

British Orienteering

First Aid Brief

- What are the dates when cover is required?
- What times are they needed – 1 hour before first start or earlier to cover helpers & set up – can this be covered by a trained First Aider from a club?
- What time can they leave – at course closing time, when last person in or later if a missing competitor? Again consider cover for helpers & control collectors?
- What are the number and age range of competitors?
- Locations for First Cover – Arena? Start/Finish
- Is rescue from the area possible by vehicle or is it on foot only?
- Should there be one fixed First Aid station or a rescue 4x4 vehicle as well?
- What role can Mountain Rescue play in covering the event?
- What services and facilities do they provide? Do they rescue from the area?
- Do they have a defibrillator available?
- Do they cover – transport to hospital – if only one vehicle how is cover maintained if off on a trip?
- Do they provide a tent and table & chairs?
- Is the event liable for their refreshments?
- How are you going to communicate with them during and event & in an emergency?
- Can their role be supported with trained Club First Aiders?