the travel arrangements of the team, e.g. if all teams have late flights then the start times could be later.
- e) If possible the Sunday prize-giving could be indoors which would allow the event to be concluded in an appropriate manner before the teams travel home.