

BRITISH ORIENTEERING

COACHING COMMITTEE



Held at Carrs Lane Church Centre, Birmingham

On Saturday 11th June 2011

Minutes

Present

Keith Marsden, Chairman; Dave Rogers (SCOA), Hilary Palmer (EMOA), Don McKerrow (SEOA), Christine Vince (SWOA), Caroline Louth (EAOA), Ruth Lockley (WMOA), Jon Carberry (NWOA), Jim Clarke (BSOA), Nev Myers (YHOA), Mike Hamilton, Chief Executive; Ed Nicholas, Development Manager

11/16 Chairman, welcome and introductions

The Chairman welcomed Caroline Louth to her first 'official' meeting. The Chairman expressed his thanks to John Woodall for his help and explained that Philip Baxter is now the director liaising with Coaching Committee.

11/17 Apologies for Absence

Lynne Walker (SOA), Philip Baxter (Director)

11/18 Declaration of Interest

The Chairman thanked those members of the committee that had completed the Declarations of Interest and asked any members that had not done so to complete a form as soon as possible.

11/19 Minutes of last meeting for approval.

The Minutes published on the web site were agreed to be a true reflection of the meeting.

11/20 Matters arising from the minutes not covered by the agenda

The Emergency Response Plan is about to be published on the website and the Board had stated that any associations or clubs that wished to make use of the ERP could do so although it was not seen as obligatory that they do so.

The list of criminal record checkers has been published on the website.

The Annual Coaching Conference has been booked for the first weekend in February 2012. The tradition of the first weekend in February may be an issue in 2013 as there is a potential clash with the Midland Championships. It may be appropriate to move the Conference back a week, this will be considered prior to the next meeting. It was suggested that KM should write to Mike Cope pointing this out.

Action; KM

Coach of the Year, no nomination was received for 2011.

Hilary Palmer offered to sort through old Coaching Conference notes to pick out those that are current and of most relevance and interest to coaches, especially those that would be a useful element of CPD

Action; HP

MH was asked to check that the web site email contact list for Coaching Committee association representatives is working as a matter of urgency.

Action; MH

11/21 Feedback from the Board

MH updated the meeting regarding the Governance Review in PBs absence. In particular MH stressed that there were two issues interlinked but with different degrees of urgency. There is an urgent need to address the situation regarding the Events Committee however there is far more time to consult with various parties over the wider governance review. To date no decisions have been taken regarding the future of Coaching Committee.

11/22 Continuing Personal Development (CPD)

Nev Myers stated that he had experienced some initial negativity regarding the scheme however there had been greater acceptance once the scheme had been further explained.

It was agreed that checking of cpd log books should be on-going and that association and club coaching organisers will be asked to complete the checking of the logs. Several queries about this process had been raised with the National Office admin team and such queries have been and will continue to be passed on to association reps.

MH is to ensure that association reps can access email addresses for the coaches in their association via the qualification/licensing export routine on the web site.

Action; MH

It was agreed that KM will write to all coach educators to inform them that they should be circulating lists of candidate coaches on courses to association reps.

Action; KM

The Admin team will email all coaches to inform them that they should be presenting their cpd logs to their association coaching rep annually. The reason being that it will help at least initially, to understand any difficulties being experienced by coaches and as input to further reviews of the programme. It is anticipated that the first of these mailings will take place early in 2012.

Action; National Office

Regarding the lists of activities that can gain cpd points the following were agreed:

- Event safety course; attendance to be worth 3 pts

- Navigation courses (NNAS); attendance not to count but delivery of a course to be worth 3 points per day.
- General outdoor education; will only count towards cpd if it is for the delivery of orienteering
- Coaching other sports; should be a value judgement as to its worth made by the cpd checker ie is it relevant?
- Regional Development Conference; attendance will be worth a maximum 3 points but only if the checker is persuaded that it is relevant to the development of coaching
- Regional Coaching Conference; yes and will be a maximum of 3 pts per day
- Other BOF committees; should not be counted as coaching cpd
- Taster O sessions; yes if coaching orienteering
- Planning and organising school O festivals; can count but only if there is coaching involved and the cpd checker is persuaded that it is of value

KM to put together a newsletter to be loaded on the British Orienteering web to update coaches.

