

# British Orienteering

## JK 2014 Casualty Rescue Plan

### Responsibility

The Day Organiser will be responsible for coordinating a casualty rescue, working with the First Aid team (Merlin First Aid Services Ltd). He will be assisted by the controller, planner and Safety Officer as needed. He will keep informed:

- a. JK First Aid team leader (Rob Umney of Merlin First Aid Services Ltd)),
- b. JK coordinator (Helen Errington)
- c. JK Safety Officer (Katy Dyer).

Contact BOF Chief Executive (07966 305800) before making any contact with the media.

### Rescue Plan

This Casualty Rescue Plan is a guide for the Day Organiser's own planning. It has 4 stages:

- 1. Pre-event Planning**
- 2. Preparing the Rescue**
- 3. The Rescue**
- 4. The Aftermath**

#### 1. Pre-event Planning

a. Read this document and:

British Orienteering Rule (2014) 7 and 14 Event Safety; Appendix E (2014) Event Safety; BOF Accident Report Form; The JK Safety document especially the JK 2014 Missing Runner Plan (Annex F), the JK 2014 Emergency Response Plan (Annex N) and the JK 2014 Medical Plan (Annex O). Confirm the day Risk Assessment is up to date and reviewed/signed by controller.

b. Discuss the Casualty Rescue Plan with the controller. Establish a quiet tent/area for relatives in case of a fatality.

c. Establish an Emergency Control point e.g. separate tent, corner of marquee, First Aid vehicle.

d. Plan a good, well-signed location for the JK First Aid team tent and vehicles e.g. near Download, with good exit to competition area and public road. If needed add additional First Aid sites in the competition area. Make sure Download, Enquiries and other key personnel know where the First Aid sites are.

e. Obtain name, location and opening times of the nearest minor and major Accident and Emergency units. Prepare route maps and give to First Aid and Enquiries.

f. Prepare good means of communication with equipment charged/spare batteries. Wear a labelled Hi Viz jacket.

g. Have spare OCAD and extracts of OS maps and BOF Accident Report Forms to hand.

h. Assign an assistant to help cope with anxious relatives etc.

i. Be ready to log information of the reporting person, casualty, details of the rescue teams etc and events as they happen. Use pen and waterproof paper, voice recorder device etc. You will need this information to write up any report.

#### 2. Preparing the Rescue (competitor on course or noncompetitor)

a. Liaise with the person who has brought news of a casualty and with the First Aid services.

b. With the First Aid services get as much information as possible about the casualty e.g. age, gender, probable nature of the injury, exact location.

c. A rested and prepared orienteer and possibly the person, who found the casualty, may need to accompany the First Aid personnel to return to the casualty.

- d.** Agree departure of the First Aid vehicle/personnel with the First Aid team leader. Check means of communication and record time of departure of the vehicle.
- e.** Keep relatives or friends of the casualty informed. If the casualty is a junior try to find relatives/friends very quickly; use event tannoy system.
- f.** Stay in Emergency Control point.

### **3. The Rescue**

- a.** The First Aid services will attend, assess and treat the casualty. The Organiser will arrange with them to bring the casualty to the First Aid point or waiting ambulance. Work with the First Aid services to contact the Police if Mountain Rescue and helicopters are required.
- b.** The Organiser will arrange for an ambulance to be met at a suitable point e.g. the car park entrance and directed to the casualty. Use event staff with radios. Arrange a clear exit for the departing ambulance.
- c.** In case of a suspected fatality, rescuers should continue to assume there is life till death is confirmed by a paramedic or medical doctor. All deaths in a public place should be reported to the Police immediately. Be very discreet. Arrange for relatives to be informed. Inform key event personnel and BOF Chief Executive (07966 305800) and refer media contact to the Police (See JK 2014 Emergency Response plan)

### **4. The Aftermath**

- a.** Check all rescuers are back safely and can get home.
- b.** Complete a BOF Accident Report Form and send it to British Orienteering office as soon as possible as directed on the form. Send copies to the JK Coordinator and JK Safety Officer.
- c.** Keep all records/logs of the incident safe.
- d.** A post incident debrief for all involved is strongly recommended

Katy Dyer  
JK 2014 Safety Officer  
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