Action; KM

11/23 Coach Education

Course Statistics

Ed Nicholas presented the following statistics for the period from June 2010 to present date.

Level 1: 33 courses registered with 6 cancelled and 218 participants; 9 associations ran courses with 9 in SOA, 7 in WOA; there were no courses in EAOA, SEOA, WMOA.

Level 2: 10 courses registered with 3 cancelled and 49 participants; EMOA ran 2 courses.

In total 267 candidates were trained.

A discussion about experienced orienteers moving straight to Level 2 ensued and it was explained that it is beneficial for potential coaches to go through the 'learn how to coach' work that is included in the Level1 course.

The association reps were then asked for their input to determine how many candidates are known that have indicated they wish to complete courses. EN collated this information to include in future course planning discussions.

A discussion about how/who will organise courses followed and it was agreed that the National Office staff will produce a schedule of courses for 2012/13.

Action; National office

Future Coach Education qualifications

HP stated that the paper circulated with the March minutes still applies and that she will update people as and when there is more information available.

HP will look into chasing up the people who have received training and have not completed their qualification.

Action; HP

e-learning

Mike Hamilton reported that the work had taken longer than expected but that the material is almost ready for trialling. Caroline Louth and Christine Vince volunteered to be the first to trial the material when it is ready. Mike Hamilton to discuss with Hilary Palmer and Pat Mee, on Monday 13th June, the practical implications of rolling the material out.

Action; MH

Regional Training needs

Had been discussed in a previous item, Course statistics.

UKCC Level 3

Level 1 and Level 2 are now due for re-endorsement; this has taken priority over the finalising of the Level 3. Keith Marsden is still of the opinion that the Level 3 qualification will be endorsed later this year; we are waiting on Sports Coach UK to process the qualification.

First Aid Qualifications

HP/MH

Feedback has been received and the paper will be modified as required.

Action; HP

The separation of the Coaching level and the first aid qualification taken at the last meeting was reinforced.

It was noted that there is a need to reinforce the issue of mobile phone coverage in remote areas as this is a key risk , when trying to contact emergency services.

The qualifications on the coaching db will be amended to show which level of First Aid course individuals have attended.

Action; MH

A note is to be circulated to all coaches informing them of the change.

Action; KM

The scheme as agreed is to be implementation as soon as possible.

11/24 Coaching General

Coaches Data base

A number of errors were highlighted and Mike Hamilton explained the process for resolving these; that is there should first be an email to Janine White in the National

Office and if problems continue a second email should be sent to Janine copied to Mike Hamilton.

Action; All

There was concern that some of the Coach Education qualifications were wrongly attributed on the coaches db and this will be checked against the 1st4sport qualifications list;

Action; MH

Coaching Days

NWOA wish to continue to host coaching days. Nev Myers supported this and explained their value to such groups as the regional squads as well as individual members. It was recognised that without British Orienteering sponsoring this may require an increase in cost to participants. It was agreed that coaching days should be organised on a commercial basis.

Association Reps were asked to consider whether a Coaching day could be hosted by their Region.

Action; All

Coaching kit

There was considerable discussion with Mike Hamilton making the point that clothing is always problematic and that the National Office is not able to take on a significant clothing workload. After discussion it was agreed that National Office staff will consider a scheme where coaches send their clothing to a company that will embroider or screen print an appropriate logo and where all costs are directly to the coach. Mike Hamilton to report back to committee members.

Action; MH

Marketing Coaching

The most cost effective way to market coaching is to place articles in Focus to promote coaching. The feasibility of producing a coaching postcard to market the courses was discussed and this will be considered with a report back to the committee. No other decisions on this matter were taken but there is to be a continued consideration of how best to promote coaching and coaching activities.

11/25 Coaching Operational Plan

There was considerable discussion on the early draft of the principles underpinning the Coaching Operational Plan.

The following key points were made:

- a) There needs to be clarity over the needs of the talent pathway and particularly between the club and national sections of the pathway, what coach requirement is there?

- b) Similarly in order to help support the development of orienteering in the 18 to 35 age sector there needs to be an understanding of the coaching requirement.
- c) Mike Hamilton requested information from the associations as to what requirement for coaching they had over and above the development and performance programme requirements. Ideally this should also cover the additional coaching requirement of association clubs.

Action; All

A draft of the Plan will be circulated when it is available with a view to considering the draft at the November committee meeting. When queried about implementation, Mike Hamilton reported that many aspects of the Plan are already being rolled out.

Action; All

11/26 Report from BSOA

Peter Christopher was thanked for all the hard work he has done to support the BSOA and coaching. He is now stepping down from his commitments with BSOA and will be missed. The World Schools went well and the results are on the website.

11/27 Reports from Regions

- Y&HOA: a report had been emailed
- WMOA: similarly a report had been emailed
- NWOA: lots going on in the association; there is a particular issue with a coach being involved in asking athletes to move to another club. This matter is being considered.
- EAOA: WAOC club nights are now on-going and being well attended
- EMOA: trying to organise a regional update next Saturday and will let people know how it goes; the initial take up has been disappointing

Reports that have been received are consolidated into Appendix A.

11/28 Reports from other committees

There have been no meetings of Senior Competitions Group, Junior Competitions Group, Elite Competitions Group or Trail 'O' since the last meeting.

11/29 AOB

No other business was raised.

11/30 Dates of next Meetings

12th November 2011, 17th March 2012, 16th June 2012

APPENDIX A

EMOA Coaching Report

Hilary Palmer

- Weekly coaching activity at Community O Clubs continues as before: NOC x 3, LEI x 1, DVO x 3 (new one started recently in the Matlock area) and LOG offers coaching to members at local sessions and events
- An update workshop for the region's coaches has been arranged for next Saturday, June 18th, with some practical activities and indoor updates planned. All 57 EM coaches were invited and it is hoped that between 8 and 10 will attend. 12 other very active coaches have other meetings, assessments, Jukola relay as clashes and others did not respond.
- We are hoping to put on another UKCCL1 course in the Autumn and will also canvas L1 coaches to see if there is interest in another L2, although we have had 12 L2 coaches trained in the past 12 months and most are very close to their final assessments.
- The regional squad carries on its programme of coaching with a wider number of coaches involved including some of the recently trained UKCCL2 coaches

NEOA Coaching Report

Michael Garrett

There is nothing really to report from NEOA. We had to cancel a UKCC2 course due to lack of support. But this maybe put on in the 4th quarter of the year. UKCC1 course is being run Jun 25/26.

SCOA Coaching Report

Dave Rogers

Junior Squad Activities:

- Tim Morgan and Dane Blomquist competed in the World Schools Championships, held in Italy.
- Successful summer tour selections for Lagganlia (Katie Blackford and Tim Morgan), Peter Bray and Dane Blomquist (Talent Development Coaching Camp), and Anne Edwards and Julia Blomquist (Talent Fulfilment Coaching Camp).

Club Coaching Updates:

SOFA:

- No coaching carried out in the last 3 months. In June the club will organise two come and try it events and also an introductory session for a Beavers group.

TVOC:

- TVOC continues to provide coaching at the Saturday series events. This is proving popular and the number of independent/junior participants is increasing. A number are following through to joining the club after several events.
- On Friday 13th May 2011, the club hosted a coaching day at Wittenham Clumps in conjunction with Oxfordshire Schools partnership, with around 69 Year 9 boys and girls attending from 6 local schools. This was similar to last

year's 2-day event, and was very well received. The coordinator of the South Oxfordshire Schools Sports Partnership (the boss of Tina Blower, who approached TVOC to set this up last year) attended the morning session and said that he was impressed with what he had seen.

- Over the same weekend, club members assisted with an orienteering activity with the Scouts (some 200+ participants) and another local school event (I wasn't present at either of these so don't have full details)
- On Saturday, 25th June 2011, TVOC will run another orienteering activity at the Bucks Youth Games in Aylesbury.

SOC:

- SOC is continuing with beginners coaching at our Summer Series events.
- The club also had a SOC Coaching Day using Tom Bray's SCJS training exercises on Denny Wood with approximately 30 persons taking part - a good mix of juniors and adults novices and experienced orienteers.
- SOC are still running club nights but now every fortnight. Most of these include an element of training/coaching in the grounds of the Leisure Centre and now use the adjoining old golf course which is now a park.
- The club is still short on coaching volunteers.

BADO:

- BADO has not had any club training activities for the last 12 months, but are planning on running a summer training day at the end of July, probably at Black Wood. The club is also looking at organising some additional training during September/October in the run up to the Compass Sport final.

BKO:

- Weekly participation club coaching nights commenced in March 2011 for six weeks. Attendance was encouraging with around 15 to 20 persons attending and several newcomers to the sport. These will recommence in the Autumn.
- Katy Stubbs is now a qualified UKCC L1 coach.

BAOC:

- BAOB has organised the following courses in the last 3 months and have been open to all:
 - UKCCL1 Feb 11, 10 persons attended
 - 2 Day First Aid Course in May, 8 persons attended
 - 2 x Performance Coaching Weekends 37 persons attended
 - 2 x Skills Courses 4 Days Basic Skills to Light Green, 43 persons attended
 - 2 x Intermediate Courses 4 Days Skills to Blue standard, 13 persons attended
 - 1x Planners Course 4 Days, 6 persons attended
 - 1 x OCAD Users Courses 2 Days, 7 persons attended
- In the period June to August 2011, BAOB has organised the following courses, which are open to all. These courses are aimed at increasing participation for all orienteers:
 - UKCCL2 Coaching Course, 23-25 June 2011, maximum attendance 8, Longmoor, Cost to Local Club members £70. Assisted by British Orienteering, Details on BOF web page.
 - 2 Day Mappers Course, three Professional Mappers will be attending on 23-24 July 2011, to include Field work. Cost £75. Assisted by British Orienteering. Details on BAOB events page.
 - 2 x Performance Coaching Weekends, 4-5 June 2011 and 23 -24 July 2011, maximum 20 persons per day. Details on BAOB events page.
- All courses are advertised on the BAOB Events page unless it is a British Orienteering Course.
- The following further courses are also scheduled:

- 26-30 Sep 11: Skills, Intermediate & Planners
- 01-02 Oct 11: OCAD Users
- 17-20 Oct 11: Skills only
- 23-27 Jan 12: Skills, Intermediate & Advanced
- 02-06 Apr 12: Skills, Intermediate
- 07-08 Apr 12: OCAD Users
- 07-10 May 12: Skills only
- 14-18 May 12: Skills, Intermediate & Planners
- 16-19 Jul 12: Skills only

SEOA Coaching Report

Don McKerrow

A UKCC L2 Coaching course is to be held at Longmoor in June and Richard Barrett is hoping to arrange a UKCC L1 course to the SE of London in the near future.

Some sporadic work continues with schools such as MV putting on an inter-school competition for 10 primary schools and SLOW four days with, in total, over 20 primary schools. DFOK have been working with Scouts and Air Cadets.

DFOK have had a successful weekend coaching trip to the Peak District and SLOW to the Lakes.

SO continue their regular weekly training, HH have regular monthly junior training and CHIG have an eight week summer evening training program. DFOK and SAX maximise the coaching delivery by inviting each other to their training sessions.

SOA Coaching Report

Lynne Walker

UKCC courses & Coach licence matters

UKCC L1 courses

In contrast to 2010, there has been little demand for running UKCC L1 courses in Scotland. As well as cancelling the scheduled course for March, one which was scheduled for May was also cancelled. The course programmed for July is definitely running and it is anticipated that the November course will also happen.

UKCC L2 courses

There is one UKCC L2 course scheduled for June 2011 and it is fully booked. People who have not yet completed their UKCC L2CCO (i.e. they have not done their final assessment) have been individually approached about completion, along with dates when there is a group available for coaching. So far, there has been little uptake of this.

With so few UKCC courses happening, there is little demand for coach educators and assessors (especially as the UKCC L1ACOQ does not always require a second assessor). This is being addressed through the coach update days (see below).

PVG

The change to the PVG (Protection of Vulnerable Groups) scheme is gradually taking place. Hilary Quick has been to an orientation day. One of the main points to come out of that day is that in the first year the PVG scheme is open only to people who don't currently have a disclosure so we must relax our 3- year renewal requirement; during 2012-2013 we can move people across to PVG. Organisations will be

invited to apply for those people in a staggered manner, to avoid sudden huge rise in workload for them. There is also information about the PVG scheme on the SOA website

<http://www.scottish-orienteering.org/soa/page/protection-of-vulnerable-groups-scheme1/>

Coach licence

There are many on the database who show up as having an 'expired' licence to coach, even although their CRB & First Aid are valid.

Club coaching

There is a reasonable amount of coaching going on in clubs. This varies from coaching available at every Level D event (most clubs) to 'coaching days' with a target group to a series of coaching/training evenings (most of these have now finished as most clubs are running an evening series).

Lack of direct email access from the database continues to frustrate. An audit is slowly being done. This is now even more essential than before as it has been found that people have been credited with qualifications they do not have and so the database is inaccurate.

Coach update days

The SOA are holding two 'Coach update' days (August 2011 and October 2011).

These will be funded by the SOA. Details of the programme are available

<http://www.scottish-orienteering.org/natcen/page/coach-update-days/>

These days will also be used to explain the CPD scheme and ensure that coaches start keeping their log

YHOA Coaching Report

Nev Myers

AIRE

- Tony Carlyle has started regular blocks of weekly sessions, after school, for juniors in the club and has just completed the first block. These are mostly up to orange standard and are aimed at a level just below the regional squad.
- AIRE are looking at a couple of alternatives for senior coaching. They are currently using their Wednesday evenings for senior coaching; this is currently the spring series of sprint/short distance events in local woods and will be followed by the summer series of sprints in local parks. One option is to fill in the gaps between the two series with club training sessions. Hopefully they will make some progress on this over the summer.

CLARO

- Claro have been running Club Nights on the last three Wednesdays (11th to 25th May incl.) for its members as a prelude to starting Club Nights for both members and non-members. Two of their coaches (Sue Birtwistle and Mike Cope) have been running the coaching sessions so far and the next ones will be lead by Dave Stanier. The sessions ran from 18:30 to 20:00 at Rossett High School and the total number which attended was about 50 over the three nights. They have been assisted by Steve Vernon of British Orienteering to set up the coaching sessions and advertising is going out for the next ones, starting on 8th June and continuing to 20th July.
- About 110 primary school pupils from 11 schools took part in the Harrogate District Primary School Championships on 24 May at the Yorkshire Showground. As well as CLARO helpers, there were 11 young leaders from a local secondary school. The primary pupils and the young leaders had a limited amount of coaching before the main event started. A couple of schools have shown interest in a follow-up.

EBOR

- The York club night has been launched. This has seen numbers increase each week (reaching a mighty 9 on the third week!) and they are hoping the increase continues.
- Activity is increasing in Scarborough but decreasing in York due to the lack of coaches who can/want to work day-time hours.
- The annual schools' score league is a continuing success, with 6 Wednesday events during May and June.

EPOC

- Not much coaching going on at the moment, but they have set up Orienteering training and coaching sessions in Huddersfield, commencing on Monday 6th June and running every Monday from 6:30 -8pm, from the Community room next to the cafe in Greenhead Park. The aim is to raise participation - especially of families and juniors.
- EPOC held a Come and Try it event on Wednesday the 1st June in Greenhead Park, attended by over 50 children plus parents.

HALO

- No report received for this period

SYO

- SYO's weekly club night is continuing, based at Sheffield Hallam and continues to attract 20 or so club members.
- Graham Gristwood has moved to Sweden and Marcus Pinker has taken over as coaching co-ordinator. Marcus has continued to provide coaching to the SYO talent Squad
- The weekly Nether Green club night, based at Nether Green Junior School, has now moved to Endcliffe Park where Colin Best continues to be the coach. There are regularly 20 individuals, mainly from 7 or 8 families. It continues to be a challenge to coach 9yr olds and 39yr olds!! However the families keep coming back for more and indeed the membership continues to increase. Recently the clubnight sessions have focused on map interpretation, distance estimation and using the compass.